



BUSH TELEGRAPH

February 2025 **FREE**



*Grown In Sandstone!
What a 'grape' town we live in!*

The Shire of Sandstone
Hack St, Sandstone WA 6639
Ph: (08) 9963 5802 | Email: dceo@sandstone.wa.gov.au

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Disclaimer

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The opinions expressed have been published in good faith on the request of the person requesting publication, and are not those of the Shire of Sandstone.

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Contributions

Please contact the Shire of Sandstone Administration Office if you wish to contribute to the Bush Telegraph and take part in a chance to win a \$50.00 cash prize.

You can email your contributions to cso@sandstone.wa.gov.au or drop it into the Shire Administration Building.

If you wish to stay anonymous, you can put your contribution in an envelope, write Bush Telegraph on the front and drop it in the red mailbox at the Shire Administration building.

Cut-off time for all contributions is the 25th of every month which will allow our staff time to include your contribution. Contributions made after the 25th will be included in the next edition.

Feedback

Tell us what you liked, what you didn't like, what could be improved and what you like to see.

Cut out and drop your feedback form in the Shire office at Reception or email to cso@sandstone.wa.gov.au

SHIRE NEWS

SHIRE OF SANDSTONE
HACK STREET SANDSTONE WA 6639

From the Desk of the CEO

Hello residents of and visitors to Sandstone.

Elections in 2025:

The Western Australian State election occurs on Saturday 8 March 2025 and voting is compulsory.

Local government elections will take place in October 2025.

Though we live in a democracy, it is compulsory to enroll to vote if you are an eligible person.

From a local government point of view, the higher number of registered voters we have, the more viable it makes the Shire and less vulnerable to government amalgamation threats. So if you are eligible, please enroll.

Other Matters:

Many thanks to Tegan Brown for getting the new website up and running and looking good.

A great fun day held on Australia Day at the Recreation Centre. Beth Walton and Karan Heath once again did an excellent job working from daylight to do all the cooking and organise the events.

Personally, I am grateful to be born in a politically stable, relatively safe, relatively prosperous, amazingly beautiful country.

Peter Money
Chief Executive Officer





SHIRE NEWS

SHIRE OF SANDSTONE
HACK STREET SANDSTONE WA 6639
PHONE: 08 9963 5802
EMAIL: dceo@sandstone.wa.gov.au

Council meeting dates 2025

Meetings commence at 1:00pm in the Council Chambers located at the rear of the Shire Administration Centre

Meetings are open to the public

January	no meeting
February	6th (Special)
February	27th
March	27th
April	24th
May	22nd
June	26th
July	24th
August	28th
September	25th
October	23rd
November	27th
December	18th

**The Environmental Health Officer
for the Shire of Sandstone
is no longer David Hadden.**



Thanks to all who came along to enjoy Australia Day at the Rec Centre. With some good Aussie outdoor games, and indoor quizzes, much fun was had by all.

Big thank you to Karan Heath who turned up at 6:00am to be my co-worker in cooking up a big Aussie Breakfast. You're a champion Karan!!

Thanks to Paddy, Lana, and David for cleaning up after the breakfast and to Tegan for being the photographer for the day.

Game Winners on the day

Rabbit Trap Throw
Blokcs: Paddy O'Brien
Sheila's: Tegan Brown

Rolling Pin Toss
Blokcs: David Lefroy
Sheila's: Tegan Brown

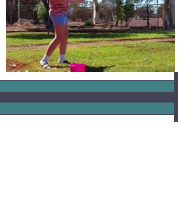
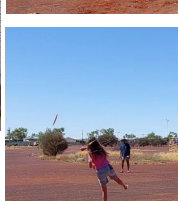
Chip to the Flag
Aiden O'Brien

Thong Toss closest to the Flag
Lana Lefroy

Aussie Quiz winners
Team Misfits (Lana, David, Karan, Peter, and Shane)

Winner of Photo Quiz "When We Were Young"
Team Andy-Cap. (Andy, Bobby, Gary, Tegan)

Beth Walton



Dates of Interest in February

4th World Cancer Day



February Birthdays

Bobby - 20th

HAPPY

BIRTHDAY

14th Valentines Day



Sydney Mardi Gras
14th Feb—2nd March



15th Singles Awareness Day

Singles Awareness Day or Singles Appreciation day is celebrated on the 15th February each year. It serves as a compliment to valentines day and is a time to appreciate your single status or to celebrate non-romantic relationships such as friends, family and your relationship with yourself.

Some people celebrate SAD out of spit to valentines day as a commercialized holiday or their negative views of love in general.

The SAD acronym along with some peoples negative view of being single has led a group of dating experts to create a new holiday know as National Singles Day which is celebrated in March in hope of highlighting a more positive tone.

Whatever your status this year remember to appreciate what you have and be careful what you wish for!

Happy Singles Awareness Day! An entire holiday devoted to staying in yoga pants and eating chocolate.

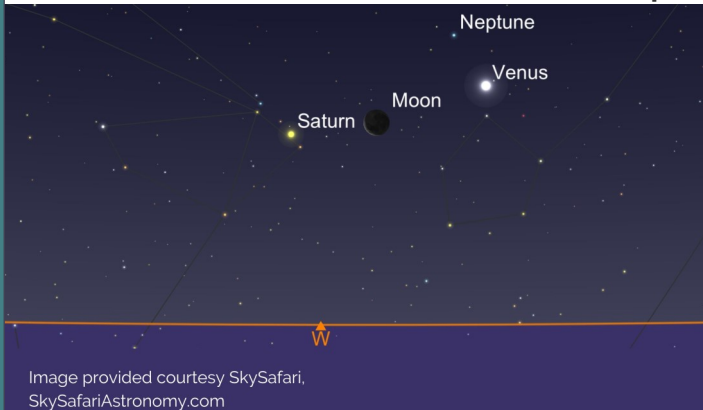


someecards
user card

For more information on each event visit the amazing website: <https://astrotourismwa.com.au/february/>

February Stargazing

Saturn and Venus Meet the Moon | 1st February



When and where to look:

Head outside at about 8pm and look to the western horizon.

