



Bush Telegraph

September 2024 **FREE**



The Shire of Sandstone
Hack St, Sandstone WA 6639
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Disclaimer

The Bush Telegraph is published by the Shire of Sandstone as a public service for the community.

The opinions expressed have been published in good faith on the request of the person requesting publication, and are not those of the Shire of Sandstone.

All articles, comments, advice and other material contained in this publication are by way of general comment or advice only and are not intended, nor do they purport to be correct advice on any particular matter or subject referred to.

No person should act on the basis of any matter, comment or advice contained in this publication without first considering, and if necessary taking appropriate professional advice upon the applicability to their particular circumstances. Accordingly, no responsibility is accepted or taken by the Shire of Sandstone, or the authors and editors of the Bush Telegraph, for any damage or loss suffered by any party acting in reliance on any matter, comment or advice contained herein.

Contributions

Please contact the Shire of Sandstone Administration Office if you wish to contribute to the Bush Telegraph and take part in a chance to win a \$50.00 cash prize.

You can email your contributions to visitus@sandstone.wa.gov.au or drop it into the Shire Administration Building.

If you wish to stay anonymous, you can put your contribution in an envelope, write Bush Telegraph on the front and drop it in the red mailbox at the Shire Administration building.

Cut-off time for all contributions is the 25th of every month which will allow our staff time to include your contribution. Contributions made after the 25th will be included in the next edition.

Feedback

Tell us what you liked, what you didn't like, what could be improved and what you like to see.

Cut out and drop your feedback form in the Shire office at Reception or email to visitus@sandstone.wa.gov.au



SHIRE NEWS

SHIRE OF SANDSTONE
HACK STREET SANDSTONE WA 6639
PHONE: 08 9963 5802
EMAIL: reception@sandstone.wa.gov.au

From the Desk of the CEO

Hello to the residents of, and visitors to Sandstone.

Congratulations to everyone involved in the Art Exhibition and to Ramelius Resources for their sponsorship and for their attendance at the exhibition. It was a first for me and I was amazed at the talent in and around this community.

Projects nearing completion:

The Caravan Park units – completion has been delayed as we are trying to reach agreements on the effluent disposal requirements.

New Shire House – this house will be delivered on site on 30th September.

Oroya Street median strip renewal – the program has re-commenced with more trees being planted. Unfortunately, smaller plants and shrubs are not plentiful at present but should be as the summer approaches.

On another matter, there are always suggestions put forward about how best Shire facilities and services should be managed. Some suggestions are helpful and some are not. The Council sets Policies and programs and as the CEO, I am responsible to the Council to ensure that Policies are followed and programs are completed. Additionally, I am expected to ensure the day to day functions of the Shire are managed efficiently and economically.

I have a responsibility to provide a safe working environment for the employees. I must also do what is reasonable to ensure the safety of the people who utilise Shire facilities. There are severe penalties applicable to the Shire, and to me personally, if people are injured or worse because of poor decisions or not following rules.

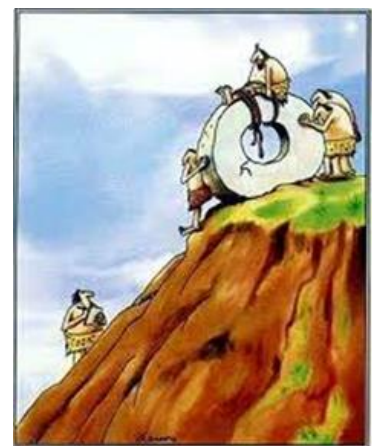
There seems to be a perception that the myriad of Government regulations don't apply in Sandstone because we are isolated but this is not true. We follow all the same rules and regulations that metropolitan local Governments and many private organisations must follow. Bureaucrats don't make exceptions for isolated LG'S.

So, some people may not agree with the decisions made by my staff and I but we look at the broad picture.

It's almost Spring and thankfully the weather is warming somewhat. Like the animals that hibernate it's always a happy feeling being able to get about in the sun and the warmth – and sing happy songs.

So happy springtime everyone.

PETER MONEY
Chief Executive Officer



Early experiments in transportation



SHIRE NEWS

SHIRE OF SANDSTONE
HACK STREET SANDSTONE WA 6639
PHONE: 08 9963 5802
EMAIL: dceo@sandstone.wa.gov.au

Council meeting dates 2024

September	26th
October	24th
November	28th
December	18th

Meetings commence at 1:00pm in Council Chambers located
at the rear of the Shire Administration Centre

Meetings are open to the public

The Environmental Health Officer for the Shire of Sandstone is David Hadden.

David's contact details are: **Principal EHO/Building Surveyor**
Mobile: 0483 350 133
Email: eho@mtmagnet.wa.gov.au

HORIZON
POWER

Important Service Update

PLANNED POWER OUTAGE NOTIFICATION

Horizon Power have scheduled the following power outage in your area so
maintenance on the network can be carried out safely.

- **Date: Thursday 5 September 2024**
- Time: 8.30am – 12.30pm
- Streets affected: Hack Street, Irvine Street, Payne Street and Rowe Street,
Sandstone

If you would like to discuss this outage further, please call our Carnarvon
office on 9941 6299. To stay up to date on outages in your area,
visit horizonpower.com.au/outages.

The Brain's Amazing Ability of Visual Perception

As neurological research continues, it will only reveal more detailed questions to ask regarding every aspect of this incredibly designed structure.

Recently, researchers from the University of Sydney, University of Queensland, and University of Cambridge “have confirmed that human brains are naturally wired to perform advanced calculations, much like a high-powered computer, to make sense of the world through a process known as Bayesian inference.”

Bayesian inference is a statistical method that combines prior knowledge with updated evidence to make an intelligent guess regarding a hypothesis. Put another way, it's a method to assess how new information influences the chances that a current belief (hypothesis) continues to be correct. For example, if a person knows what an airplane looks like and sees a flying metallic object with two wings, they might use their prior knowledge to guess it's an airplane.

The research team, led by Dr William Harrison, made the discovery by recording brain activity from volunteers while they passively viewed displays, engineered to elicit specific neural signals related to visual processing. They then devised mathematical models to compare a spectrum of competing hypotheses about how the human brain perceives vision.

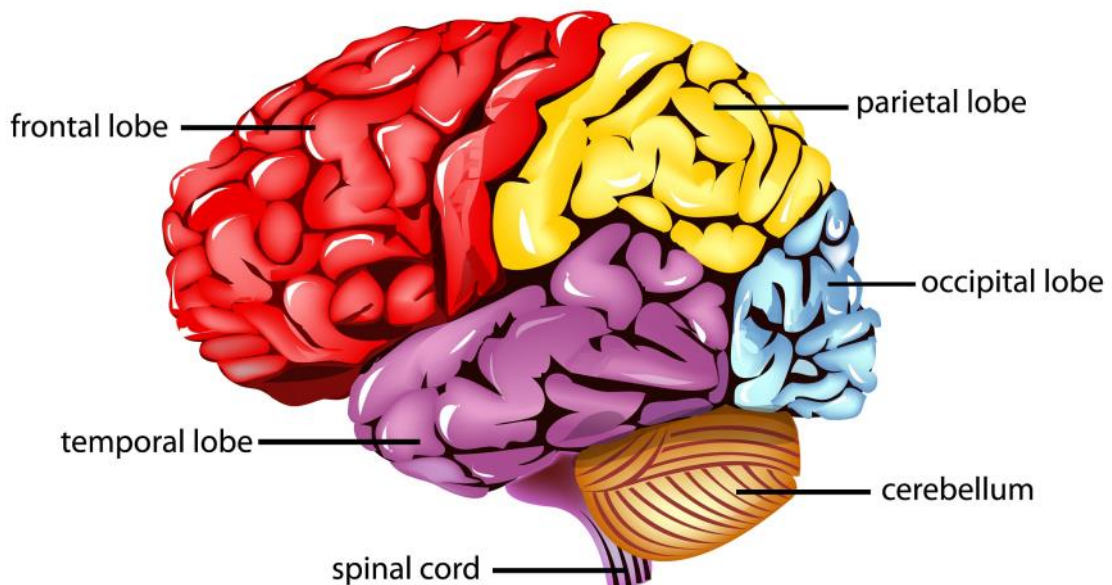
In their formal paper in *Nature*, Harrison et al. said, “We found that the tuning of the human visual system is highly conditional on stimulus-specific variations in a way that is not predicted by previous proposals.” Co-author of the *Nature* paper, Dr. Reuben Rideaux of the University of Sydney stated, “What makes this finding significant is the confirmation that our brains have an inherent design that allows this advanced form of processing, enabling us to interpret our surroundings more effectively.”

