

Cover Picture: Bill Waldock

The Shire of Sandstone Hack St, Sandstone WA 6639 Ph: (08) 9963 5802 | Email: reception@sandstone.wa.gov.au

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#### **Disclaimer**

The Bush Telegraph is published by the Shire of Sandstone as a public service for the community.

The opinions expressed have been published in good faith on the request of the person requesting publication, and are not those of the Shire of Sandstone.

All articles, comments, advice and other material contained in this publication are by way of general comment or advice only and are not intended, nor do they purport to be correct advice on any particular matter or subject referred to.

No person should act on the basis of any matter, comment or advice contained in this publication without first considering, and if necessary taking appropriate professional advice upon the applicability to their particular circumstances. Accordingly, no responsibility is accepted or taken by the Shire of Sandstone, or the authors and editors of the Bush Telegraph, for any damage or loss suffered by any party acting in reliance on any matter, comment or advice contained herein.

#### **Contributions**

Please contact the Shire of Sandstone Administration Office if you wish to contribute to the Bush Telegraph and take part in a chance to win a \$50.00 cash prize.

You can email your contributions to administration@sandstone.wa.gov.au or drop it into the Shire Administration Building.

If you wish to stay anonymous, you can put your contribution in an envelope, write Bush Telegraph on the front and drop it in the red mailbox at the Shire Administration building.

#### **Feedback**

Tell us what you liked, what you didn't like, what could be improved and what you like to see.

Cut out and drop your feedback form in the Shire office at Reception or email to administration@sandstone.wa.gov.au



## SHIRE NEWS

SHIRE OF SANDSTONE HACK STREET SANDSTONE WA 6639 PHONE: 08 9963 5802 EMAIL: reception@sandstone.wa.gov.au

## From the Desk of the CEO

May's Council meeting saw the review and adoption of the following policies:

- Fitness for Work Policy,
- Debt Collection Policy,
- Financial Hardship Policy.

Minor changes have been made and these are available on Council's website.

Council also approved the excision of an area from the airport reserve for Horizon Power to allow a solar farm to be constructed.

This is in addition to the solar panels they have established alongside the power station in Griffith Street, making Sandstone more reliant of renewable power than diesel generation.

Prior to the Council meeting, Council had a preview of the draft 2023/2024 budget.

The Post Office Café is now open for business and the girls are doing a brilliant job. I can personally vouch for the "London Bridge Croissant" and the "Post Office Parcel".

The trees are finally in the ground around the By-Pass. Some 120 trees have been planted with lots of positive comments being received, which is always good.

The Works crew have relocated from the Sandstone - Paynes Find Road to complete some work on the Wiluna Road prior to relocating to the Meekatharra Road.

In June Richard Marver will be visiting to talk to our works supervisor about road rehydration and discuss options that are available for the Meekatharra Road. The long-term benefit amongst others is less road damage from flood waters, saving Council the cost of reinstatement.



## SHIRE NEWS

SHIRE OF SANDSTONE HACK STREET SANDSTONE WA 6639 PHONE: 08 9963 5802 EMAIL: reception@sandstone.wa.gov.au

### From the Desk of the CEO - Continued

#### Last month I gave you a phrase to ponder over, here are some more.

"We cannot solve problems with the kind of thinking we employed when we came up with them." — Albert Einstein

"Learn as if you will live forever, live like you will die tomorrow." — Mahatma Gandhi

"Stay away from those people who try to disparage your ambitions. Small minds will always do that, but great minds will give you a feeling that you can become great too." — Mark Twain

"When you give joy to other people, you get more joy in return. You should give a good thought to happiness that you can give out."— Eleanor Roosevelt

"When you change your thoughts, remember to also change your words."—Norman Vincent Peale

"It is only when we take a chance, that our lives improve. The initial and the most difficult risk that we need to take is to become honest. — Walter Anderson

"Nature has given us all the pieces required to achieve exceptional wellness and health but has left it to us to put these pieces together."—Diane McLaren

#### **CHARLIE BROWN**

**Chief Executive Officer** 



## **SHIRE NEWS**

SHIRE OF SANDSTONE HACK STREET SANDSTONE WA 6639 PHONE: 08 9963 5802 EMAIL: reception@sandstone.wa.gov.au

## Council meeting dates 2023

June	22 <sup>nd</sup>
July	27 <sup>th</sup>
August	$24^{th}$
September	$28^{th}$
October	26 <sup>th</sup>
November	23 <sup>rd</sup>
December	$14^{th}$

Meetings commence at 1:00pm in Council Chambers located at the rear of the Shire Administration Centre

Meetings are open to the public

The Environmental Health Officer for the Shire of Sandstone is Dave Hadden.

