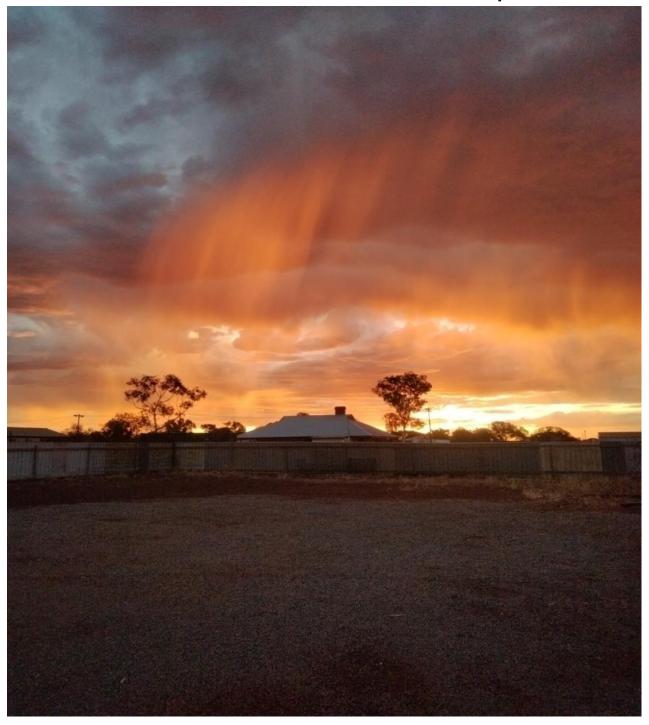
FREE



BUSH TELEGRAPH

April 2023 Edition



The Shire of Sandstone Hack St, Sandstone WA 6639 Ph: (08) 9963 5802 | Email: reception@sandstone.wa.gov.au 2

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Disclaimer

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The opinions expressed have been published in good faith on the request of the person requesting publication, and are not those of the Shire of Sandstone.

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Contributions

Please contact the Shire of Sandstone Administration Office if you wish to contribute to the Bush Telegraph and take part in a chance to win a \$50.00 cash prize.

You can email your contributions to administration@sandstone.wa.gov.au or drop it into the Shire Administration Building.

If you wish to stay anonymous, you can put your contribution in an envelope, write 'Bush Telegraph' on the front and drop it in the red mailbox at the Shire Administration building.

Feedback

Tell us what you liked, what you didn't like, what could be improved and what you like to see.

Cut out and drop your feedback form in the Shire office at Reception or email to administration@sandstone.wa.gov.au



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SHIRE NEWS

HACK STREET SANDSTONE WA 6639 PHONE: 08 9963 5802

EMAIL: reception@sandstone.wa.gov.au

From the Desk of the CEO

March Meeting

Policies

After some months deliberating the subject, Council have formally adopted the Attraction and Retention policy. This is the amalgamation of six policies and shows all Council's attraction and retention strategies in one policy.

Whilst on the subject of policies, Council adopted a Master Key policy, reviewed its Private Works and Community Bus hire policy and adopted a CCTV policy.

Elections

Recent changes to the Local Government act and Council Elections have dictated that we use the Western Australian Electoral Commission for Council's Local Government Elections to be held in October this year.

This means that every elector will receive their voting papers in the mail. Instructions will be given out closer to the election.

Sale of Land

We have also formalised the process and finalised the sale of another vacant lot in Thaduna street.

Capital Works.

We are looking at completing our capital works program before the end of June, this means a footpath will be constructed in town on Hack Street from Irvine Street to Oroya Street. Also finalising roadworks on the Paynes Find, Wiluna, and Yeelirrie Roads.

ANZAC

Council will hold its ANZAC service on Tuesday 25th April commencing at 11:00am. Refreshments will be served at the conclusion of the Ceremony.

This year is the first year the ceremony will be held showing off the ANZAC Memorial wall and mural.

Easter

On behalf of Councillors and staff we wish you all a happy easter. Drive safe/find that nugget/or just chill, but enjoy.