Indeed, when evolution is mentioned in the *Nature* article, it is only in reference to timescales, “Sensory representations are thought to be tuned to behaviourally relevant statistics of natural environments over evolutionary and developmental timescales.”

And, It is interesting to note that the sum of the tuning curves provides a relatively poor approximation of the statistics of constructed scenes, raising the possibility that the default tuning of sensory systems depends more on statistics accumulated over evolutionary time scales than developmental time scales.

There was no evolutionary description—detailed or otherwise—as to how the human brain processes visual information. This causes one to ask why the title of the University of Sydney’s article is, “Evolution wired human brains to act like supercomputers”

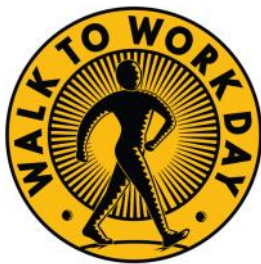
Parts of the Human Brain



dates of interest in September



- 1ST-NATIONAL WATTLE Day & FATHER'S DAY



- 2ND-TANIAS BIRTHDAY



WALK.COM.AU

- 6TH -WALK TO WORK DAY

STEP INTO SPRING AND JOIN THE WALKING CLASS



- 12TH-RUOK Day



- 19TH-TALK LIKE A PIRATE DAY

LITTLE THINGS to be GRATEFUL FOR



- 21ST-WORLD GRATITUDE DAY

- 23RD-KING'S BIRTHDAY



September Stargazing



Antares is a super giant red star and the 15th brightest star we see in the the Southern Hemisphere's night sky. On the night of September 10th, the Moon will pass in front of Antares and the view should be spectacular, especially when the action starts. From Perth, tje star will begin to be occulted by the Moon at 6:50pm on 10th September, and will reappear at 11.20pm. It should be easy to see the star disappear into the dark limb of the Moon, so start watching from 9pm to witness the full effect. You'll gradually see the Moon move closer to the star before blocking it from view completely. The reappearance may be a bit harder to see as the star will reemerge from the brighter side of the Moon. This will look great through telescopes and binoculars if you have access.



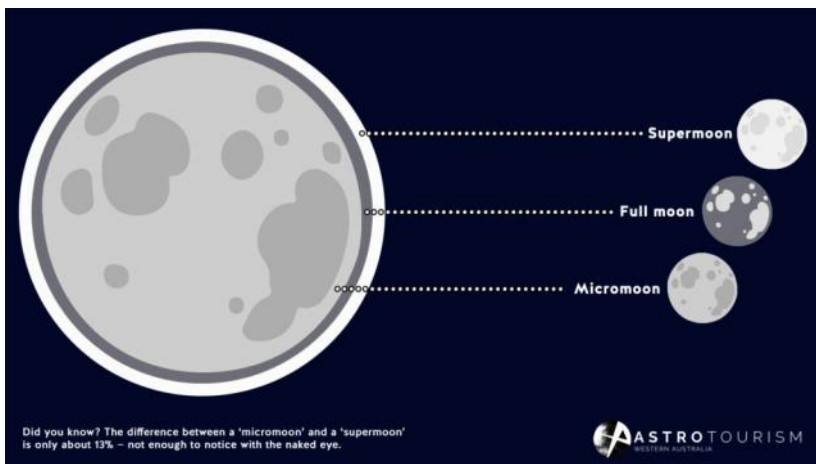
This is the month to view Saturn! On the 8th September, Saturn is at what is called "opposition" and means its closest to Earth for the year. If you head out under the stars at around 7:30pm on 17th September, you'll catch a glimpse of Saturn above the Moon in the east.

Scorpius, more commonly referred to as Scorpio, is a large constellation that actually looks like its namesake! Sometimes it's quite difficult to make out the shape of constellations, but you should have some success with Scorpius! It is visible all through spring during the early evenings. It lies overhead at around 8pm and is a lovely, large constellation. See if you can find the curve of Scorpio's body and the sting in its tail stretching up to the centre of the sky!



Supermoons

- 18th September, 6:28pm (AWST)
- 17th October, 6:25pm (AWST)
- 16th November, 7:39pm (AWST)



Art, Wine and Cheese Opening Night

A fantastic turnout of around 100, attended the opening night of our Annual Art Exhibition with Wine and Cheese tasting.

A big thank you to Ramelius Resources for generously sponsoring our Art Festival this year. Great to have Kara, Dewi, and Perry from Ramelius's Penny Gold Mine attending, and enjoying our opening night.

Community events bring people together and the Art Show was no exception with everyone interacting and enjoying each other's company, whilst appreciating the amazing art, and craft created by our talented locals and visitors. The quality of the art works seems to get better every year.

Thanks to all those ladies who helped before the event, arranging the art work, setting up tables etc, and on the opening night, making up the cheese and fruit platters, bringing a plate to share, and helping clean up at the end of the evening.

Special mention to Siobhan and Jan who very kindly did all the receipting of payments for art pieces bought on the night. This is always huge task on the opening night, so a big thank you to them for taking this on. I have to single out Karan Heath, who is always a fantastic help before the event, on the opening night, and during the following 2 weeks the Art Show is on. Thank you Karan for being my extra arm!

The evening was a resounding success due to the spirit of community members and visitors coming together to help and support this event. Good food, good wine, good company and wonderful art, what more could you want!

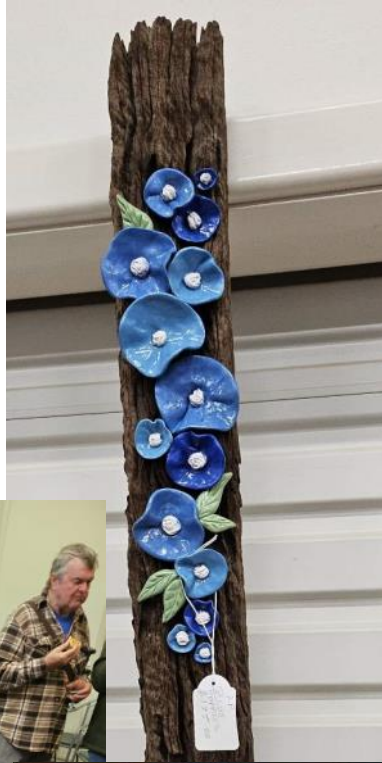
Cheers everyone.

Beth Walton



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Proudly Sponsored by:



A lovely blog about Sandstone courtesy of Kate Sofoulis

Heavenly Beverley

Our continuing mission - to enjoy our Heavenly life in beautiful downtown Beverley at Station House, finish renovating the Forbes Building (someday!) and continue to support and promote Wheatbelt artists through the East End Gallery. And explore the stunning Western Australian outback when we can fit a trip into our busy schedule.

Home/ The Adventures of the Beverley Hillbillies/ Our Family and Other Animals

Monday 19 August 2024

Very...Very...Surprising Sandstone!

After a very, very long drive from Karalundi (55 kilometres north of Meekatharra) to Sandstone, we arrived with great relief at the Shire-run Alice Atkinson Caravan Park. We were warmly welcomed by managers Leanne and Garry and allocated a terrific site with shade, grass for the fatheads and right next to the ablutions. We gratefully settled in for a six night stay. Make sure to book before arrival.

Alice Patricia Josephine Atkinson was born on a Sandstone Shire station in 1910. She married Joseph Atkinson, who had been born in Lennonville (now abandoned in the Gascoyne) and had six children, one of whom was born in Scotland in 1943. Perhaps Joseph Atkinson was stationed there during World War II. Sadly, two of their children died young. Alice must have been a prominent woman in and around Sandstone to have the caravan park named after her. I would love to discover more of Alice's history.