Dave's contact details are:	Principal EHO/Building Surveyor Shires of Leonora, Laverton, Menzies & Sandstone	
	Phone Mobile	08 9037 6044 0428 376 044
	Email	healthbuilding@leonora.wa.gov.au



## WA Country Health Service

## **Mount Magnet Community Vaccination Clinic 2023**

Mount Magnet Nursing Post Welcome Street

Dates are 27<sup>th</sup> March | 28<sup>th</sup> March | 22<sup>nd</sup> May | 24<sup>th</sup> July | 26<sup>th</sup> September | 27<sup>th</sup> November

Time: 27<sup>th</sup> March 12:30PM - 3:00PM

All other dates: 9:30AM - 3:00PM

## To book an appointment call (08) 9956 1985 or email CommunityhealthReception.WACHS-Midwest@health.wa.gov.au Walk-in appointments welcome.

Child and adult COVID-19 vaccines available, people aged 5 years + are eligible.

Child and adult vaccines available, as eligible on the WA Immunisation Schedule.

**Get in touch WA Country Health Service** Midwest Community Health

Telephone: (08) 9956 1985 www.wacountry.health.wa.gov.au



### Post Office Café

The Post Office Café opened on the 15<sup>th</sup> of May and we have already received a lot of positive feedback.

The Post Office Café has a great positive vibe the moment you cross the threshold step, which has worn from all the patrons past and present crossing it, leaving the imagination wander into times past when patrons sent and posted packages and mail.

Such a wonderful job was done renovating the building and creating the Post Office Café as it stands today. Thank you to all involved!

And with this, we would like to share some of the amazing comments we received during the short period after opening:

- Over the two-way we picked up the following: The Post Office Café in Sandstone has fresh and hot food.
- The best hot chocolate.
- One of the first customers commented that the Post Office Café has the best fresh wrap since leaving Melbourne.
- If you are a chai latte person, the chai latte is amazing. One of the patrons advised they ordered a second one straight after finishing the first one.
- The croissants are huge and really nice.
- Best spinach ricotta roll and really filling.

So when you are in Sandstone, make sure to give the Post Office Café a visit, you won't regret it!



Fill the eskies and get the barbie ready for WA Day on the 5<sup>th</sup> June.

Why are we celebrating WA Day? In April 2012, Foundation Day, the day that the first European settlers arrived in WA to found the Swan River colony on June 1<sup>st</sup> 1829, was formally changed to WA Day following bipartisan political support in the West Australian Parliament.

This welcomed in a new era for the State with WA Day being a universal celebration of all Western Australians, recognising our Aboriginal history, early European settlers and the many people from all over the world who have made, and continue to make, West Australian their home.

#### A bit of History

The Western part of Australia was claimed for Britain on May 2<sup>nd</sup> 1829 by Captain Fremantle. The merchant vessel Parmelia with civilian settlers on board arrived on the night of May 31<sup>st</sup> 1829 and sighted the coast on June 1<sup>st</sup>. The Swan River Colony was officially proclaimed on June 11<sup>th</sup>.

In 1832, Admiral Sir James Stirling, the administrator of Western Australia decided to establish an annual celebration to unite the new colony's inhabitants, including all settlers and Aborigines.

Stirling chose June 1<sup>st</sup> each year (or if on a Sunday, on the following Monday), the date of the first sighting. The holiday was originally called 'Foundation of the Colony Day', and later became simply 'Foundation Day'.

In 2012, the name was changed to Western Australia Day because Western Australia is a vast geographic area comprising many different urban, rural and regional communities, as well as being a very multicultural community, the emphasis for WA Day celebrations is on inclusion of all people no matter how long they have called themselves West Australians

Because of the celebration of Western Australia Day, Western Australia does not celebrate the King's birthday holiday in June, as do other Australian states.

Source: https://www.celebratewa.com.au - https://www.officeholidays.com/holidays/australia/western-australia/western-australia/day

#### <u>June</u>

So where did the name June for the 6<sup>th</sup> month on the Gregorian Calendar come from?

The month was named after Juno, the Roman goddess of childbirth and fertility. She is a chief goddess and female counterpart of Jupiter, and resembles closely to the Greek Goddess Hera.

Her name comes from the root word for "young" (Luuen) and goes back to the idea of vital energy and fertility.

She was connected with all aspects of the life of women, most particularly married life.

Her exact origin is unknown but she was one of the oldest Roman deities, one of the three original gods which are Jupiter, Juno and, Minerva, honoured on the Quirinal\* (later on the Capitoline).

She was also known as Juno Sospita, the chief deity of a city located in Latium southeast of Rome called Lanuvium. She is often depicted wearing a goatskin, carrying a spear and shield, being the protector of one in confinement.

She was also known as Juno Lucina (light), the goddess of childbirth. Because the presence of a belt could hinder the delivery of a woman's child, no offering could be made at her temple unless all knots were untied.

She was also known as Juno Moneta, the protectress of funds. Her primary temple was built in the Arx, the northern part of Capitoline Hill. The temple was located next to the Roman mint hence the word money came from her name, Moneta.

Why do June and July have similar names?