CHARLIE BROWN

Chief Executive Officer



SHIRE NEWS

SHIRE OF SANDSTONE
HACK STREET SANDSTONE WA 6639
PHONE: 08 9963 5802

EMAIL: reception@sandstone.wa.gov.au

Council meeting dates 2023

April 27th

May 25th

June 22nd

July 27th

August 24th

September 28th

October 26th

November 23rd

December 14th

Meetings commence at 1:00pm in Council Chambers located at the rear of the Shire Administration Centre

Meetings are open to the public

The Environmental Health Officer for the Shire of Sandstone is Dave Hadden.

Dave's contact details are: Principal EHO/Building Surveyor

Shires of Leonora, Laverton, Menzies & Sandstone

Phone 08 9037 6044 Mobile 0428 376 044

Email healthbuilding@leonora.wa.gov.au

IMPORTANT

Sandstone Nursing Post RFDS Drs Clinic Thursday 20th April 2023

The nurse Lana Lefroy is away.

Please make bookings to see the Dr through the Shire administration. Ph- (08) 9963 5808

Thank you very much Lana Lefroy Sandstone Nursing Post

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MEG GRIFFITHS—TRIBUTE

It was with much sadness that we learnt of the passing of one of our long term residents Margaret Griffiths (Meg), on the 23rd March 2023.

Meg came to Sandstone with her husband Bill and two children, Marcus and Christy, in 1982. Sadly Megs husband passed away in 1988. Meg continued living in Sandstone becoming very much involved in the Sandstone community.



Meg worked for many years at the Post Office/Shop, assisting running this business with Vin Atkinson, the owner.

She loved sport and was a member of the Sandstone Golf Club, holding the position of Secretary and President over the years. Meg enjoyed travelling with her fellow golfers to the Golf Open Days at Meekatharra, Leinster and Mt Magnet.

In 1995 we held our Centenary celebrations and Meg contributed and worked hard as a member on the Shire Centenary Committee, helping to organise this hugely successful weekend. The Shire commissioned to have a stained glass window installed at the Black Range Chapel and much of what was depicted on this beautiful window were Megs suggestions.

In 1996 Meg was employed by the Shire as the librarian and Visitor Centre Officer and held these positions until 2009. Meg was in her element in this job as she loved books and had a fantastic knowledge on the history of Sandstone and the surrounding districts.

Meg enjoyed socialising and was always very supportive and ready to help out at any events or busy bees held in town. In Megs latter years her health problems stopped her from playing golf and being so involved in the community.



Rest peacefully Meg and thank you from the Community of Sandstone for your contribution to our little town over the years. They were much appreciated.

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Astro Dome viewings for 2023 will commence on 31st March.

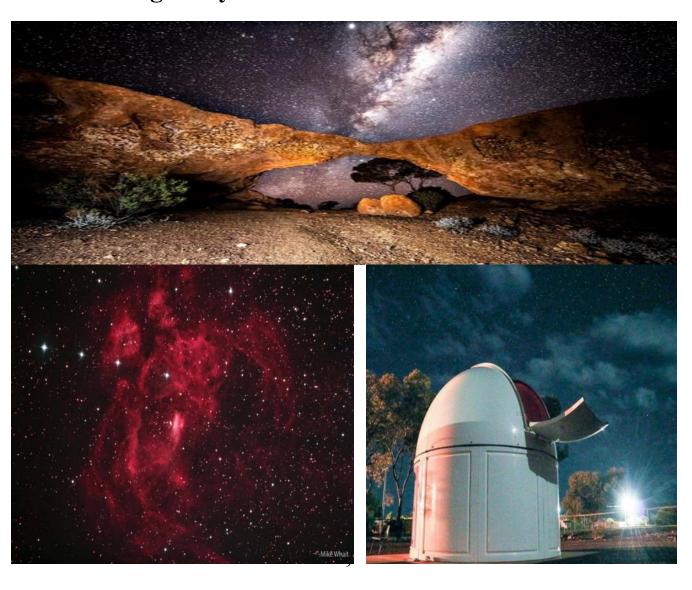
The dome is located on the old school grounds in Griffith St and viewings will be at 7.30pm subject to the weather.

A cost of \$5.50 per person is payable at the time of booking and there will be a maximum of 6 people at each viewing.

Bookings are essential and can be made as follows:

31st March to 10th April at the Caravan Park office. 11th April onwards at the Visitors Centre.

Bring your binoculars and enjoy what the spectacular Sandstone night sky has to offer.