We had an absolute ball here in Sandstone. For a town boasting 19 families, they have nailed the promotion of their attractions.. Where do I begin?

For a start, the caravan park, which has only been taken over by Leanne and Garry in March is a constant hive of activity. The ablutions are a credit to Garry, as keeping loos, basins and showers clean in a red dirt environment is not easy. There are lawns, a campers kitchens, free BBQs, a playground, outdoor exercise equipment for the fit and keen, trees, recycling and ample rubbish bins. And as my tummy burn is still causing me some grief, Garry kindly allowed me to use the disabled bathroom. They are experienced caravan park managers and are both working hard to uphold the tradition of Alice Atkinson.

About Me



Kate Sofoulis

Hi! I'm Kate Sofoulis, otherwise known

as Kate the Beverley blogger. I live with my husband Michael in Heavenly Beverley, one hundred and thirty kilometres east of Perth in the glorious Western Australian Wheatbelt. Having fled the Big Smoke in January 2011,, we also have the East End Gallery (Opened in December 2014) as our pride and joy and Station House as our home directly behind the Gallery. Our primary focus for the East End Gallery is to give Wheatbelt artists a place in the Wheatbelt to display their works. And to show that our lives in this wonderful country town are never dull or boring!

[View my complete profile](#)

Blog Archive

▼ 2024 (38)

▼ August (4)

[Very...Very...Surprising Sandstone!](#)

[So Much Promise, So Many](#)

See the Heavenly Beverley site for more ...

A few Tourist comments about our beautiful town and our Caravan Park!

For such an isolated place, AWESOME! Geoffrey - January 2024

Lovely caravan park, clean amenities and helpful, friendly staff! Laurel and Harold - May 2024

Great Caravan Park! The Lowes - April 2024

Lovely clean caravan park, helpful friendly staff. Henry and Helen - June 2024

Best little caravan park in the West, beautiful staff and facilities. John and June - July 2024

And from our Visitor Centre and Café in August 2024 ...

Just amazing, love Sandstone, great spot, cleanest town in WA.

Love this little town, great job, excellent display, a beautiful display and credit to you.

Such a lovely, tidy, friendly town. A welcoming, beautiful town.

A fascinating and welcoming town.

The café is outstanding - great food and great staff.

These comments are a testament to the dedication and efforts of the Shire Staff! Well Done!

Big Blue Table



**OCT
2024**



Cook up a conversation for mental health.

Receive a free host kit!
bigbluetable.com.au





Leigh Bright
Regional Education Officer – Midwest/
Gascoyne
Cancer Council Western Australia
Leigh.Bright@cancerwa.asn.au

Make Smoking History is ‘Worried About You’

Even though tobacco smoking rates are declining, tobacco use is still the largest cause of preventable death and disease in Australia. In a bid to prompt people who smoke to quit, Cancer Council WA’s Make Smoking History Program will re-run the *Worried About You* campaign, across Western Australia.

This narrative campaign, produced by Gatecrasher, focuses on a daughter who is worried that her father will become ill from smoking. The television advertisement uses an emotive and powerful story to remind people who smoke to think about how their smoking affects their loved ones. Research commissioned by Make Smoking History found that a key motivator to help people quit smoking is to remind them how smoking impacts their relationships with the people who matter most.

The campaign will appear across various media channels including television, radio, audio streaming services, out-of-home, and digital platforms until Sunday 27 October 2024.

Tips to kick the habit:

Visit makesmokinghistory.tips

Download the free My QuitBuddy app

Call the Quitline on 13 7848 or chat online at quitlinewa.org.au.

Chat to your GP, Aboriginal Health Worker, or Pharmacist

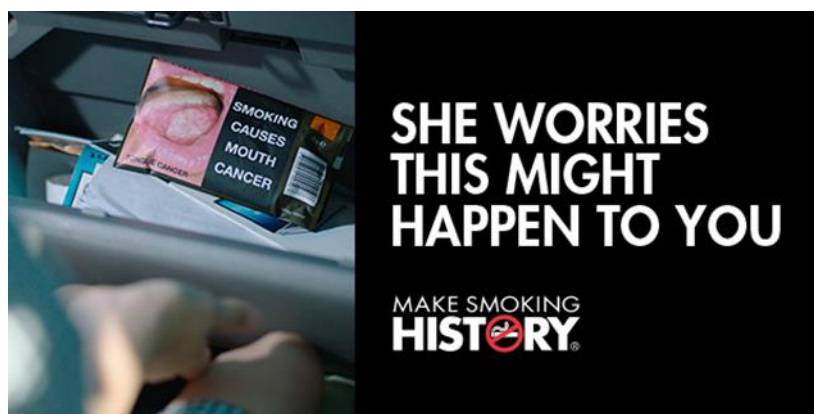
For more information about the Make Smoking History Campaign or resources to help people quit smoking, email makesmokinghistory@cancerwa.asn.au.

The Make Smoking History Campaign is an initiative of Cancer Council WA and is funded by the Department of Health WA, Healthway and Cancer Council WA

Where else can I get advice?

Cancer Council WA – Information and Support line - 13 11 20

Visit findcancerearly.com.au



Government of Western Australia
Department of Health

Call us on 13 11 20
findcancerearly.com.au

PHOTO FEATURE PAGE

Please send your photos to visitus@sandstone.wa.gov.au by **25 July** for publication in the next Bush Telegraph and don't forget to provide your name with your Photos.



Craft group working hard



Danny d'vinci



Mens vs Womens toilet at Lake Mason



It's the season for flowers



These bright yellow bushes are *Boronia Megastigma Lutea* and grow around Sandstone in areas where water collects. They have a strong pleasant smell.
-James Allison



Post office Café



Wildflowers between Paynes Find and Sandstone -Paddy O'brien



WARNING
1080 POISON
BAITS LAID HERE

**DOMESTIC DOGS, PETS & ANIMALS MAY BE
AFFECTED IF THEY EAT BAITS OR DEAD ANIMALS
PROTECT BY RESTRAINING OR MUZZLING**
BAITS LAID FOR:
FOXES / WILD DOGS / FERAL PIGS

Please note that the majority of the land surrounding the Sandstone Town site and the areas between towns, is Station land owned by private individuals and is, therefore, private property.

Station owners are permitted, by law, to lay baits on their land to control predatory animals in order to protect their cattle / calves.

Please be aware that birds do pick up these baits and drop them close to the roads and within the town site.

It is in your best interests to keep your dogs on leashes at all times and to place muzzles (without tongue gaps) on your dogs while out and about to prevent accidental exposure to poisons.

Shire of Sandstone Rubbish Bins / Collections Policy

Updated at Council Meeting on 22 August 2024

5.8 RUBBISH BINS AND RUBBISH COLLECTIONS

COUNCIL MEETING HELD: 22 AUGUST 2024

DATE TO BE REVIEWED: AUGUST 2027

Objective:

To ensure consistency and equity of services to customers and ensure safe and healthy collection of rubbish services

The following guidelines will be used

1. The Shire of Sandstone provides and owns all bins collected within the townsite of Sandstone.
2. Damaged bins will be replaced by the Shire only if the Shire caused the damage.
3. Stolen rubbish bins will be replaced by the Shire if the theft has been reported to Police.
4. Replacement of bins not damaged by the shire will be charged at cost to the ratepayer.
5. Domestic bins will be collected on Mondays each week (or the next working day during holiday periods).
6. Commercial bins will be collected Monday (as above) and Thursdays.
7. Councils Fees and Charges will reflect the cost of a twice-a-week commercial pickup.
8. The Shire provides bin liners which must be used and must be tied closed by the resident ready for pickup.
9. Failure to tie up the bin liner may result in your bin not being picked up.
10. Heavy materials such as bricks, concrete pieces, sand etc causing excess weight, will not be taken if the truck hoist can't lift the bin.
11. Bins containing liquid waste products (paints, oils, flammable liquids) may incur an additional cost for special pick up or be refused pick up.
12. The Shire will provide stickers for bins with these instructions.

Please take special note of Point 8 as failure to tie up your bag may result in your bin not being emptied.



Perfect Timing



It's never the right time, so at least try and have a good time!