July was originally called Quitilis which is the Roman word for 'fifth' because it was the fifth month of the Roman year. It was later changed to July by Julius Caesar, after his family name, Julius.

\*One of the seven Hills of Rome: site of a palace used (1870 - 1946) as a royal residence, after as the presidential residence.

Source: https://www.britannica.com - https://www.collinsdictionary.com - https://www.worldhistory.org

### Life Hacks

- If your candles are burning too low to reach the wick, try lighting a piece of uncooked spaghetti which will reach into the deep candles.
- If you dropped an item and you can't find it, attach a nylon sock with a rubber band to the end of your vacuum cleaner. Turn on the vacuum cleaner and vacuum the area where you lost the item. The item will get caught on the sock.
- To easily know what key fits which lock, use nail polish to paint the keys, using a different colour for each key (back door, front door, garage,...). Nail polish is extremely durable and last longer than spray paint.
- If you need to fill a bucket that wont fit under the sink's faucet, use a pool noodle as an extension.
- Keep seeds fresh by storing them in an airtight container with a silica packet, the "Do not eat" sachets in food items, pill bottles,...
- Put car wax on your bathroom mirror to prevent it from fogging up. Apply a small amount to the mirror, let it dry and buff with a soft, dry cloth.
- Throw a few ice cube or a wet washcloth in the dryer with your wrinkled clothes. As the ice melts and the water turns to steam, it will remove the wrinkles. It isn't as effective with heavier clothes but works very well with lighter fabrics.
- Stuff an empty toilet paper tube with dryer lint and use it as a fire starter.
- Loop a zip tie around each side of your phone to make a telephone stand. Tighten the zip ties until they are snug to the phone with the zip-tie heads facing down and near the edge of your phone.
- Turn an empty tube of lip balm into a secret cash stash. Use a long nail or cotton swap to remove any wax residue.
- To remove paint from a carpet, pour denatured alcohol onto a rag and scrub away the paint. Colour can transfer from the rag to the carpet so use a rag that is closest to the rug's colour.
- Put old cut up sponges on the bottom of plant pots to prevent water from settling on the bottom and causing root rot.

Source: https://www.familyhandyman.com

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## Something to think about

The bicycle is the slow death of the planet.

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General Director of Euro Exim Bank Ltd. got economists thinking when he said:

"A cyclist is a disaster for the country's economy:
He does not buy cars and does not borrow money to buy.
He does not pay for insurance policies.
He does not buy fuel, does not pay for the necessary maintenance and repairs.
He does not use paid parking.
He does not cause serious accidents.
He does not require multi-lane highways. He does not get fat.
Healthy people are neither needed nor useful for the economy.
They don't buy medicine.
They do not go to hospitals or doctors. Nothing is added to the country's GDP. (Gross domestic product).

On the contrary, every new McDonald's restaurant creates at least 30 jobs: 10 cardiologists, 10 dentists, 10 dietary experts and nutritionists, and obviously, people who work at the restaurant itself."

Choose carefully: cyclist or McDonald's? It is worth considering.

P.S. Walking is even worse. Pedestrians don't even buy bicycles.

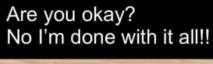
### Famous Mark Twain quotes

- Kindness is the language which the deaf can hear and the blind can see.
- Never argue with stupid people, they will drag you down to their level and beat you with experience.
- The trouble is not in dying for a friend, but in finding a friend worth dying for.
- When in doubt, tell the truth.

- Anger is an acid that can do more harm to the vessel in which it is stored than to anything on which it is poured.
- The two most important days in your life are the day that you are born and the day you find out why.
- Wrinkles should merely indicate where the smiles have been.
- If you tell the truth, you don't have to remember anything.
- Whenever you find yourself on the side of the majority, it is time to pause and reflect.
- A clear conscience is the sure sign of a bad memory.
- Worrying is like paying a debt you don't owe.
- Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do.
- It is better to keep your mouth closed and let people think you are a fool than to open it and remove all doubt.
- Age is an issue of mind over matter. If you don't mind, it doesn't matter.
- Give every day the chance to become the most beautiful of your life.

	<u>Music Q</u>					
	Answers on p	-				
	left which band in acrimony?					
A. The Smiths B. Queen		C. Pink Floyd	D. The Cure			
2) If Paul Simon can call you Betty, what can you call him?						
A. Al B. Mel		C. Mr. Simon	D. Paul			
3) The Cramps sang about a human what?						
A. Fly	B. Dog	C. Cat	D. Ant			
4) Kylie Minogue initially	/ found fame in which soap o	pera?				
A. Neighbours B. Prisoners: Cell Bock H C. EastEnders		D. Home & Away				
5) Where does Toto bles	ss the rains?					
A. Europe B. America C. Africa		C. Africa	D. South America			
6) According to Poison,	what does every rose have?					
A. Its stem B. Its thorn		C. Its scent	D. Its flower			
7) Queen co-wrote the t	rack "Under Pressure" with v	vhom?				
A. Paul McCartney	B. Mick Jagger	C. David Bowie	D. Bono			
8) In what year was the	song "Karma Chameleon" rel	eased?				
A. 1985	B. 1987	C. 1989	D. 1983			
9) Which smash hit char	ity concert was played at We	mbley Stadium in 198	5?			
A. Live Aid	B. Music Aid	C. Water Aid	D. Live 8			
10) Who was not Micha	el Jackson's lover, but noneth	eless thought that she	e was "the one"?			
A. Billie Jean	B. Jean Genet	C. Blue Jean	D. Billie Genie			

C





Come let's shit on people You feel much better!!