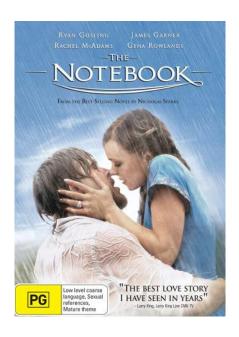
New Library DVDs

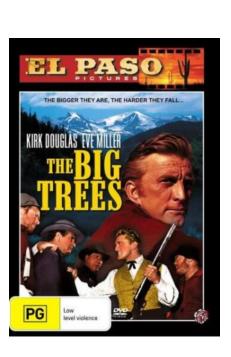
When was the last time you visited the library?

No matter what genre of movie you like, we have the DVD for you.

The Shire have kindly been gifted approximately 550 DVDs, ranging from Cowboys to Who Dunnit's and if you feel so inclined, a bit of romance and a laugh.

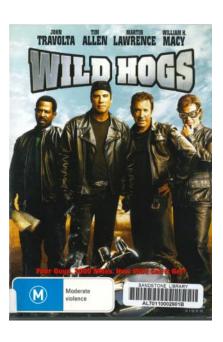
It only takes seconds to become a member so come down and have a look!











Sandstone Golf Club 2023 Season.

The season will commence on Sunday the 16th April, with the AGM at 11:00am. Tee off is 12 midday. Following golf, we will have a Season Opening BBQ for members.

Weekly green fees are \$2 and annual affiliation fees are \$55. This means you are eligible for our club's trophies and your handicap is official so you can play in other competitions at other clubs. For people needing a handicap it takes 3 games of 18 holes, which have been scheduled in before the Meeka Open.

We play for a weekly trophy. There is also a Putts Competition, and the SSC (Sandstone Stapleford Comp) where the best two games are taken from three, with a trophy at the end of the year. The Club Championships are usually held in August with 36 holes of Stroke over two Sundays.

We also play for novelties throughout the year, including a Long Drive, Nearest the Pin in 2, Nearest the pin in 3, longest putts and greenies.

Meekatharra Golf Open is usually on the Mother's Day weekend except this year when it will be the 6th and 7th of May.

Leinster Golf Open will be in July.

Any enquiries please contact Lana Lefroy or we will see you there! Club secretary - 9963 5831



An Exciting Adventure

Written by David Lefroy for the Kalgoorlie School of the Air school magazine in 1975. Home was Cashmere Downs Station and his grandparents Ted and Judy Lefroy were on Yuinmery Station.

For four days it had rained. We had 75 mm, 81 mm, 75 mm and 63 mm. By the time the rain had finished all the main roads were closed and our station and Bulga Downs were cut off from the town by the lakes which were 5 metres over the crossing.

Uncle John from Bulga Downs decided to try to drive to town. He asked Dad if he wanted to try. Dad wanted to because we hadn't had stores or mail for a month.

Dad, Uncle John and I set off in the landrover with three motorbikes on the back. We drove down an old windy sandalwood track, that led to Yuinmery Station- 65 kilometres from town.

After getting bogged continuously Dad said "It's no good doing this, we might get really bogged."

We abandoned the landrover and unloaded the motor bikes. On the way to Yuinmery on the motor bikes we had to go through water 40 cm deep. It was very slippery and I nearly fell off a couple of times.

When we arrived at Yuinmery we asked if we could use their ute. They said we could, so we drove to town, collected the mail and stores. On the way back to Yuinmery it was quite slippery. It was very tricky riding the motor bikes with all the mail and stores. When we came to a slippery patch I fell off.

"Are you all right David?" Dad asked.

"Yes" I called back and I picked up the mail bag which I was carrying and started off again.

When we arrived at the landrover we loaded the motor bikes, stores and mail, turned around and started back. After bogging twice we eventually arrived home.

David Lefroy Year 6

The Lake Fills in '75

In the summer of 1975, a cyclone came through and dropped 17 inches (425mls) on Bulga Downs Station. I think it was called Trixie. The lake system, 14 km north of the homestead filled with water and covered the road. This was the first time in living memory.