PIZZA DOUGH

Ingredients

- 600g (4 cups) bread flour or pizza flour (or plain/all purpose)
- 2 tsp (6g) rapid rise or instant yeast
- 2.5 tsp (15g) salt, *kosher / cooking salt*
- 4 tsp (20g) white sugar
- 4 tbsp extra virgin olive oil
- 330 ml (1 1/3 cups) warm tap water
- Pizza sauce, cheese and toppings of choice (pineapple?)
- Extra flour and oil for working



Step 6:



Instructions:

- 1 - Mix dry ingredients** in a large bowl with a wooden spoon. Flour, yeast, sugar, salt
- 2 - Add wet ingredients** into a well in the centre of bowl. Oil, water.
- 3 - Mix** together so it comes away from the side of the bowl
- 4 - Sprinkle extra flour into surface and **Knead dough** for 5 minutes. Shape into a ball.
- 5 - Drizzle bowl with olive oil and place dough ball in, rub with oil. Cover with cling wrap and put in a warm place to **rise for 1-2 hours** until it doubles in size.
(optional: refrigerate for up to 5 days)
- 6 - Scrape dough out of bowl onto a lightly floured surface and **shape into a log**.
- 7 - **Cut into 3 equal portions** (this recipe makes 3 bases) and form each into balls tucking the edges under it so you have a smooth surface.
- 8 - Place balls onto tray and sprinkle with a touch of flour covering surface so they don't stick to tea towel; cover with a damp tea towel and leave in a warm place to **rise again** – 1 hour until almost double in size.
- 9 - **Get toppings ready and Preheat oven to 275 degrees Celsius**
- 10 - **Stretch and shape:** Sprinkle a work surface and place one ball on top. Without touching the edges use finger tips and back of fingers to deflate dough gently and spread out into 20cm round; then use fingers and palms to stretch the dough working around the circle until almost 30cm. transfer to a pan and finish stretching and shaping neatly.
- 11 - **Working fast—Spread pizza sauce, cheese and toppings of choice.**
- 12 - **Bake** 10 minutes, rotating at 4 minutes and checking at 8 minutes until cheese is melted and golden.



Eat!

Repeat process to make 2 more pizzas.

Notes:

Flour: all purpose flour works fine but bread flour/ pizza flour is even better!

Yeast: use yeast labelled instant or rapid rise. If using normal 'active dry yeast' then dissolve yeast with sugar in the warm water and add with wet ingredients.

Salt: reduce salt to 1 1/2 tsp if using table salt

Water temp: if scorching hot it will kill the yeast. Think lovely bath temp water.

Rising: time will vary depending on temperature and humidity of room.

Cheese: try to use fresh grated as it is lighter and doesn't weigh down the dough like store brought shredded cheese which can also be coated in anti-caking agents that don't melt as well.

Toppings: avoid using too many toppings on home made pizza dough like this; it will weigh down the dough and become soggy.

Cook immediately: once you finish stretching the pizza base transfer to a pan, top and cook straight away! Leaving it sitting for even a short time can make it 'sweat underneath which equals a soggy base.'

Step 10:



Household Electricity Credit

The State and Commonwealth Government jointly announced that eligible Western Australian households will receive a \$700 payment to ease cost of living pressures. Long term or permanent residents who are supplied with electricity through an embedded network or sub-metering arrangement may be eligible for the credit through RevenueWA.

See wa.gov.au for information about the Household Electricity Credit including the eligibility criteria, which have changed since last year. The Household Electricity Credit team is available on 9262 1165 or by web enquiry if you have any questions.

Applications for the credit will close on 30 November 2024 Residents who received last year's credit will need to re-apply this year. Applications for the \$700 be Portal.

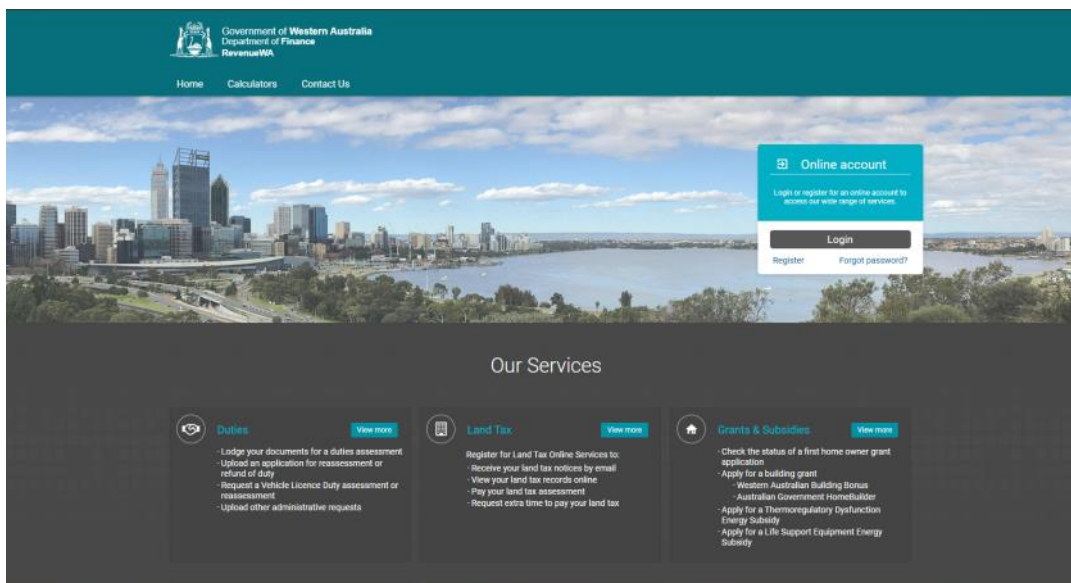
How to apply for the Household Electricity Credit

Step 1 — Go to the RevenueWA Online Services Portal

<https://apps.osr.wa.gov.au/portal/0/home>

Step 2 — If you don't have an online account, click Register

If you have previously registered for an online account, click Login and click Electricity credits tab. Follow prompts.



Household Electricity Credit can be made online through the Online Services

Revenue WA

Website — www.wa.gov.au/government/publications/household-electricity-credit

Web enquiry — www.osr.wa.gov.au/waelectricitycredits

Phone : 9262 1165

DID YOU KNOW ...

FactRetriever.com

The Eiffel Tower was initially considered to be an eyesore. Its usefulness as a radio tower saved it from being dismantled in 1909.



Americans spend more time watching other people on television cook than they do cooking themselves.



Boanthropy is a psychological disorder where people think they're cows.

"Wrap rage" is the anger and frustration felt when you are unable to open packages.



Just 30 minutes of daily complaining can physically damage your brain. Listening to someone constantly complain also negatively affects brain function.

Sandstone Golf Club

We had a great day of golf with around 20 visitors from Leinster coming over for 18 holes of golf and the art show.

A big thanks to Peter Craig, Captain of Leinster, for helping to organise and run the event - everyone had a great time, even the kids.