I was looking for a new guard dog, maybe a Doberman, German Shepard, Rottweiler or a Pitt Bull.



And he's scares the living shit out of people.

I wanted to be nice so I meowed back at my cat. Not sure of what I said, but she's been staring at me like:



Me: "I better get a good night's sleep

**Funnies** 

for my very important day tomorrow" My cat at 2am:









Source: Submission - https://cheezburger.com - https://www.readingkingdom.com - https://bouncymustard.com

## Orange Polenta Cakes

#### **Ingredients:**

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- 1 cup self-raising flour
- 1/2 cup polenta
- 1/3 cup extra virgin olive oil (see notes)
- 1/3 cup maple syrup, plus extra to serve
- 1 tbsp finely grated orange rind
- 1/3 cup orange juice
- 2 eggs
- 80g packet pistachio kernels
- 2 small oranges

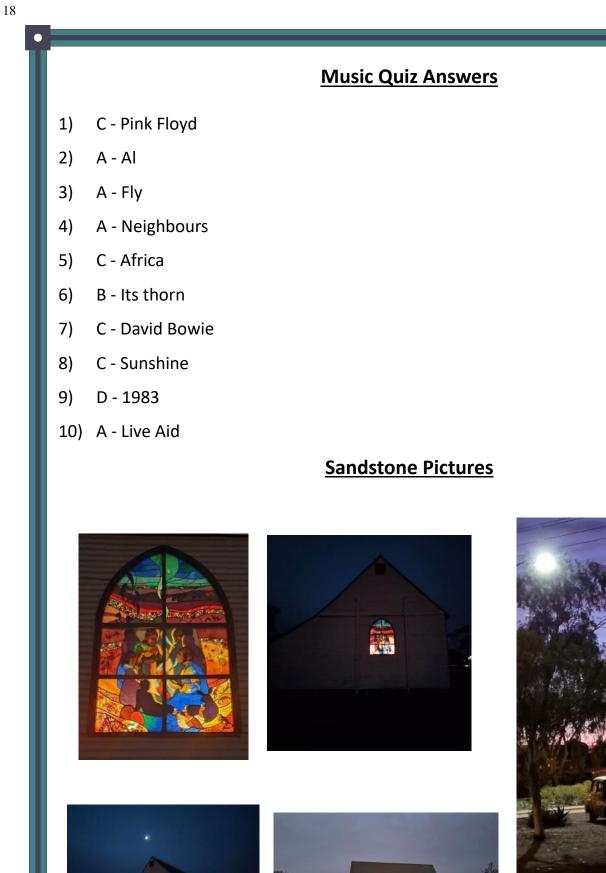
#### Method:

- <u>Step 1:</u> Preheat oven to 180C/160C fan-forced. Grease a 12-hole (1/3-cup capacity) muffin pan.
- <u>Step2:</u> Place flour, polenta, oil, maple syrup, orange rind, orange juice, eggs and pistachios in a food processor. Process until pistachios are finely chopped and mixture is well combined. Divide mixture evenly amongst the holes in prepared pan.
- <u>Step 3:</u> Peel and thinly slice orange into rounds (you'll need 12 slices in total). Place 1 orange slice on top of each cake. Bake for 18 to 20 minute or until golden and just firm to touch. Stand for 2 minutes. Transfer to a wire rack lined with baking paper.

<u>Step 4:</u> Drizzle tops with extra maple syrup. Set aside to cool. Serve cakes warm or cold.

Source: https://www.taste.com.au/recipes/little-orange-polenta-cakes/T4Hu56Fy?r=recipes/orangerecipes&c=b4e27d1d-e1cb-4f9f-bc37-76ed2647c6d0/Orange%20recipes







Black Range Pictures: Dotty Car: Shire Staff

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## **SHORT STORY PRIZE**

## **Invitation to all Midwest Writers**

Explore your imagination and showcase your talent by creating a short story using a theme of your choice.

Enter for your chance to win \$500, plus VIP access to Festival Events!