My parents Frank and Jean Murray owned the station with Mum's brother, John Lukis (known as Uncle). With a need for stores and mail and commitments such as golf and CWA in Sandstone, a plan was devised to get across, which was adapted over the following nine months, as the water level dropped. Initially Dad took the ute around to the other side of the lake, some 280km via Cashmere and Yuinmery Stations and left it on the other side.

To begin with we used a little tinny boat to cross approximately 3 km of water to the ute, for our trips to town. This boat was also used to explore the lake. The birds that came to nest were amazing, including black swans, red necked avocets, red capped dotterels and blacked winged stilts. Until that time blacked winged stilts had not been recorded nesting in Australia.

When the water began to recede, it exposed an island in the middle, about 1km long between the two expanses of water. Dad made a platform across the back of the tractor and this was used to cross the shallow water and the island before transferring gear into the boat for the deeper section.

Unfortunately there were people who didn't believe the sign "water 6 ft deep" at Menzies. I remember coming back from town one evening to the edge of the lake to find the tractor gone. We stayed in the ute while Dad investigated. It turned out the people had bogged their vehicle, then bogged our tractor trying to get it out. They then walked into the homestead and raised the alarm. Fortunately Uncle was home and was on his way with the other tractor as he knew we would be stranded. Dad and Uncle were livid of course!

Another memory I have was getting to the Sandstone Gymkhana. With my older sisters, Susan and Marina and a friend Barbara home from boarding school, it was not to be missed. The girls walked the horses to the lake and then through the water which they enjoyed. Then Phillip Lefroy came down from Sandstone in his truck to cart them into town. There are sandhills on the northern edge of the lake and they were used as the loading ramp. The Lefroys had taken their truck, horses and gear up through Yuinmery to get to Sandstone. Dad also made a raft from 44 gallon drums and with that, the tractor and boat we managed to float all the gear across. As the Sandstone Gymkhana was a highlight of the year it was worth the mission to get there. We usually supported Meekatharra, Mt Magnet, Wiluna, Paynes Find and even Yalgoo gymkhanas most years, but not in 1975.

Initially when using the boat Dad would navigate by the stars to get home at night, lucky he was a non-drinker! Uncle on the other hand was partial to a few and he remembers one trip where he got lost and made it half way to Leonora! By the time Dad was using the tractor for the whole journey he had invested in a flashing beacon to help him navigate the dark water. It still being perilous to fall off the crossing. Sometimes if we were held up in town the beacon would go flat, so no help at all.

The Lake Fills in '75 - Continued

With all those trips, coming home in the dark with tired children, the only thing they lost was one empty cake tin, which accidently got knocked off and sailed away!

It was an amazing time for us kids, to see so many new birds and such a vast amount of water. The crossing has been built up now and no longer causes a problem.

Lana Lefroy Yuinmery Station





Kit and Sena Lefroy standing at the Road Narrows sign on the main part of the lake crossing, in 2006



Frank with Jean, Lana, Jan and gear on the tractor.



Susan Murray's school friend Barbara, Marina Murray and Frank Murray, rafting gymkhana gear across.



Frank, John Lukis and a visitor in the boat.



Jean Murray with baby Jane Lukis and the 'Road Narrows' sign.



Swans nest with Jean Murray, Barbara, Marina Murray, Lana Murray, Frank Murray and Jan Murray.

Banded Knob-Tailed Gecko

Pictures submitted by Jo

You might recognize below frontpage star from last month.

This gorgeous gecko is called a Knob-Tailed Gecko and belongs to the Nephrurus species. Their size is measured based on their snout-to-vent length. The smaller species has a SVL of approximately 4 inches. The largest has a SVL of approximately 5 to 5.5 inches.

They have been known to live past 10 years of age.

Their diet is highly varied and consists of ants, spiders, cockroaches, crickets, scorpions, caterpillars, beetles, and even smaller geckos and skinks.

Some species might drop their tails if they are really stressed, but they will regrow them. Other species cannot drop their tail but when they feel threatened, they will often growl and bark in order to defend themselves.

These beautiful terrestrial lizards are nocturnal and native to Australia. They can be found in arid and semi-arid areas all over the continent.

They get their water from licking water droplets form their faces (with their long tongue) or from plants and rocks.









Source: https://reptilesmagazine.com/knob-tailed-gecko-care-sheet/

What a wonderful World

Written by Bob Thiele and George Weiss, Armstrong recorded 'What a Wonderful World' for scale, accepting only \$250 to make sure the orchestra got paid.