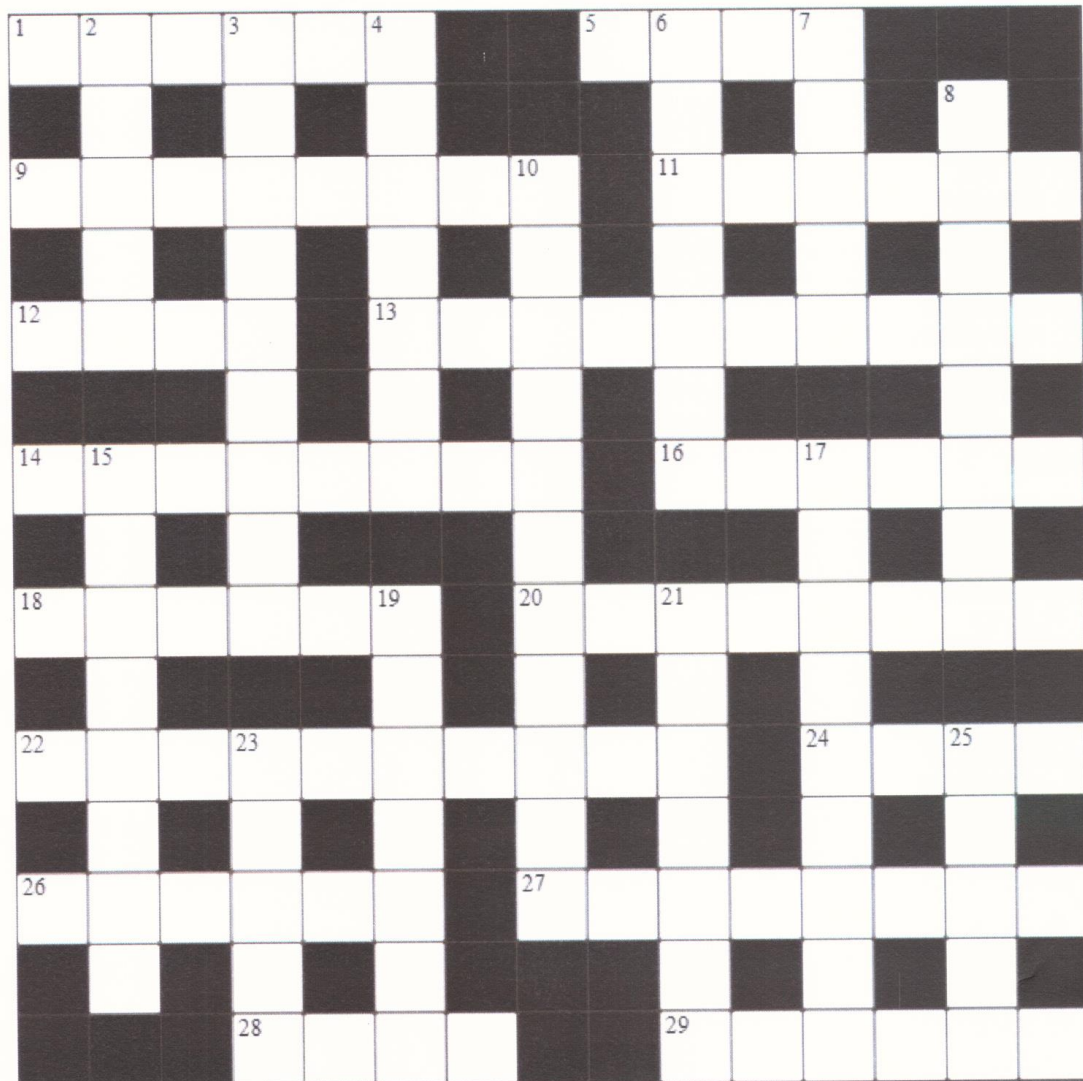
All attendees would love to pass on their thanks to Sandstone for making them feel so welcome and they are looking forward to coming back next year.

MARK KEVILL



Cross word

Anagram Crossword No. 29



NOTES:

Anagram crosswords are just like normal crosswords- except that each clue is simply an anagram of the required solution..

ACROSS

1. POSTED
5. SLIP
9. IDOLATER
11. UNTIDY
12. TIED
13. SATURNALIA
14. CONIFERS
16. DETAIL
18. ICEMAN
20. MARGINAL
22. ENDURINGLY
24. SEWN
26. WASHER
27. REINVEST
28. SLAY
29. RAGGED

DOWN

2. LADEN
3. TELEPHONY
4. SHATTER
6. ERODING
7. PLEAD
8. NITRATES
10. CONSIDERATE
15. RELATION
17. ALIGNMENT
19. REGALLY
21. GRENADE
23. LEASE
25. SWEAT



INVITATION

Sandstone has once again entered the Tidy Towns Awards and the Judges will be here on Thursday 12 September for a Judging Visit!

To welcome the Tidy Towns Judges, the Shire of Sandstone will be holding a Community BBQ on the evening of **Thursday 12 September** from **5:30pm** at the Shire Offices.

Please join us in welcoming the Tidy Towns Judges to Sandstone and enjoy a sausage sizzle with us!



DALWALLINU TRADERS

A DELTA AGRIBUSINESS CO

If you are considering upgrading or adding to your water infrastructure Coerco currently have special on 22500L, 32000L and 50000L water tanks. This offer is valid until close of business Tuesday 10th of September. Delivery is free within 800km of Perth.

FIELD DAYS SPECIAL OFFER!



coerco
agriculture



Visit us at Mingenew, DowerIn, or Newdegate Field Days
Place an order onsite for a chance to win
Milwaukee® Power Packs!





<p>1st Prize M18 FUEL™ 10 PIECE POWER PACK 10A3 (worth \$2000 Inc. GST)</p>	<p>2nd Prize M18 FUEL™ 2 PIECE POWER PACK 2A3 (worth \$650 Inc. GST)</p>
--	---

Call us now!

DELTA 
AGRIBUSINESS

For orders or enquiries please call Travis Hollins 0427086738 or email t.hollins@deltawa.com.au

Sandstone Community Craft Group

Our group meets Tuesday & Friday from 9am to 1pm in the Sandstone Community Hall, Hack Street, from April to October, primarily to Knit/Crochet (and all other types of craft) for Charity.

Come along and learn new skills or pick up old ones. Free and easy patterns are available and we have some donated wool.

Needles and hooks are also available to get you started.

Bring your own project or if Knitting and Crocheting isn't your forte but Needlework, Tapestry, etc. is, still come along and join us for the day.

Tea and coffee will be provided.
Bring a small plate for morning tea / light lunch to share.

All are welcome

For further information,
please feel free to contact Karan on
0418 905 090.



Lawn Bowls

Sandstone Community Rec Centre



2 sets of Lawn Bowls are available at the Visitor Centre, however, anyone wanting to play can arrange to collect the key from the Shire Office Monday to Friday between 08:00 and 17:00

We can help YOU get connected and stay connected.

We provide independent, free connectivity advice for anyone living or working rural, regional, and remote Australia. We are an Australian Government initiative run by the National Farmers' Federation since December 2020.

What we do

Our regionally-based team can provide you with tailored connectivity advice on internet and phone options and troubleshooting issues. As an Australian Government initiative, we offer a completely free and independent service to help with your choice of digital technologies, applications, and solutions for equipment, set-up, and installation. We also help you build skills that give you confidence when using technology. Please reach out to us

How we help

We have helped over 130,000 Australians improve their internet or phone connection, extend or boost their reception, swap plans, resolve connectivity outages, and in some cases reduce costs. We are here to help.

Services

Connectivity reports, escalation service and phone support. We provide 1:1 support to understand your best internet and phone options or help you troubleshoot issues. 2. Social channels and free book-in service so you can connect with us online at a time that suits you. 3. Connectivity Resource Hub provides a wealth of information, resources, tools and troubleshooting advice via our website. 4. Attending events and engaging with you in your community. This helps spread the word about our services and connect with more people on-the ground to help answer your questions. 5. Two-way information exchange with our partners, stakeholders, government, to identify common issues, challenges and outages.

www.regionaltechhub.org.au



**Regional
Tech Hub**

Contact

Regional Tech Hub P: 1300 081 029

E: helpdesk@regionaltechhub.org.au



Looking for guaranteed ways to save on your energy bills?

With Sunshine Saver™ you're guaranteed to start saving immediately.*

Sunshine Saver is made especially for renters or people who can't access the bill saving benefits of rooftop solar.

This simple subscription gives you five units of energy credited to your account daily, regardless of how and when energy is used. And you can enjoy more savings with a 10% discount on all energy used between 6am and 6pm. All for only \$1 a day.

Be quick to start saving immediately.
Visit horizonpower.com.au/SunshineSaver

* Estimated savings of \$219 is based on the average consumption of a residential A2 tariff customer in eligible towns. Total individual customer savings will vary depending on energy used during 6am and 6pm.



The Community Bus Is back!



Trips for September:

4 September

18 September

Seats are limited - please book with the Shire Office prior to scheduled date.





The Sandstone Bush Fire Brigade is looking for volunteers

Meetings are held regularly
at the Bush Fire Brigade Station
Lot 73, Rowe Street

New volunteers are needed or anyone willing to
lend a hand and participate if required.

For more information, please call The Shire Office on (08) 9963 5802



St John

Make a difference for your community.
Become an ambulance *volunteer*.