## ENTRY IS FREE

ENTRIES OPEN 19 April 2023

19

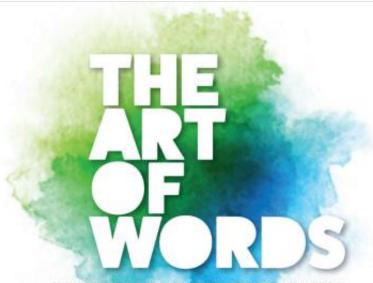
ENTRIES CLOSE 14 July 2023

An initiative of

äter Gerald a vibrant future

For more details on how to enter please visit www.library.cgg.wa.gov.au/bigsky





BIG SKY READERS & WRITERS FESTIVAL 2023

## SHORT STORY PRIZE ENTRY FORM

e of Story:	y be deemed the winning entry, I provide my being uploaded to the online catalogue. Dated: pleted entry form to council@cgg.wa.gov.au
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not include your name on your entry, only the title of your work. Email your stary and com ubmit by mail (Big Sky Short Story Prize, Geraldton Regional Library, PO Box 101, Gerald ntact Trudi Cornish, Ph: 9956 6659 for any further queries. MS AND CONDITION Open to people aged 18 years plus from across the Midwest. Opens Wednesday 19 April, closes 4pm Friday 14 July 2023. No late entries accepted. ength - Maximum of 3,000 words. Entry is free. Maximum of three entries per person. Each entry must be accompanied by a completed entry form. No responsibility is accepted for lost, delayed or late entries. Shortlisted entries announced Wednesday & September 2023. Entries will not be returned. Winner: Cash prize of \$500, VIP access to Festival Events, Story accessioned into Library, Published online via Library Catalogue, Certificate. Runner-Up: VIP access to Festival Events, Story accessioned into Library, Published online via Library Catalogue, Certificate.	pleted entry form to council@cgg.wa.gov.au
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Published online via Library Catalogue, Certificate.	MIDWEST
Highly Commended: Certificate.	
Employees of the CGG and their direct family members are not eligible o enter this competition.	
Entries must be unpublished and in English.	An initiative of
he entry is written with a mature or adult audience in mind.	Ju W
format - must be typed 1.5 line spacing, 12 point font, no contact/name on actual work, only on entry form.	Greater Geraldtoo
10	- 40

## Home Theatre for Sale

Would you like to see the game on a big Screen? Or engulf yourself in a good movie and get completely absorbed in it?

Well here is your chance to own your own Home Theatre, located in Sandstone.

Specifications:

Epson H959B LCD With 100-inch Screen

\$4,500.00

If you would like more information

Please contact 0439 190 071





### Located in Sandstone

22

Minelab 5000 in good condition with:

- Nugget Finder 18 inch coil and
   Nugget Finder Evolution 12 inch coil

   Headphones
   12 Volt Charger
  - Harness and Battery

\$3,800.00

Call 0419 855 225



## Sandstone Community Craft Group Cancelled due to ongoing works. Will commence end of June.

Our group meets Tuesdays and Fridays from 10am to 2:30pm in the Sandstone Community Hall, Hack Street, from April to October, primarily to Knit/ Crochet (and all other types of craft) for Charity.



Came along and learn new skills or pick up old ones. Free and easy patterns are available and we have some donated wool.



Needles and hooks are also available to get you started.

Bring your own project or if Knitting and Crocheting isn't your forte but Needlework, Tapestry, etc. is, still come along and join us for the day.

Tea and coffee will be proved. Bring a small plate for morning tea / light lunch to share.



For further information, please feel free to contact Karan on **0418 905 090.** 



Lawn Bowls Sandstone Community Rec Centre



2 sets of Lawn Bowls are available at the Visitor Centre.

## **Sandstone Community Bus**

travels to Mount Magnet for Shire business

The bus leaves from the Shire Office at **10:00 am** and from Mount Magnet at **1.30 pm** for the return trip home.

The Community Bus is a free service provided by the Shire Limited seats are available and bookings are essential

Please book your seat by visiting the Shire Office in person or by phoning (08) 9963 5802

The next trips will be Wednesday

14<sup>th</sup> June

and

28<sup>th</sup> June





## The Sandstone Bush Fire Brigade is looking for volunteers

Meetings are held regularly at the Bush Fire Brigade Station Lot 73, Rowe Street

New volunteers are needed or anyone willing to lend a hand and participate if required.

For more information, please call

Joanne Brown—Secretary 0403 819 245







Before attending the nursing post on Doctor days, please contact Lana to make an appointment.