Something Interesting:

Venus is the brightest planet we can see from Earth and it's about 450 degrees Celsius! It may not be a great place to visit, but thanks to our Sun's light reflecting off a thick layer of sulphuric acid, it certainly makes for a spectacular sight in our evenings. Often called the "Evening Star", the sulphuric acid that surrounds Venus makes a great reflection for our Sun's light. That's why it's so bright

Image provided courtesy SkySafari.
SkySafariAstronomy.com

Venus is at its Greatest Brilliance | 15th February

After the sun sets, Venus will make a striking sight setting on the western horizon. Tonight Venus is at what's known as its "greatest brilliance" and is the brightest it gets for the year. Through a telescope, Venus will appear as a crescent shape but it's close to Earth at the moment and that's why it appears so bright.

From our position on Earth, Venus has phases just like our Moon. This is because Venus is inside Earth's orbit, so when it is closest to Earth, we can only see part of the surface of the planet that is illuminated by the Sun's light.

Something Interesting:

Ancient astronomers recognised that five "stars" moved quickly and predictably across the night sky. These stars were monitored and tracked and are now known as the five planets visible to the naked eye: Mercury, Venus, Mars, Jupiter and Saturn.

When and where to look: From 7.30pm, 22nd February in the west.

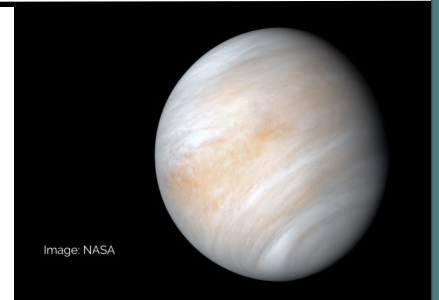


Image: NASA

Alpha Centaurids Meteor Shower | 8th February

The Alpha Centaurids Meteor Shower returns to WA's night sky from 28th January to 21st February, peaking on 8th February.

When and where to look:

The peak of the Alpha Centaurids Meteor Shower is from 11pm on 8th February. However, this year's Alpha Centaurids Meteor Shower peak coincides with a first quarter moon. Wait until after 2am on 9th February to reduce the impact from the moonlight. Look towards the south east and to the left of the Southern Cross.



Orion the Hunter is a famous summer constellation, and it is up in the early evening for you to see now. First thing in the evening, look directly to the east. The brightest star you'll see is Sirius.

Directly to the left of Sirius is what is often referred to as 'the Saucepan', and it's part of the Orion constellation. There are three bright stars in a reasonably straight line that make up the base of the saucepan, and a handle sticks out at the top right.

Orion has been known since ancient times. In Greek mythology, Orion is a mighty hunter, but his image is upside down in the southern hemisphere. The three bright stars of the base are Orion's belt, and the saucepan handle form Orion's sword.

Something Interesting

If you have a telescope, there's a beautiful object for you to find in Orion. The middle star of the handle of the 'Saucepan', is not just one star at all. When looked at through a telescope or powerful binoculars, the beautiful Orion nebula reveals itself. A nebula is a gaseous region in space where new stars are born. The Orion Nebula has about 700 baby stars that give the glow. It is approximately 1,400 light years from Earth and is a massive region of about 24 light years in diameter.

Starlink

Starlink, the satellite internet service launched by SpaceX, is on a mission to connect the entire globe!

Since its debut in 2019, this ambitious project has already sent over 7,000 satellites zipping around our planet, and it's aiming for the stars—literally—with plans to expand its fleet to nearly 12,000, and even a whopping 34,400 in the future!

By September 2024, Starlink had over 4 million subscribers, showing just how much people crave reliable internet access. This innovative service, developed in the tech hub of Redmond, Washington, started with a jaw-dropping investment of at least \$10 billion. While it faced some bumpy roads at first, Starlink hit its stride and began turning a profit in 2023. Looking ahead, revenues are projected to soar to an impressive \$11.8 billion by 2025!

But Starlink isn't just about keeping you connected during your favorite Netflix binge—it's also making waves in military applications. During the Russo-Ukrainian War, for example, it proved to be a crucial tool, with a special version called Starshield designed for government use.

Visit the informative Wikipedia page on Starlink for an interesting read.
<https://en.wikipedia.org/wiki/Starlink>

Want to see Starlink zooming across the sky? The below website has a live map. It also lets you put in your location and tells you when and where to look.

<https://findstarlink.com>

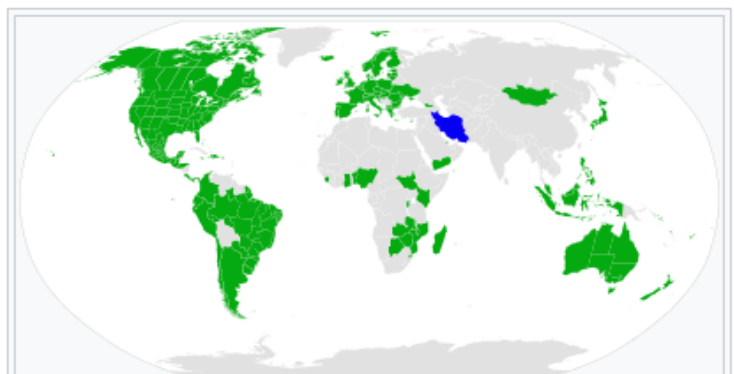
Starlink is owned by SpaceX. SpaceX CEO Elon Musk hopes to capture the \$1 trillion worldwide internet connectivity market to help achieve his Mars colonization vision.

Fun Facts

- Starlink Satellites travel about 28,000 KM per hour
- They have a life span of around 5yrs
- The first 2 Starlink test crafts launched in 2018 were named TinTinA and TinTinB



The Starlink constellation, phase 1, first orbital shell: 72 orbits with 22 each, therefore 1584 satellites at 550 km (350 miles) altitude



Starlink availability, October 2024

- Active
- Active without approval
- Approved and pending activation
- Not covered

World Radio Day is coming up !