Although Weiss says he wrote the tune specifically for Armstrong, it was offered to Tony Bennett first, who turned it down.

In America, this song became a beloved standard, but when it was first released in 1968, it barely dented the charts, peaking at #116.

The boss of ABC Records hated this and did not promote it until it became a hit in England.

In the UK, in 1968, the 66-year-old Armstrong became the oldest act to top the charts when it reached #1 and became the biggest-selling single.

Four years previously Satchmo had become the oldest artist to record a US #1 when "Hello, Dolly!" hit the top spot.

The song was more appreciated in America 20 years later when it was used in the Robin Williams movie Good Morning, Vietnam (despite the film being set in 1965 – two years before it was recorded); the song was re-released as a single to coincide with the film, and this time charted at #32.

On the 20th Feb 1988 - 21 years after it was first released - WHAT A WONDERFUL WORLD entered the Billboard Hot 100 Chart at #67.



Picture: https://unsplash.com/s/photos/beautiful-world





Country Stargazing

with Carol Redford and Donna Vanzetti, Astrotourism WA

How Do We Get the Easter Date & The Total Solar Eclipse

So why does the Easter date change each year?

Believe it or not, the reason the Easter date changes every year has a lot to do with astronomy! It's got nothing to do with a decision made by churches, public holiday makers or governments.

Quite simply, Easter Sunday is deemed to be the first Sunday after the full Moon, following the March Equinox. The March Equinox is always on or around 22nd March each year.

Easter date 2023

It's a bit of a calculation and here it is for the Easter date 2023:

This year the March Equinox was on 21st March. The full Moon after this date is on the 6th of April and therefore Easter Sunday is the following Sunday which is the 9th of April 2023!

We hope you enjoy plenty of yummy Easter Eggs!

The Total Solar Eclipse 20th April, 2023

For natural cosmic phenomena, you don't get more remarkable than a Total Eclipse of the Sun!

For a total solar eclipse to occur, the Sun, Moon and Earth need to be perfectly aligned in their orbits, with the Moon in the middle. As the Moon travels between the Sun and the Earth, its shadow is cast onto the surface of the Earth.

Eclipses are excellent examples of the extraordinary motion of the objects within our Solar System. This year, Western Australians have the privilege of viewing a Total Solar Eclipse on 20th April. On mainland Western Australia, the Total Solar Eclipse will only be visible from the Exmouth area. The rest of WA and Australia will only witness a partial solar eclipse.

How to View a Solar Eclipse Safely

Never look directly at the Sun. Looking directly at the Sun is unsafe except during the brief total phase ("totality") of a total solar eclipse, when the Moon entirely blocks the Sun's bright face. On mainland WA, totality will only occur in the Exmouth area. Everywhere else in WA and Australia will experience a partial solar eclipse which is not safe to look at with the unprotected eye. Solar eclipse glasses that are compliant with Australian and international standards provide necessary protection to view the eclipse safely. Only buy from trusted sources to ensure compliance with Australian and international safety standards, such as BinoCentral or <a href="Being in the Shadow.





When to look: From 11:29:41am to 11:30:40am, 20th April.

Where to look from: On mainland Western Australia, the Total Solar Eclipse will only be visible from the Exmouth area. The rest of WA and Australia will witness a partial solar eclipse.

To view the path of 'Totality' visit this map: http://xjubier.free.fr/en/site pages/solar eclipses/
HSE 2023 GoogleMapFull.html

Credit: Xavier M. Jubier.

Find more stargazing tips and country events at www.astrotourismwa.com.au.

If you're a budding "astro-enthusiast", check out... Stargazers Club WA's telescope classes & astronomy events for beginners at: www.stargazersclubwa.com.au.

Or visit Donna Vanzetti's YouTube Channel, Star Tracks Space Adventures.

Funnies and a life lesson

An Airbus 380 is on its way across the Atlantic. It flies consistently at 800 km/h at 30,000 feet, when suddenly a Eurofighter with a Tempo Mach 2 appears.

The pilot of the fighter jet slows down, flies alongside the Airbus and greets the pilot of the passenger plane by radio: "Airbus, boring flight isn't it? Now have a look here!"