Lana can be contacted at home on 08 9963 5831 or at the nursing post on Thursdays on 08 9963 5808

Thank You

## Sandstone Physiotherapy Visiting Dates 2023

June	$12^{th}$
August	$14^{th}$
October	$9^{th}$
December	$11^{th}$

The Physio is currently provided via Telehealth

To make an appointment, please phone Geraldton Physiotherapy Reception

08 9956 2204





## SANDSTONE NURSING POST

Irvine St Sandstone Nurse - Lana Lefroy 9963 5808 or 9963 5831



## Meekatharra RFDS Flying clinics 2023

#### February

	Wednesday 8 <sup>th</sup>	Paynes Find/Yalgoo	Dr Di Comely
	<b>Thursday 9<sup>th</sup></b>	<b>Sandstone</b>	<b>Dr Di Comely</b>
	Wednesday 22 <sup>nd</sup>	Yalgoo	Dr Phil King
	<b>Thursday 23<sup>rd</sup></b>	<b>Sandstone</b>	<b>Dr Phil King</b>
March			
	Wednesday 8 <sup>th</sup>	Paynes Find/Yalgoo	Dr Di Comely
	Thursday 9 <sup>th</sup>	<b>Sandstone</b>	<b>Dr Di Comely</b>
	Wednesday 22 <sup>nd</sup>	Yalgoo	Dr Phil King
	Thursday 23 <sup>rd</sup>	<b>Sandstone</b>	<b>Dr Phil King</b>
April			
	Wednesday 5 <sup>th</sup>	Paynes Find/Yalgoo	Dr Di Comely
	Thursday 6 <sup>th</sup>	<b>Sandstone</b>	<b>Dr Di Comely</b>
	Wednesday 19 <sup>th</sup>	Yalgoo	Dr Phil King
	Thursday 20 <sup>th</sup>	<b>Sandstone</b>	<b>Dr Phil King</b>
May			
	Wednesday 3 <sup>rd</sup>	Paynes Find/Yalgoo	Dr Di Comely
	Thursday 4 <sup>th</sup>	<b>Sandstone</b>	<b>Dr Di Comely</b>
	Wednesday 17 <sup>th</sup>	Yalgoo	Dr Phil King
	Thursday 18th <sup>th</sup>	<b>Sandstone</b>	<b>Dr Phil King</b>
	Wednesday 31 <sup>st</sup>	Paynes Find/Yalgoo	Dr Di Comely
June			
	<b>Thursday 1<sup>st</sup></b>	Sandstone	<b>Dr Di Comely</b>
	Wednesday 14 <sup>th</sup>	Yalgoo	Dr Phil King
	<b>Thursday 15<sup>th</sup></b>	Sandstone	<b>Dr Phil King</b>
	Wednesday 28 <sup>th</sup>	Paynes Find/Yalgoo	Dr Di Comely
	<b>Thursday 29<sup>th</sup></b>	Sandstone	<b>Dr Di Comely</b>

SANDSTONE NURSING POST IRVINE ST SANDSTONE Nurse - Lana Lefroy 9963 5808 or 9963 5831



## **Health Services**

## Wiluna Medical Services Available

The following medical services are available from visiting specialists through the Wiluna Medical Centre.

These services are provided free of charge to Sandstone residents and the travelling public.

To make an appointment with visiting specialists, contact Wiluna Medical Centre on (08) 9981 8600

Dentist (Monthly) Gynaecologist Audiologist Ear, Nose and Throat (ENT)

## Mount Magnet Medical Services Ph for appointment with the GP (08) 9940 3222

**Specialist & Allied Health** 

#### Services include:

- Cardiologist
- Sonographer
- Respiratory Physician
- Clinical Nurse Specialist
- General Physician
- Dietician
- Diabetes Education
- Podiatrist
- Audiologist
- Physiotherapy
- Renal Education
- Palliative Support Team

### How do I see a visiting specialist?

To see the visiting specialists at Murchison Outreach Service (Mt Magnet) you must see the GP who will refer you to the appropriate specialist.

Need to know more? Contact our Specialist Clerk or specialist Nurse for further information on



**SANDSTONE NURSING POST** 

Irvine St Sandstone Nurse - Lana Lefroy 9963 5808 or 9963 5831



## **Health Services**

## **TELEPHONE HELP LINES**

Mental Health Emergency Response Line (formerly Psychiatric Emergency Team) Perth WA 6000 Tel: 08 9224 8888

RuralLink Tel: 1800 552 002 4:30pm - 8:30am weeknights 24 hours on weekends and public holidays

# Emergency Number Royal Flying Doctor Service 1800 625 800

## Police, Fire and Ambulance Dial

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### 000

Sandstone is a remote township which currently has NO EMERGENCY MEDICAL HEALTH SERVICE

If you require EMERGENCY MEDICAL ASSISTANCE dial

### 1800 625 800

This will put you in contact with the Royal Flying Doctor Service,

who will provide immediate advice to you.

#### SANDSTONE NURSING POST

Irvine Street, Sandstone RFDS Doctor in attendance every second week 9:00am - 11:30am.