Do you (or someone you know) have a stand-out story to tell that involves radio?

Whether it was to help you specifically/ to help save a life/ in an emergency situation/ changed how you did things or offered new or better opportunity - any story really! past or present

With limited phone reception radio has been an important tool in our area for pastoralists, prospectors, miners, truck drivers and even the tourist travelling through. It doesn't matter what kind of story (funny or serious), if it involves radio it is important.

Please email your stories to Sophia Alston (ABC reporter):

Alston.Sophia@abc.net.au

or call her on:

0460 608 273

You are also very welcome to just let me know your stories and I can pass them on.
(Tegan at the Sandstone Shire Office)

The cut off date is the first week in February so let me know asap



We love dogs!

But we don't like dog poo around our homes.

Please pick up your dogs droppings.



Please note that the majority of the land surrounding the Sandstone Town site and the areas between towns, is Station land owned by private individuals and is, therefore, private property.

Station owners are permitted, by law, to lay baits on their land to control predatory animals in order to protect their cattle / calves.

Please be aware that birds do pick up these baits and drop them close to the roads and within the town site.

It is in your best interests to keep your dogs on leashes at all times and to place muzzles (without tongue gaps) on your dogs while out and about to prevent accidental exposure to poisons.



WARNING
1080 POISON
BAITS LAID HERE

DOMESTIC DOGS, PETS & ANIMALS MAY BE
AFFECTED IF THEY EAT BAITS OR DEAD ANIMALS
PROTECT BY RESTRAINING OR MUZZLING

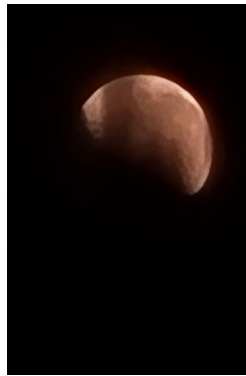
BAITS LAID FOR:
FOXES / WILD DOGS / FERAL PIGS

Community Photos

Please send your photos to cso@sandstone.wa.gov.au **by the 25th** for publication in the next Bush Telegraph and don't forget to provide your name with your Photos.



Above: Nala choosing the movie of the month (Lachlan and Daryl in the background)

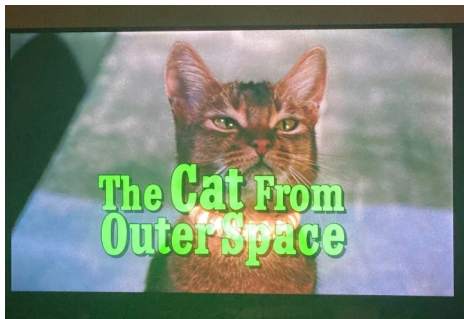


Red Moon
-By Tracey



Largest Bungarra spotted!
(Photo by Steph)

Below: Movie of the month chosen
(Photos by Stephanie Brown)



Steph the Stargazer

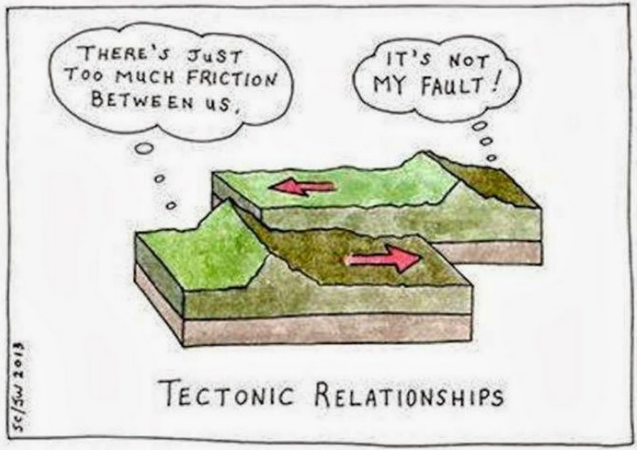
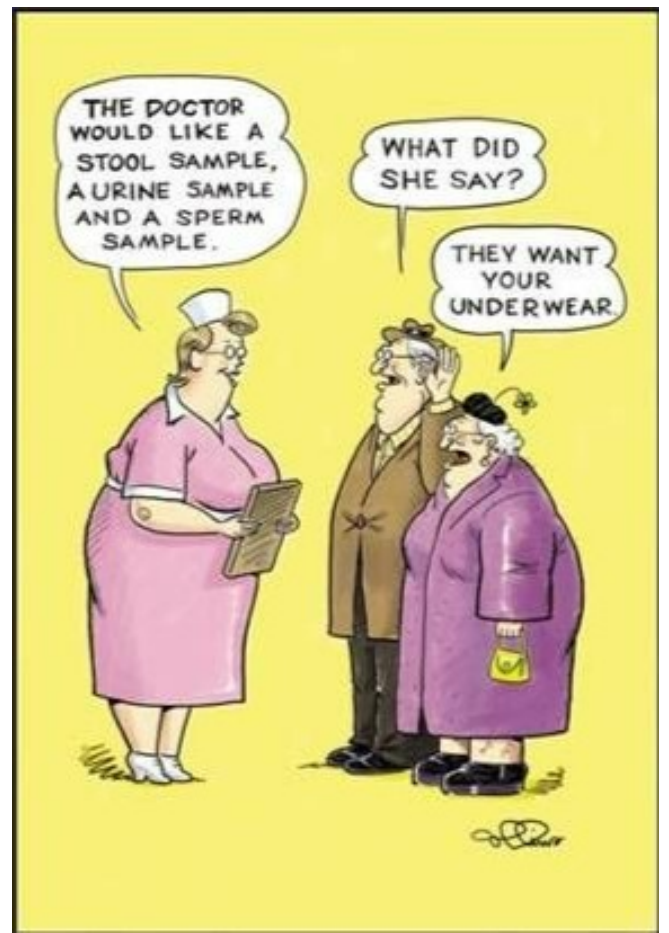


Gary with the grapes grown at the caravan park. Thank you to Leanne and Gary for sharing them with Sandstones locals and visitors. They were a hit!