He rolls his jet on its back, accelerates, breaks through the sound barrier, rises rapidly to a dizzying height, and then swoops down almost to sea level in a breathtaking dive. He loops back next to the Airbus and asks: "Well, how was that?"

The Airbus pilot answers: "Very impressive but watch this!"

The jet pilot watches the Airbus, but nothing happens. It continues to fly straight at the same speed.

After 15 minutes, the Airbus pilot radios, "Well, how was that?

Confused, the jet pilot asks, "What did you do?"

The AirBus pilot laughs and says: "I got up, stretched my legs, walked to the back of the aircraft to use the washroom, then got a cup of coffee and a chocolate fudge pastry."

The moral of the story is: When you're young, speed and adrenaline seem to be great. But as you get older and wiser, you learn that comfort and peace are more important.

This is called S.O.S.: Slower, Older and Smarter.

Dedicated to all my senior friends ~ it's time to slow down and enjoy the rest of the trip.

Two guys grow up together, but after college one moves to Georgia and the other to Texas. They agree to meet every ten years in Florida to play golf.

At age 32 they meet, finish their round of golf and head for lunch.

"Where you want to go?" "Hooters." "Why Hooters?" "They have those servers with the big breasts, the tight shorts and the gorgeous legs." "You're on."

At age 42, they meet and play golf again. "Where you want to go for lunch?" "Hooters." "Again? Why?" "They have cold beer, big screen TVs, and side action on the games." "OK."

At age 52 they meet and play again. "So where you want to go for lunch?" "Hooters. "Why?" "The food is pretty good and there's plenty of parking." "OK."

At age 62 they meet again. After a round of golf, one says, "Where you want to go?" "Hooters." "Why?" "Wings are half price and the food isn't too spicy." "Good choice"

At age 72 they meet again. Once again, after a round of golf, one says, "Where shall we go for lunch?" "Hooters." "Why?"

"They have six handicapped parking spaces right by the door and they have senior discounts." "Great choice."

At age 82 they meet and play again. "Where should we go for lunch?" "Hooters." "Why?" "Because we've never been there before." "Okay, let's give it a try!

Music Quiz

Answers on page 19

1) What was Bruce Springs	teen known as?		
A. The Ruler	B. The Guv'nor	C. the King	D. The Boss
2) In the Prince song, which	n birds cried?		
A. Seagulls	B. Doves	C. Eagles	D. Lovebirds
3) In which year did the mu	usical 'Cats' begin its 18	3 year run on Broadway?	
A. 1986	В. 1980	C. 1982	D. 1984
4) Metallica rode what?			
A. The Lightening	B. The Night Train	C. the Wild Horses D. Th	ne Crazy Motorcycle
5) In which year did Pink Fl	oyd release the film ve	rsion of The Wall?	
A. 1986	B. 1984	C. 1989	D. 1982
6) 'The Final Countdown' v	vas performed by a bar	nd named after a continent. V	Which One?
A. Asia	B. South America	C. Antarctica	D. Europe
7) What did Starship build	his city upon?		
A. Gravel	B. Rock 'n' Roll	C. Concrete	D. Quicksand
8) What was the title of Bri	an Johnson's first albu	m with AC/DC?	
A. Back in Black	B. Highway to Ηε	ell	
C. Flick of the Switch	D. For Those Abo	out to Rock	
9) Dexys Midnight Runners	invite whom to 'Come	On'?	
A. Maureen	B. Eileen	C. Doreen D. M	yleene
10) David Bowie and Mick	Jagger released a cover	of which Motown classic?	
A. Dancing In The Stree	et B. Sto	pp! In The Name of Love	
C. You Keep Me Hangir	ıg On D. I H	leard It Through the Grapevin	ne



Tuna Mornay



Ingredients:

- 425 can tuna in springwater, drained and flaked
- 150g frozen mixed vegetables
- 490g jar of bechamel sauce
- 80ml thickened cream
- 450g packet of microwave brown rice
- 2green shallots
- 120g grated cheese
- 25g breadcrumbs
- Olive oil

Method:

- 1) Place tuna, vegetables, bechamel and cream in a saucepan over medium-high heat. Cook, stirring occasionally, for 2 minutes until warm.
- 2) While the tuna mixture is cooking, place the rice in the microwave for 1 min or until slightly warm
- 3) Chop the shallots then stir half through the tuna mixture
- 4) Preheat grill on high. Evenly spoon the rice into the base of the square 1.5L baking dish. Top with tuna mixture. Sprinkle over the cheese and breadcrumb. Drizzle over the oil. Grill for 2 min or until the top is golden. Serve sprinkled with remaining shallot.