Supporting your Sandstone community is one of the best ways to get to know it. Join a social, inclusive and committed team, and you'll be surprised by the friendships you'll make, which can be as rewarding as the good you're doing for your town.

- Full training provided in a friendly, supportive environment.
- No medical experience required – all you need to get started is a police check, a clean driver's licence, and a can-do attitude.
- Not all callouts are emergencies – help with routine patient transport.
- Commit to shifts to suit your schedule – a minimum of 60 hours per annum.
- Uniforms and ambulance cover provided free of charge.

Your next move.

If this sounds like something you'd like to explore, visit stjohnchangelives.com.au or call St John Sandstone on 0458 452 364, or email cp.midwesteast@stjohnrwa.com.au



SANDSTONE NURSING POST



IRVINE ST SANDSTONE

Nurse - Lana Lefroy 9963 5808 or 9963 5831

Before attending the nursing post on Doctor days,
please contact Lana to make an appointment.

Lana can be contacted at home on 08 9963 5831
or
at the nursing post on Thursdays on 08 9963 5808

Thank You

Sandstone Physiotherapy Visiting Dates 2024

To be Advised

The Physio is currently provided via Telehealth
To make an appointment, please phone Geraldton
Physiotherapy Reception on 08 9956 2204

TELEPHONE HELP LINES

[Mental Health Emergency Response Line](#) : Tel: 08 9224 8888

(formerly Psychiatric Emergency Team) Perth WA 6000

[RuralLink](#) : Tel: 1800 552 002

4:30pm - 8:30am weeknights

24 hours on weekends and public holidays

Emergency Number
Royal Flying Doctor Service

1800 625 800



SANDSTONE NURSING POST

IRVINE ST SANDSTONE
Nurse - Lana Lefroy 9963 5808 or 9963 5831



Meekatharra RFDS Flying clinics 2024

September

Thursday 5th Sandstone Dr Tim Lipscombe

Thursday 19th Sandstone Dr Phil King

October

Thursday 3rd Sandstone Dr Di Comley

Thursday 17th Sandstone Dr John Terry

Thursday 31st Sandstone Dr Phil King

November

Thursday 14th Sandstone Dr Di Comley

Thursday 28th Sandstone Dr John Terry

December

Thursday 12th Sandstone Dr Phil King

Thursday 26th CANCELLED

Sandstone	27 May - 31 May
Meekatharra	18 June - 28 June
Yalgoo	17 July - 26 July
Mount Magnet	14 August - 23 August
Meekatharra	11 September - 20 September
Mount Magnet	9 October - 18 October
Meekatharra	6 November - 15 November
Mount Magnet	4 December - 12 December

MEEKATHARRA DENTAL CLINIC AND MOBILE
TRAVEL DATES 2024

**Sandstone Dental Visit will be
organised for later in the year**



Government of Western Australia
North Metropolitan Health Service
Dental Health Services



SANDSTONE NURSING POST

IRVINE ST SANDSTONE
Nurse - Lana Lefroy 9963 5808 or 9963 5831



Health Services

Wiluna Medical Services Available

The following medical services are available from visiting specialists through the Wiluna Medical Centre.

These services are provided free of charge to Sandstone residents and the travelling public.

To make an appointment with visiting specialists, contact Wiluna Medical Centre on **(08) 9981 8600**

Dentist (Monthly)
Gynaecologist
Audiologist
Ear, Nose and Throat (ENT)

Mount Magnet Medical Services

Ph for appointment with the GP (08) 9940 3222

Specialist & Allied Health

Services include:

- Cardiologist
- Sonographer
- Respiratory Physician
- Clinical Nurse Specialist
- General Physician
- Dietician
- Diabetes Education
- Podiatrist
- Audiologist
- Physiotherapy
- Renal Education
- Palliative Support Team

How do I see a visiting specialist?

To see the visiting specialists at Murchison Outreach Service (Mt Magnet) you must see the GP who will refer you to the appropriate specialist.

Need to know more? Contact our Specialist Clerk or specialist Nurse for further information on

Police, Fire and Ambulance Dial

000

Sandstone is a remote township which currently has
NO EMERGENCY MEDICAL HEALTH SERVICE

If you require **EMERGENCY MEDICAL ASSISTANCE** dial

1800 625 800

This will put you in contact with the **Royal Flying Doctor Service**,
who will provide immediate advice to you.

SANDSTONE NURSING POST

Irvine Street, Sandstone
RFDS Doctor in attendance every second week
9:00am - 11:30am.

Nurse in attendance until 4:00pm

Nurse in attendance every Thursday 9:00am - 4:00pm

Phone Number	(08) 9963 5808
After Hours	(08) 9963 5831
Contact person	Lana Lefroy

Should you be traveling and require medical assistance,
24 hour / 7 day services are provided at :

MOUNT MAGNET NURSING POST

Corner of Criddle and Welcome Street, Mt Magnet
Monday - Friday 8:30am - 4:00pm. Closed for lunch

Staff on call for emergencies (08) 9963 3100

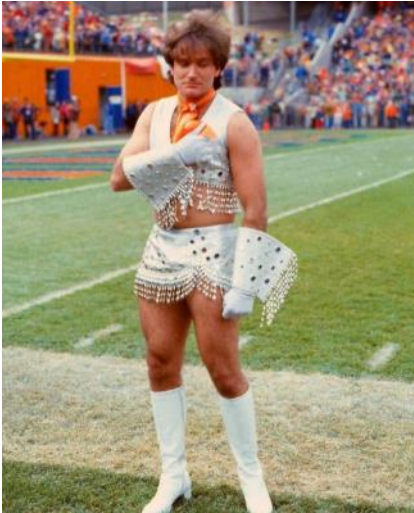
MEEKATHARRA HOSPITAL

Savage Street, Meekatharra

24hour casualty service (08) 9961 0600

INTERESTING FACTS FOR CURIOUS MINDS

Let them eat cake! Well, maybe not. There's no evidence that French queen Marie Antoinette said those words in 1793, although the sentiment was there and was enough for her to lose her head!



Modern cheerleading began as an all-male venture in the US. Although cheerleading is now primarily female it remains an American centric activity.



During the Palaeolithic era, the planet was crawling with megafauna such as sabre-tooth tigers, mammoths and mastodons, so humans had to be more intelligent and better organised than what's commonly believed.



When your dog kicks his hind legs after relieving himself, it isn't a weak attempt to cover the poo, no, spot is merely marking his territory with the scent glands in his feet.



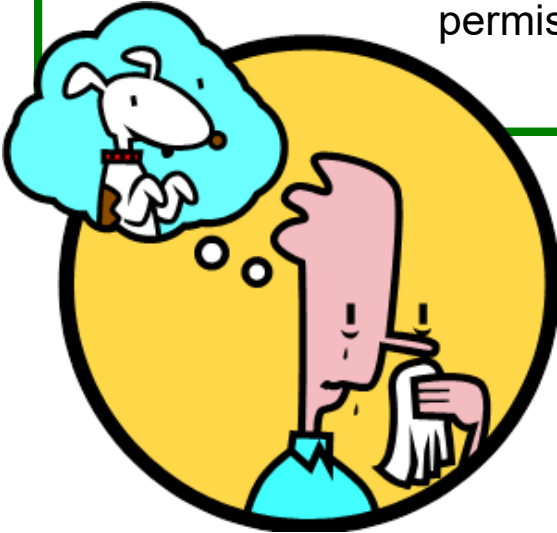
ESP is often generally referred to as the 'sixth sense'. Researchers of ESP argue that the sixth sense is inherent in all or most of us, but some are better able to tap into it.

PUBLIC NOTICES

Pastoralists and D.E.C. in Sandstone and surrounding Shires have an ongoing wild dog bait programme.

Baits are on the ground ALL year round

Dogs are **NOT PERMITTED** on a pastoral lease unless permission has been given



To avoid being penalised all dogs and cats must be kept in your yard **OR** on a leash at all times.

Please clean up after your dog!!!!

All dogs must be registered.

If your dog is not registered or you are unsure, please contact the Shire office.



Dog registrations are due at the end of October each year.