Sandstone light show—Free admission (Photo by S.Brown)

FUNNIES



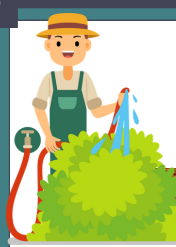
The sun must be a pretty dodgy guy... the sunflower never takes its eyes off him!



Do You have a date for Valentines Day?

Yes, its February 14th





JUST ADD Water

Sandstone Gardening news, tips, tricks and interesting facts

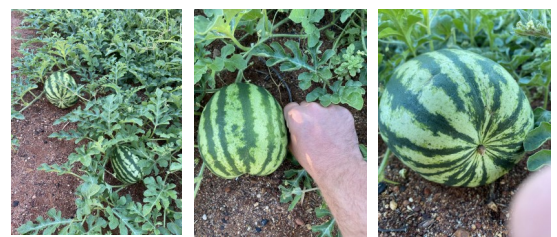
Watermelon—the perfect summer fruit

Facts:

- Wild watermelons are native to South Africa.
- **There are more than 1,200 varieties of different watermelons.**
- Although many people prefer not to, all of the watermelon including the rind can be eaten.
- **There is evidence showing that the first watermelon ever grown was in Egypt approximately 5,000 years ago.**
- Watermelon juice may relieve muscle tension.
- **In 2013 the heaviest watermelon ever recorded weighed 350.5 lbs.**

Growing Tips:

Water deep and regular.
 If possible, for about 10 days before harvest stop watering or at least not as much. Excess water at this time may dilute the flavor and cause the melons to split.



Steph and Lachlans Juicy Melons. Above-Growing Below-Enjoying



When are they ripe?

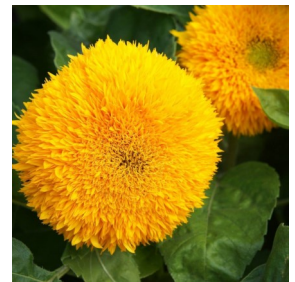
The tap test—does it sound hollow?

The area touching the ground will be a yellow-ish colour.

The small tendrils around where the watermelon connects to the vine will be dry.

Teddy Bear Sunflowers

The 'Teddy Bear' sunflower is named for its cute, plush-like appearance. This sunflower variety grows to about two to three feet tall and boasts large, fluffy golden flowers. These sunflowers bloom from mid-summer until the first frost, attracting bees, butterflies, and birds. Both the petals and seeds are edible. What a cutie patootie !



www.theseedcollection.com.au/sunflower-teddy-bear-p

The Seed Collection website also has grow guides for many different seeds—if you are ever unsure of anything (including common problems with solutions) check out their page : www.theseedcollection.com.au/growguide

Best Months to Plant

	J	F	M	A	M	J	J	A	S	O	N	D
Cool									✓	✓	✓	✓
Temperate								✓	✓	✓	✓	✓
Sub-Tropical	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓
Tropical			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Arid	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Wow! Look at these giant purple teddy bear sunflowers!... Or are they?



Although Teddy Bear Sunflowers are real these huge purple ones look a little suspicious...

Looking into them I couldn't find a trustworthy source and as there are many seed/plant scams now I thought I'd share some images of fake plants for sale online. **Rainbow roses and cute kitten flowers!**

Always be careful buying from unknown sources as some scams can be very convincing. Even some cacti have had the 'flower' glued on!



martha stewart

Peanut-Butter-and-Jam Heart Cookies

Peanut butter and jelly...but make it a cookie.

By **Martha Stewart**

Prep Time: 45 mins

Total Time: 1 hr 15 mins

Yield: 2 dozen

Ingredients

- 1 ½ cups all-purpose flour
- 1 ½ teaspoons baking powder
- ¼ teaspoon salt
- 1 stick unsalted butter, room temperature
- ½ cup granulated sugar
- ½ cup packed light-brown sugar
- 1 cup creamy peanut butter
- 1 large egg
- ½ cup raspberry jam, stirred to loosen



Directions

Step 1 Whisk together flour, baking powder, and 1/4 teaspoon salt. Beat butter and sugars with a mixer on medium speed until pale and fluffy. Beat in peanut butter, then egg. Reduce speed to low, and beat in flour mixture until dough forms. If dough is sticky, refrigerate for 5 to 10 minutes.

Step 2

Preheat oven to 350 degrees. Roll dough into 1 1/2-inch balls (about 2 tablespoons each). Arrange on parchment-lined baking sheets, spacing 1 1/2 inches apart. Press into 1 3/4-inch rounds. Press hearts into centers using your fingertips. Refrigerate for 20 minutes.

Step 3

Bake for 12 minutes. Remove from oven, and reshape hearts using your fingertips or the handle of a wooden spoon. Fill indentation of each with a generous 1/2 teaspoon jam to form a heart. Bake until cookies are firm, 6 to 7 minutes more.