Nurse in attendance until 4:00pm

Nurse in attendance every Thursday 9:00am - 4:00pm

Phone Number(08) 9963 5808After Hours(08) 9963 5831Contact personLana Lefroy

Should you be traveling and require medical assistance,

24 hour / 7 day services are provided at :

#### **MOUNT MAGNET NURSING POST**

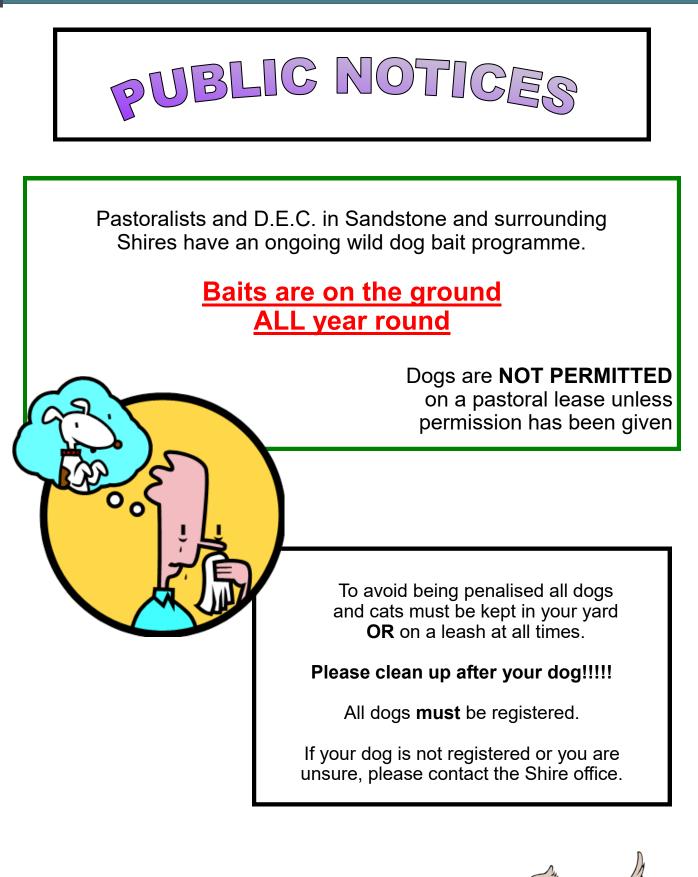
Corner of Criddle and Welcome Street, Mt Magnet Monday - Friday 8:30am - 4:00pm. Closed for lunch

Staff on call for emergencies (08) 9963 3100

#### **MEEKATHARRA HOSPITAL**

Savage Street, Meekatharra

24hour casualty service (08) 9961 0600



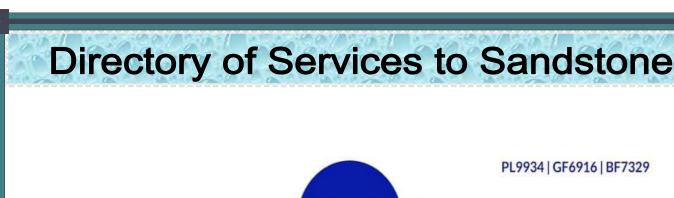
Dog registrations are due at the end of October each year.





Westcoast Seafood Email: stan@westcoastseafood.com.au

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- PLUMBING & GAS

SERVICING MID WEST & GOLDFIELDS REGIONS

MINING | COMMERCIAL | RESIDENTIAL | INDUSTRIAL

## 24/7 EMERGENCY

PH:0416307843 | ADMIN@LEISKHYDRAULICS.COM.AU

# **Community Bulletin Board**



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## **Ordinary Meeting of Council**

The next Ordinary Meeting of Council is Thursday 22<sup>nd</sup> June 2023 from 1:00pm in Council Chambers

When prepared, the Agenda can be viewed online at www.sandstone.wa.gov.au or at the Sandstone Library



# **Community Bulletin Board**

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## **Useful Sandstone Telephone Numbers**

Shire of Sandstone Office & Post Office	08 9963 5802
Sandstone Museum & Visitor Information Centre	08 9963 5061
Alice Atkinson Caravan Park	08 9963 5859
Sandstone Nursing Post	08 9963 5808
Justice of the Peace	0412 652 835
Main Roads - Road Conditions (24 Hr Customer Contact Centre )	13 81 38
National Hotel	08 9963 5801
Mt Magnet Police	08 9963 3222

### ROTARY CLUB

We are the very first Rotary Club that is based purely online in WA. This enables people living in remote/regional areas the option to still provide a service to their local community by joining Rotary E club of E.WA. It's a new and vital Rotary Experience.

We meet via online webinars and the use of Facebook, both open to the public and private sessions.

Name: E-WA Rotary Address: www.ewarotary.org.au

www.facebook.com/ewarotary Ph 0408 802 490

Community Group Name:

E-WA Rotary—Kerry O'Shea rotaryewa@gmail.com

We'd love to hear from you :)

# **Community Bulletin Board**

## **Mount Magnet Post & Lotteries**

Gifts, cards, stationery, art supplies. Passport photos and much more Drop in and browse

Check out the website www.mtmagnetpost.com

Sandstone Library is located within the Shire Administration Building Monday - Friday 8.30am - 4.30pm

- Interlibrary Loans
- Audio Books
- Internet access
- DVDs

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Fiction and non Fiction books

## Looking for Gold? Want to Prospect near Sandstone?

Please contact the Department of Mines and Petroleum, Cnr Hepburn and Richardson Streets, **Mount Magnet** 

Telephone(08) 9963 4509Fax(08) 9963 4488

If you have a story, photo, birthday, or something else you would like to see in the Bush Telegraph, please email the Shire Office at

reception@sandstone.wa.gov.au



Specialist for all your water storage, pumping, monitoring and your livestock requirements. Conveniently located in Dalwallinu just off the Great Northern Hwy. Talk to us today to find out how we offer the entire solution to your water and fencing needs.