Directory of Services to Sandstone



EC 006509

KARL IBBOTSON

Phone: (08) 9963 4004
Fax: (08) 9963 4074
Mob: 0427 991 893
Email: murchisonpower@bigpond.com.au
karlibbotson@bigpond.com.au
Web: www.murchisonpower.com.au
Lot 483 Criddle Street
PO Box 204 Mt Magnet WA 6638

- Construction & Maintenance of all Power Systems
- Licensed Shotfirer
- HV and LV Cable Jointing
- Crane/Borer and Pole Jinker Hire
- Elevated Work Platform
- Switching Operator
- Tree Lopping
- All Electrical Applications (Domestic / Commercial / Industrial)

JPB Contracting

Paul (Scruffy)
Bennett

Ph: 0427 841 888

IF YOU REQUIRE THE
SERVICES OF A
JUSTICE OF THE PEACE
PLEASE CALL
MARGARET DUHIG ON
0412 652 835 FOR AN
APPOINTMENT.
THIS IS A FREE AND
CONFIDENTIAL
SERVICE.



Please note this is NOT a service provided at the Shire of Sandstone so please call for an appointment .

 **CAUTION**

YOU MUST CONTACT THE SHIRE OF SANDSTONE PRIOR TO DISPOSAL OF ANY ASBESTOS MATERIALS

Phone (08) 9963 5802
Mondays - Fridays
8:30 - 4:00pm

LEGAL ACTION WILL BE TAKEN FOR NON-COMPLIANCE

Westcoast Seafood

Email: coral@westcoastseafood.com.au

Directory of Services to Sandstone

OUTBACK ACCOMMODATION SANDSTONE

(08) 9963 5869

outbacksandstone@gmail.com



GOLDEN EARTHMOVING

Contract front end loader work available.

Contact Lachlan Brown for more information:

PH: 0487 366 360



PL9934 | GF6916 | BF7329



PLUMBING & GAS

SERVICING MID WEST & GOLDFIELDS REGIONS

MINING | COMMERCIAL | RESIDENTIAL | INDUSTRIAL

24/7 EMERGENCY

PH: 0416 307 843 | ADMIN@LEISKHYDRAULICS.COM.AU

Community Bulletin Board



Ordinary Meeting of Council

The next Ordinary Meeting of Council
is Thursday **26 September 2024**
from 1:00pm in Council Chambers

When prepared, the Agenda can be viewed online
at www.sandstone.wa.gov.au or at the Sandstone Library



Hello community,

I would like to buy a home in Sandstone vacant possession.
Please contact me on:

0427346934
macca3248@gmail.com

I will be living in Sandstone permanently.

Regards ,
Alan McKenzie , ex APB , Vietnam Veteran.

Community Bulletin Board

Useful Sandstone Telephone Numbers

Shire of Sandstone Office & Post Office	08 9963 5802
Sandstone Museum & Visitor Information Centre	08 9963 5061
Alice Atkinson Caravan Park	08 9963 5859
Sandstone Nursing Post	08 9963 5808
Outback Accommodation	08 9963 5869
Justice of the Peace	0412 652 835
Main Roads - Road Conditions (24 Hr Customer Contact Centre)	13 81 38
Mt Magnet Police	08 9963 3222

ROTARY CLUB

We are the very first Rotary Club that is based purely online in WA. This enables people living in remote/regional areas the option to still provide a service to their local community by joining Rotary E club of E.WA. It's a new and vital Rotary Experience.

We meet via online webinars and the use of Facebook, both open to the public and private sessions.

Name: E-WA Rotary
Address: www.ewarotary.org.au

www.facebook.com/ewarotary
Ph 0408 802 490

Community Group Name:

E-WA Rotary—Kerry O'Shea
rotaryewa@gmail.com

We'd love to hear from you :)

Community Bulletin Board



**SEPTEMBER
2024**



ASTRO FUN DAY AND STARTRACK EVENTS

RTC Building, Federation Park & ANZAC Hall
10.00 am - 5.30pm Astrophotography Workshop
5.30pm - 9.00pm

**FRI
6TH**

SENIORS MARKET DAY AND TRADITIONAL COOK UP

Seniors Park and Center
10.00am onwards

**SAT
7TH**

ART TRAIL OPENING

ANZAC Hall
September 7th - 13th

LA COMUNIDAD ESTRELLAS FIESTA

Mount Magnet Sports and Recreation Center
6.30pm to late
Tickets available through Humantix or via the Shire of office

**SAT
7TH**

MORE INFO:

ADMIN@MTMAGNET.WA.GOV.AU

WWW.MTMAGNET.WA.GOV.AU/WHATS-ON



Space Trail & Brilliant Skies Adventure

Astronomy guides will take you on a cosmic adventure using a laser pointer to point out constellations and look through telescopes to see the wonders of the cosmos! Discover why the Murchison Georegion is the place for visitors seeking stargazing experiences.

YALGOO

THURSDAY 5th SEPT
6.30pm-9pm | Astronomy Presentation and Stargazing through Telescopes
7pm-9.30pm | Astrophotography Workshop
Community Events -
www.yalgoo.wa.gov.au

MT MAGNET

FRIDAY 6th SEPT
3pm-3.45pm | Astrophotography Exhibition Talk & Presentation
4pm-5pm | Navigating by the Stars
7pm-9.30pm | Astrophotography Workshop
Community Events -
www.mtmagnet.wa.gov.au

CUE

SATURDAY 7th SEPT
6.30pm-10pm | Dinner Under the Stars including Astronomy Presentation, Stargazing through Telescopes, plus live music
www.cue.wa.gov.au

Art Trail
**PLUS
MUCH
MORE!**

YALGOO | Elisha | 0419 325 984 | cdo@yalgoo.wa.gov.au
MT MAGNET | Margy | 9963 3000 | admin@mtmagnet.wa.gov.au
CUE | Tracy | 9963 8600 | community@cue.wa.gov.au



International Centre for Radio Astronomy Research

Mount Magnet Post & Lotteries

Gifts, cards, stationery, art supplies.
Passport photos and much more
Drop in and browse

Check out the website
www.mtmagnetpost.com

Phone: 0419 968 514

(Please text with parcel enquiries)

Sandstone Library is located within the Shire Administration Building
Monday - Friday 8.00am - 4.30pm

- Interlibrary Loans
- Audio Books
- Internet access
- DVDs
- Fiction and non Fiction books



Heritage Museum & Visitor Centre



Open everyday
9am-4pm
(April - Oct)

Looking for Gold? Want to Prospect near Sandstone?

Please contact the Department of Mines and Petroleum,
Cr Hepburn and Richardson Streets,
Mount Magnet

Telephone (08) 9963 4509
Fax (08) 9963 4488

If you have a story, photo, birthday, or something else you would like to see in the Bush Telegraph, please email

visitus@sandstone.wa.gov.au

Community Feedback

If you have any ideas that could benefit our community, please feel free to let us know, whether it's activities, workshops or something you would like to see in the near future.

Cut out and drop your feedback form in the Shire office at Reception, post to Shire of Sandstone, Hack Street Sandstone WA 6639 or email to dceo@sandstone.wa.gov.au

Do you know where the DEFIBRILATORS are in town?