Storage

Cookies can be stored at room temperature for up to 2 days.

www.marthastewart.com/356375/peanut-and-jam-heart-cookies

[Peanut-Butter-and-Jam Heart Cookies Recipe](#)



HAPPY Valentine's DAY



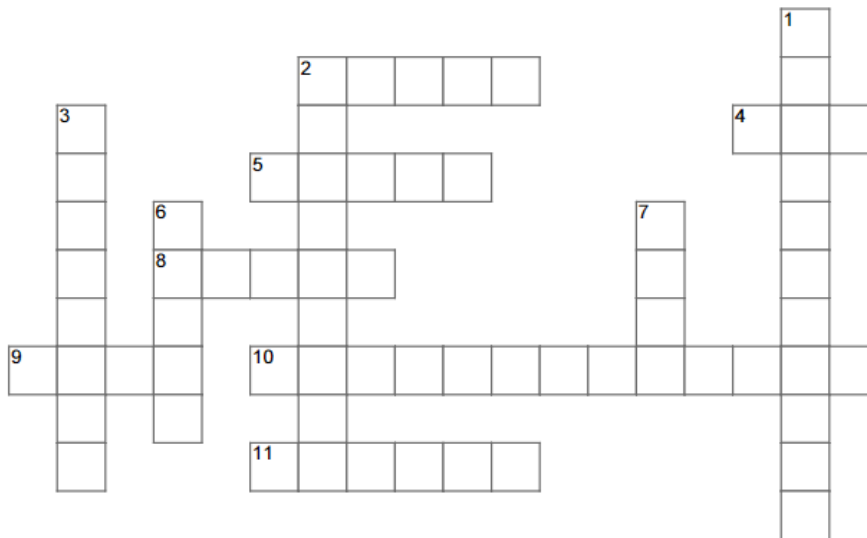
X U W F F K P L T J R K C E D L V H P J T Q
 J T S P A S S I O N O P C H V X O C U N Y F
 L W G Y H C K C M R M D D U O C B V O G G E
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 P H X B P N B J S Q N Z V E T F O C K R I R
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DATE
 BE MINE
 PASSION
 HUG
 FEBRUARY
 LOVE

ADMIRER
 SWEETHEART
 CANDY
 LOVERS
 GIRLFRIEND
 HEART

BOYFRIEND
 GREETING CARD
 PARTY
 CHOCOLATES
 ROMANCE
 KISS

FRIEND
 FLOWERS
 GIFT
 ROSE
 VALENTINE
 CUPID



ACROSS

- 2. Shoots arrows at people.
- 4. Favorite Valentine's Day color.
- 5. Favorite flower for Valentine's Day.
- 8. Cupid shoot this and people fall in love.
- 9. Many people send one to a friend on Valentine's Day.
- 10. The name of this holiday is
- 11. Expression often said on Valentine's Day "Be _____"

DOWN

- 1. Heart shaped candy with words
- 2. "Kisses" is one kind of this type of candy.
- 3. The month of Valentine's Day.
- 6. Kids love Valentine's Day because they want to eat a lot of
- 7. Valentine's Day is the day of

Sudoku

Each Row must have 1-9

Each column must have 1-9

The nine squares must all have 1-9



			4	8		2		9
				7			5	1
	8	3		2				
		4						
7	6							2
	5		7		9			
		7			5	9		4
						5		
4			8			6	7	

Valentines Word Scramble

1. PRAYT _____
2. FEORWSL _____
3. DICUP _____
4. NRREDIILFG _____
5. SSKI _____
6. DYANC _____
7. READIMR _____
8. NEIILTANV _____
9. HGU _____
10. RESO _____
11. CCHAOTOLE _____
12. ETAD _____
13. FENIDR _____
14. RCDA _____
15. HRATE _____
16. ARETETEHWS _____
17. LVOE _____
18. FRARBYUE _____
19. TFIG _____
20. NFERIDYOB _____





WESTERN AUSTRALIAN Electoral Commission

State elections are coming up on the 8th March 2025.

Make sure your details are correct and apply for a postal vote if needed.

The below website will take you to the WA Electoral Commission site for more information.

[WA Elections | Western Australian Electoral Commission](#)

www.elections.wa.gov.au

Key dates

Mark it in your calendar

<p>3 JAN</p> <p>■ POSTAL</p> <p>Postal voting applications open Apply here for a postal vote.</p>	<p>13 FEB</p> <p>Electoral roll closes The electoral roll will close at 6pm. You need to be correctly enrolled to vote. Enrol, check or update your details.</p>	<p>19 FEB</p> <p>■ POSTAL</p> <p>Postal voting starts Postal voting packages start being sent out. Mark your ballot papers, complete the declaration form and return by post immediately.</p>
<p>23 FEB</p> <p>Mobile polling starts Election workers will visit remote communities, hospitals and selected institutions to provide residents or patients the opportunity to vote.</p>	<p>24 FEB</p> <p>● EARLY ▲ ASSISTED</p> <p>Early polling and phone assisted voting starts Early polling places open from today. Eligible electors can apply to vote by phone from today.</p>	<p>5 MAR</p> <p>■ POSTAL</p> <p>Postal voting applications close Applications for postal voting close at 6pm.</p>
<p>7 MAR</p> <p>● EARLY</p> <p>In-person early voting closes Early polling places close at 6pm.</p>	<p>8 MAR</p> <p>Election day Polling places throughout the State will open for voting from 8am-6pm sharp. This is your last chance to vote.</p>	<p>13 MAR</p> <p>■ POSTAL</p> <p>Deadline for postal votes to arrive Your completed postal ballots must be received by the WA Electoral Commission by 9am, 13 March. Make sure you allow for Australia Post delivery times as postal votes received after this time will not be counted.</p>

Also, Local government elections will take place in October 2025.

Sandstone Community Craft Group

CAN YOU HELP ?

The Sandstone Community Craft Group is looking for donations of old jeans for a new project they are working on.

They don't mind if they are faded, worn or torn but please nothing covered in grease.
Any Size! Any Style!

For further information,
please contact Karan on
0418 905 090.



SHOPS IN SANDSTONE

THE POST OFFICE CAFE



Open
Monday to Friday
7am—2pm
Closed Weekends
and Public Holidays

OUTBACK ACCOMMODATION



Outback Accommodation offer a selection of heat-and-eat meals plus basic pantry needs, canned goods, toiletries, fresh milk, eggs and ice.

They are located on the corner of Oroya St and Thaduna St.
phone: (08) 99635869

THE SANDSTONE CONVENIENCE STORE



Closed until further notice.