For all your trough and water tank remote monitoring needs



Solar water pumps from BW Solar

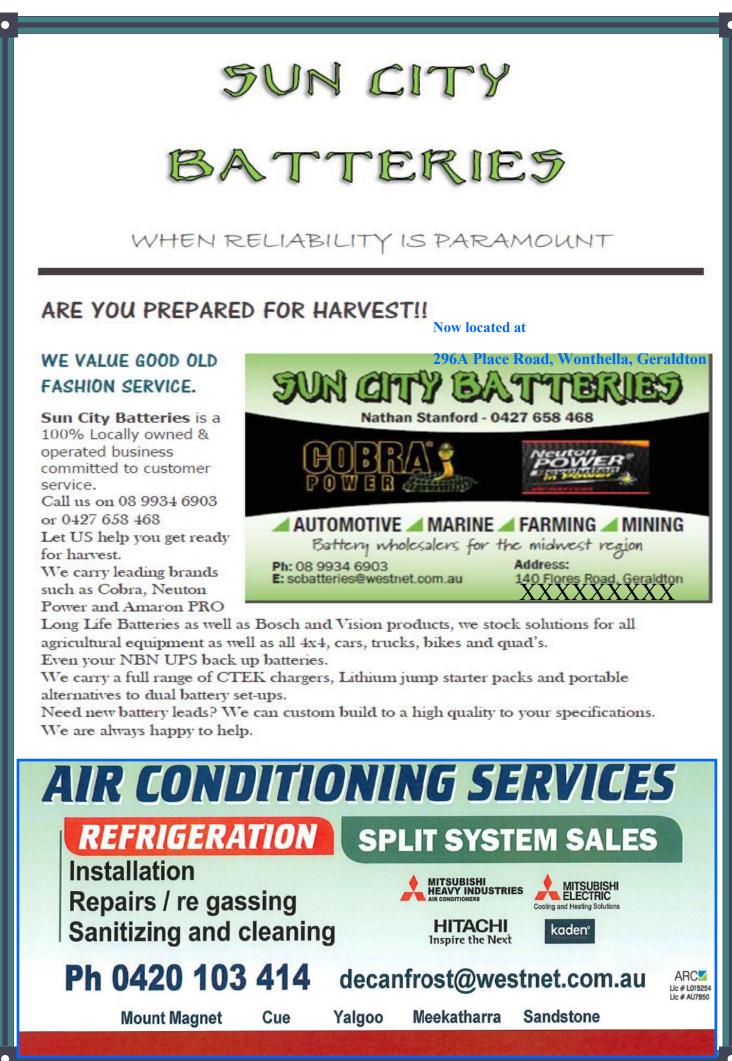


Water Tanks, Troughs, Septic Tanks and Fire Fighting Units



For all your fencing requirements

For any information regarding any of these products and your needs please call Travis Hollins 0427086738 or Matthew Tasker 0435192531



## **Community Feedback**

If you have any ideas that could benefit our community, please feel free to let us know, whether it's activities, workshops or something you would like to see in the near future.

## Do you know where the DEFIBRILATORS are in town?

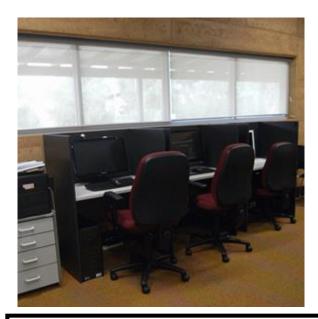
They can be found at the following locations:

- 1. Shire Administration Office.
- 2. The Caravan Park Office.
- 3. The Sandstone National Hotel.

Please take note of their location—just in case!

## June 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Doctor's Clinic	2	3
4	5	6	<b>7</b> Bus to Mt Magnet	8 Nurse's Clinic	9	10
11	12	13	14	15 Doctor's Clinic	16	17
18	19	20	<b>21</b> Bus to Mt Magnet	22 Council Nurse's Clinic	23	24
25	26	27 Market Day	28	29 Doctor's Clinic	30	



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Internet access is available at Sandstone Library in the Shire Administration Building using our computers

> Monday - Friday 8.00am - 4.30pm

Please note : We don't have public WIFI

If you would like your event to appear on the Community Planner please contact the Shire of Sandstone - Phone: 08 9963 5802 Email: reception@sandstone.wa.gov.au