They can be found at the following locations:

1. Shire Administration Office.
2. The Caravan Park Office.
3. Outback Accommodation.

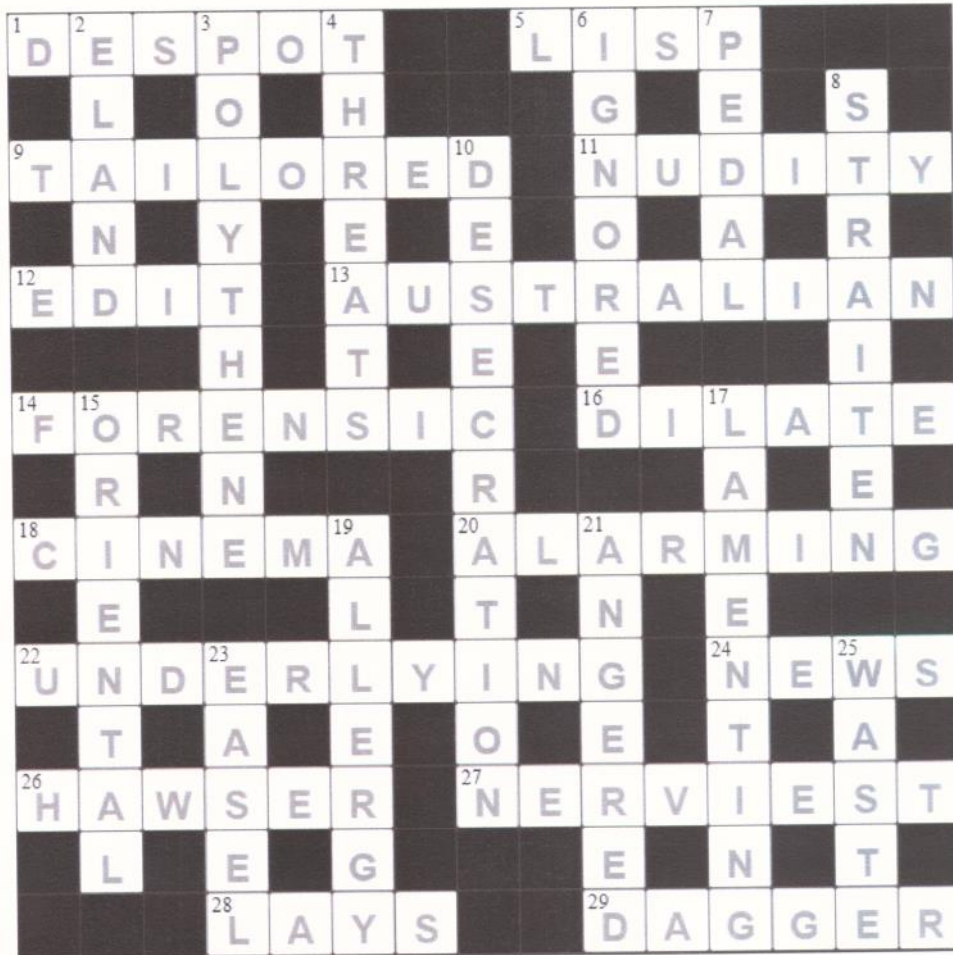
Please take note of their location—just in case!

Crossword solution

Anagram Crossword No. 29

IBISIT
ANAGRAM
CROSSWORDS

Arkadium



everyday WORKOUT

by DAREBEE © darebee.com



60
side leg raises



30
knee-to-elbows



60
leg extensions



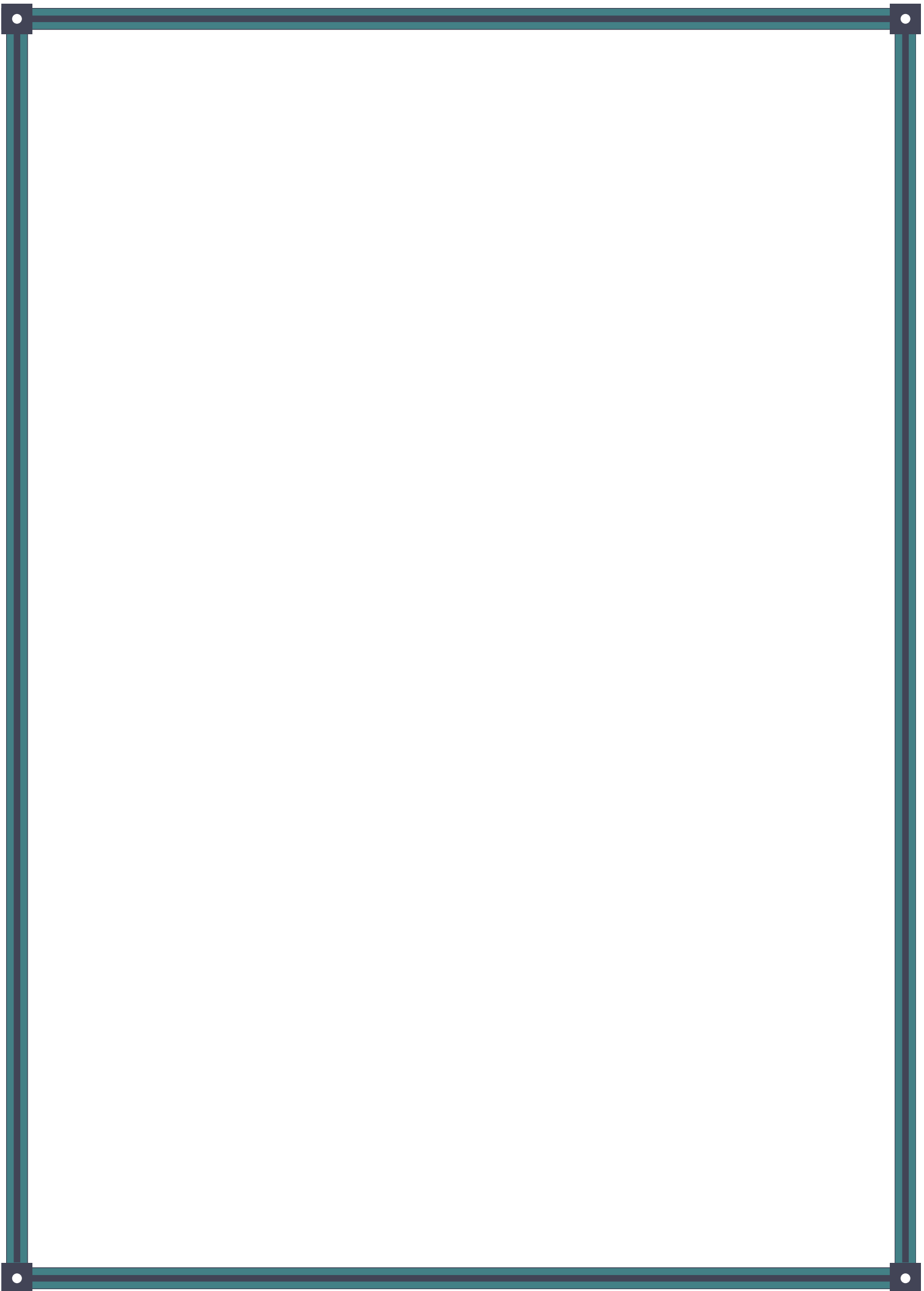
30
knee push-ups
in total



30
half wipers



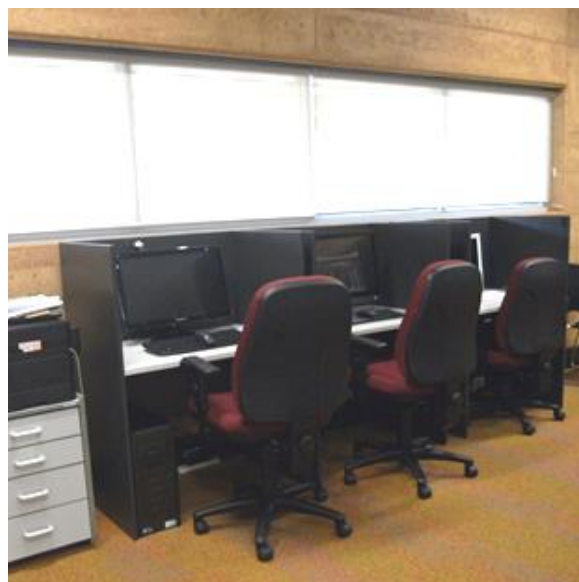
30
V-extensions



September 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Craft group	4	5 Doctor clinic	6 Craft group Astorocks*	7
8	9	10 Craft Group	11	12 Nurses post	13 Craft Group	14
15	16	17 Craft Group	18	19 Doctor clinic	20 Craft Group	21 Mt Magnet Races
22	23	24 Craft Group	25	26 Nurses post Council meeting	27 Craft Group	28
29	30					

* Mt Magnets Astro Rocks Festival runs in September with events on the 6th & 7th



Internet access is available at
Sandstone Library in the
Shire Administration Building
using our computers

Monday - Friday
8.00am - 4.30pm

Please note :
We don't have public WIFI

If you would like your event to appear on the Community Planner please contact the
Shire of Sandstone - Phone: 08 9963 5802 Email: dceo@sandstone.wa.gov.au