Lawn Bowls

Sandstone Community Rec Centre

2 sets of Lawn Bowls are available at the Visitor Centre, however, anyone wanting to play can arrange to collect the key from the Shire Office Monday to Friday between 08:00 and 17:00



The Community Bus

Day trip to Mt Magnet and back — Running fortnightly



Please contact the shire office to confirm times/dates and to book as spots are limited.

(08) 9963 5802

5th February
19th February

And so forth fortnightly.





The Sandstone Bush Fire Brigade is looking for volunteers

Meetings are held regularly
at the Bush Fire Brigade Station
Lot 73, Rowe Street

New volunteers are needed or anyone willing to
lend a hand and participate if required.

For more information, please call The Shire Office on (08) 9963 5802



St John

Make a difference for your community.
Become an ambulance *volunteer*.

Supporting your Sandstone community is one of the best ways to get to know it. Join a social, inclusive and committed team, and you'll be surprised by the friendships you'll make, which can be as rewarding as the good you're doing for your town.

- Full training provided in a friendly, supportive environment.
- No medical experience required – all you need to get started is a police check, a clean driver's licence, and a can-do attitude.
- Not all callouts are emergencies – help with routine patient transport.
- Commit to shifts to suit your schedule – a minimum of 60 hours per annum.
- Uniforms and ambulance cover provided free of charge.

Your next move.

If this sounds like something you'd like to explore, visit stjohnchangelives.com.au or call St John Sandstone on 0458 452 364, or email cp.midwesteast@stjohnrwa.com.au



Before attending the nursing post on Doctor days,
please contact Lana to make an appointment.

Lana can be contacted at home on 08 9963 5831
or
at the nursing post on Thursdays on 08 9963 5808

Thank You

Sandstone Physiotherapy Visiting Dates 2024

To be Advised

The Physio is currently provided via Telehealth
To make an appointment, please phone Geraldton
Physiotherapy Reception on 08 9956 2204

TELEPHONE HELP LINES

[Mental Health Emergency Response Line](#) : Tel: 08 9224 8888

(formerly Psychiatric Emergency Team) Perth WA 6000

[Rural Link](#) : Tel: 1800 552 002

4:30pm - 8:30am weeknights

24 hours on weekends and public holidays

Emergency Number
Royal Flying Doctor Service

1800 625 800



Meekatharra RFDS Flying clinics 2025

February	Thursday 6th	Sandstone	Dr John Terry
	Thursday 20th	Sandstone	Dr Phil King
March	Thursday 6th	Sandstone	Dr Di Comley
	Thursday 20th	Sandstone	Dr John Terry
April	Thursday 3rd	Sandstone	Dr John Terry
	Thursday 17th	Sandstone	Dr Di Comley
	Thursday 1st	Sandstone	Dr Phil King
May	Thursday 15th	Sandstone	Dr Phil King
	Thursday 29th	Sandstone	Dr Di Comley
June	Thursday 12th	Sandstone	Dr John Terry
	Thursday 26th	Sandstone	Dr Phil King

Dental TBA



Government of Western Australia
North Metropolitan Health Service
Dental Health Services

Health Services

SANDSTONE NURSING POST

IRVINE ST SANDSTONE

Nurse - Lana Lefroy 9963 5808 or 9963 5831

Wiluna Medical Services Available

The following medical services are available from visiting specialists through the Wiluna Medical Centre.

These services are provided free of charge to Sandstone residents and the travelling public.

To make an appointment with visiting specialists, contact Wiluna Medical Centre on **(08) 9981 8600**

Dentist (Monthly)

Gynaecologist

Audiologist

Ear, Nose and Throat (ENT)

Cardiologist

Respiratory

Health and Well being services

Child Health Services,

Paediatrician

Mount Magnet Medical Services

Ph for appointment with the GP (08) 9940 3222

Specialist & Allied Health

Services include:

- Cardiologist
- Sonographer
- Respiratory Physician
- Clinical Nurse Specialist
- General Physician
- Dietician
- Diabetes Education
- Podiatrist
- Audiologist
- Physiotherapy
- Renal Education
- Palliative Support Team

How do I see a visiting specialist?

To see the visiting specialists at Murchison Outreach Service (Mt Magnet) you must see the GP who will refer you to the appropriate specialist.

Need to know more? Contact our Specialist Clerk or specialist Nurse for further information on

Police, Fire and Ambulance Dial

000

Sandstone is a remote township which currently has
NO EMERGENCY MEDICAL HEALTH SERVICE

If you require **EMERGENCY MEDICAL ASSISTANCE** dial

1800 625 800

This will put you in contact with the **Royal Flying Doctor Service**,
who will provide immediate advice to you.

SANDSTONE NURSING POST

Irvine Street, Sandstone
RFDS Doctor in attendance every second week
9:00am - 11:30am.

Nurse in attendance until 4:00pm

Nurse in attendance every Thursday 9:00am - 4:00pm

Phone Number	(08) 9963 5808
After Hours	(08) 9963 5831
Contact person	Lana Lefroy

Should you be traveling and require medical assistance,
24 hour / 7 day services are provided at :

MOUNT MAGNET NURSING POST

Corner of Criddle and Welcome Street, Mt Magnet
Monday - Friday 8:30am - 4:00pm. Closed for lunch

Staff on call for emergencies (08) 9963 3100

MEEKATHARRA HOSPITAL

Savage Street, Meekatharra

24hour casualty service (08) 9961 0600

PUBLIC NOTICES

Notice of an application for determination of native title in Western Australia

Notification day: 12 February 2025

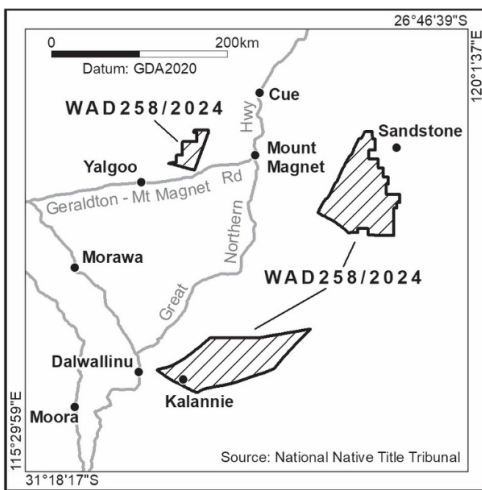


National Native Title Tribunal

This is an application by a native title claim group which is asking the Federal Court of Australia (Federal Court) to determine that the group holds native title in the area described below.

If you want to become a party to this application, you must file a Form 5 (Notice of Intention to become a Party) with the Federal Court, **on or before 12 May 2025**. Further information regarding how to file a Form 5 is available from www.fedcourt.gov.au. After **12 May 2025**, you will need to seek leave from the Federal Court to become a party.

Under the *Native Title Act 1993* (Cth) there can be only one determination of native title for a particular area. If a person with native title rights and interests does not become a party to this application, there may be no other opportunity for the Federal Court, in making its determination, to take into account those native title rights and interests in relation to the area concerned.



Application name: Ashley Bell & Ors on behalf of Badimia Barna Native Title Claim Group and State of Western Australia
Federal Court File No: WAD258/2024
Date filed: 12 September 2024
Registration test status: The Native Title Registrar has **accepted** this application for registration

Description of area: The application area consists of three discreet areas with a total combined area of about 11,230 sq km, located in the Mid West and Wheatbelt regions in the vicinity of Kalannie, Mount Magnet and Sandstone Townsites

Relevant LGAs: Shires of Dalwallinu, Koorda, Mount Magnet, Mount Marshall, Sandstone, Wongan-Ballidu and Yalgoo

For assistance and any further information about this application, including the description of the area, call Huia McGrath on 08 6317 5442 or visit www.nntt.gov.au.

Pastoralists and D.E.C. in Sandstone and surrounding Shires have an ongoing wild dog bait programme.

Baits are on the ground ALL year round and are fatal dogs

Dogs are **NOT PERMITTED** on a pastoral lease unless permission has been given.

To avoid being penalised all dogs and cats must be kept in your yard **OR** on a leash at all times.

Please clean up after your dog!!!!

All dogs must be registered.

If your dog is not registered or you are unsure, please contact the Shire office.

Dog registrations are due at the end of October each year.



Directory of Services



KARL IBBOTSON

Phone: (08) 9963 4004
 Fax: (08) 9963 4074
 Mob: 0427 991 893
 Email: murchisonpower@bigpond.com.au
karlibbotson@bigpond.com.au
 Web: www.murchisonpower.com.au
 Lot 483 Criddle Street
 PO Box 204 Mt Magnet WA 6638





- Construction & Maintenance of all Power Systems
- Licensed Shotfirer
- HV and LV Cable Jointing
- Crane/Borer and Pole Jinker Hire
- Elevated Work Platform
- Switching Operator
- Tree Lopping
- All Electrical Applications (Domestic / Commercial / Industrial)

JPB Contracting

Paul (Scruffy) Bennett

Ph: 0427 841 888

IF YOU REQUIRE THE SERVICES OF A JUSTICE OF THE PEACE PLEASE CALL MARGARET DUHIG ON 0412 652 835 FOR AN APPOINTMENT. THIS IS A FREE AND CONFIDENTIAL SERVICE.



Please note this is NOT a service provided at the Shire of Sandstone so please call for an appointment .



YOU MUST CONTACT THE SHIRE OF SANDSTONE PRIOR TO DISPOSAL OF ANY ASBESTOS MATERIALS

Phone (08) 9963 5802
 Mondays - Fridays
 8:30 - 4:00pm

LEGAL ACTION WILL BE TAKEN FOR NON-COMPLIANCE

Westcoast Seafood
 Email: coral@westcoastseafood.com.au

Directory of Services

OUTBACK ACCOMMODATION SANDSTONE

(08) 9963 5869

outbacksandstone@gmail.com



GOLDEN EARTHWORKS

Contract front end loader work available.

Contact Lachlan Brown for more information:

PH: 0487 366 360



PL9934 | GF6916 | BF7329



PLUMBING & GAS

SERVICING MID WEST & GOLDFIELDS REGIONS

MINING | COMMERCIAL | RESIDENTIAL | INDUSTRIAL

24/7 EMERGENCY

PH : 0416 307 843 | ADMIN@LEISKHYDRAULICS.COM.AU

Community Bulletin Board



Ordinary Meeting of Council

No January Meeting

The next Ordinary Meeting of Council
is Thursday **27th FEBRUARY 2025**
from 1:00pm in Council Chambers

When prepared, the Agenda can be viewed online
at www.sandstone.wa.gov.au or at the Sandstone Library



Telehealth is Here!

Sandstone has received a computer for telehealth consults using the Avaya website (video conferencing system).

Community members will now be able to have face-to-face consults with their medical practitioners in a private room in the Sandstone Community Hall.

Appointment dates and times for the use of these facilities must be booked in with the Shire on 9963 5802



Community Bulletin Board

ATTN. SANDSTONE !

If you would like your details listed in the next Sandstone Directory please email with your full name, number and any other details you would like included.

Email: cso@sandstone.wa.gov.au



Merome
BEARD MLA
YOUR LOCAL MEMBER OF PARLIAMENT

Supporting Sandstone & our
Regional Communities

Get in contact

- 08 9941 2999
- northwest@mp.wa.gov.au
- @MemBeardMLA 20
- Robinson Street, Carnarvon WA 6701



Taking Common Sense to Perth

Authorised by S. Morgan, Liberal Party, 2/12 Parliament Place, West Perth WA 6005.

SHANE LOVE MLA

THE NATIONALS WA FOR MID-WEST



**EXPERIENCE.
COMMITMENT.
RESULTS.**



(08) 9322 7856

shane.love@nationalswa.com

Authorised by Shane Love, 39 Hasting Street, Jurien Bay 6516

Community Bulletin Board

Useful Sandstone Telephone Numbers

Shire of Sandstone Office & Post Office	08 9963 5802
Sandstone Museum & Visitor Information Centre	08 9963 5061
Alice Atkinson Caravan Park	08 9963 5859
Sandstone Nursing Post	08 9963 5808
Outback Accommodation	08 9963 5869
Justice of the Peace	0412 652 835
Main Roads - Road Conditions (24 Hr Customer Contact Centre)	13 81 38
Mt Magnet Police	08 9963 3222

ROTARY CLUB

We are the very first Rotary Club that is based purely online in WA. This enables people living in remote/regional areas the option to still provide a service to their local community by joining Rotary E club of E.WA. It's a new and vital Rotary Experience.

We meet via online webinars and the use of Facebook, both open to the public and private sessions.

Name: E-WA Rotary
Address: www.ewarotary.org.au

www.facebook.com/ewarotary
Ph 0408 802 490

Community Group Name:

E-WA Rotary—Kerry O'Shea
rotaryewa@gmail.com

We'd love to hear from you :)

Community Bulletin Board

Mount Magnet Post & Lotteries

Gifts, cards, stationery, art supplies.
Passport photos and much more
Drop in and browse

Check out the website www.mtmagnetpost.com
Phone: 0419 968 514
(Please text with parcel enquiries)

**Sandstone Library is located within the
Shire Administration Building
Monday - Friday 8.00am - 4.30pm**

- Interlibrary Loans
- Audio Books
- Internet access
- DVDs
- Fiction and non Fiction books



Heritage Museum & Visitor Centre

Open seasonally
9am—4pm
(April –Oct)



Looking for Gold?

Want to Prospect near Sandstone?



Please contact the
Department of Mines and Petroleum,
Cr Hepburn and Richardson Streets,
Mount Magnet

Telephone (08) 9963 4509
Fax (08) 9963 4488



If you have a story, photo, birthday, or something else you would like to see in the
Bush Telegraph, please email

cso@sandstone.wa.gov.au

Puzzle Solutions

♥ happy ♥
 Valentine's
 ♥ day ♥

5	7	1	4	8	6	2	3	9
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- PRAYT PARTY
- FEORWSL FLOWERS
- DICUP CUPID
- NRREDIILFG GIRLFRIEND
- SSKI KISS
- DYANC CANDY
- READIMR ADMIRER
- NEIELTANV VALENTINE
- HGU HUG
- RESO ROSE
- CCHAOTOLE CHOCOLATE
- ETAD DATE
- FENIDR FRIEND
- RCDA CARD
- HRATE HEART
- ARETETEHSW SWEETHEART
- LVOE LOVE
- FRARBYUE FEBRUARY
- TFIG GIFT
- NFERIDYOB BOYFRIEND

30-DAY BUTT *and* GUT CHALLENGE



PLANKS



LUNGES



SQUATS



CRUNCHES

T TONE & TIGHTEN
real fitness for real people

Tone-and-Tighten.com

DAY 1: 10 Squats, 10 Crunches

Day 2: 10 Lunges, 30 sec Plank

DAY 3: 10 Squats, 15 Crunches

DAY 4: 10 Lunges, 35 sec Plank

DAY 5: REST

DAY 6: 15 Squats, 15 Crunches

DAY 7: 15 Lunges, 40 sec Plank

DAY 8: 20 Squats, 20 Crunches

DAY 9: 15 Lunges, 45 sec Plank

DAY 10: 20 Squats, 25 Crunches

DAY 11: REST

DAY 12: 20 Lunges, 50 sec Plank

DAY 13: 25 Squats, 25 Crunches

DAY 14: 20 Lunges, 55 sec Plank

DAY 15: 30 Squats, 30 Crunches

DAY 16: 25 Lunges, 60 sec Plank

DAY 17: REST

DAY 18: 30 Squats, 35 Crunches

DAY 19: 25 Lunges, 65 sec Plank

DAY 20: 35 Squats, 35 Crunches

DAY 21: 30 Lunges, 70 sec Plank

DAY 22: 40 Squats, 40 Crunches

DAY 23: 30 Lunges, 75 sec Plank

DAY 24: REST

DAY 25: 40 Squats, 40 Crunches

DAY 26: 35 Lunges, 80 sec Plank

DAY 27: 45 Squats, 45 Crunches

DAY 28: 35 Lunges, 85 sec Plank

DAY 29: 50 Squats, 50 Crunches

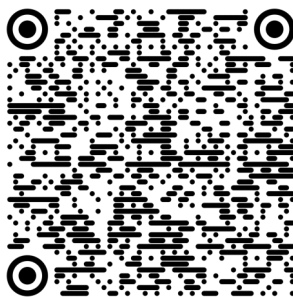
DAY 30: 40 Lunges, 90 sec Plank

The Bush Telegraph is available digitally on the Shire of Sandstones website

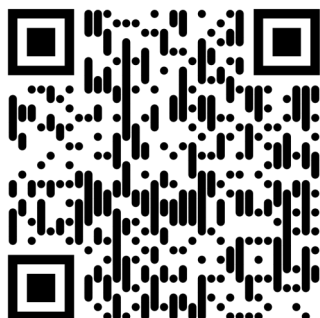
www.sandstone.wa.gov.au/community/the-bush-telegraph

If you have something to share please email me by scanning the below QR code

Scan this to send me an email!




Scan to visit our website



Scan to check Road conditions



February 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Bus	6 Doctors clinic	7	8
9	10 Westcoast Seafood delivery day	11	12	13 Nurses post	14 Valentines day 	15
16	17	18	19 Bus	20 Doctors Clinic	21	22
23	24	25	26	27 Nurses Post Council Meeting	28	



Internet access is available at the Sandstone Library in the Shire Administration Building using our computers

**Monday - Friday
8.00am - 4.30pm**

Please note :
We don't have public WIFI

If you would like your event to appear on the Community Planner please contact the Shire of Sandstone - Phone: 08 9963 5802 Email: dceo@sandstone.wa.gov.au