Source: https://www.taste.com.au/recipes/10-minute-tuna-mornay-recipe/x25w3jik

Music Quiz Answers

- 1) D The Boss
- 2) B Doves
- 3) C 1982
- 4) A the Lightening
- 5) D 1982
- 6) D Europe
- 7) B Rock 'n' Roll
- 8) A Back in Black
- 9) B Eileen
- 10) A Dancing In The Street

Reflections on the Water









Source: https://www.pexels.com/search/reflection/

FOR SALE

VACANT BLOCK

1 Hack Street Sandstone Please contact David on 0893 840 853 or 0412 088 608

MINELAB GPX 4500

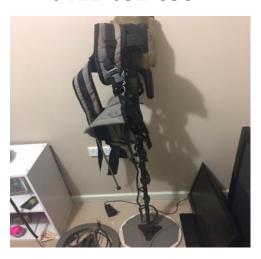
Very good condition.

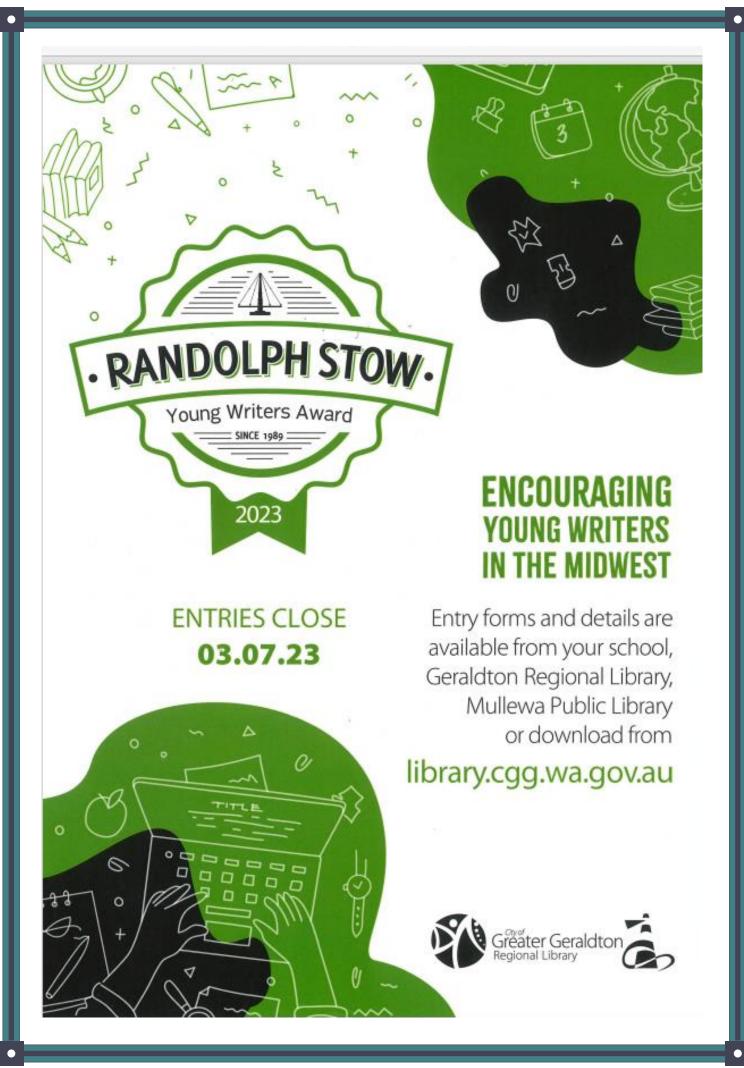
Great machine for learners or an extra one for back-up

Comes with all accessories, variety of coils and new headphones.

\$2,500.00 open to offers

0412 652 835







THE RANDOLPH STOW YOUNG WRITERS AWARD AIMS TO ENCOURAGE YOUNG WRITERS IN THE MIDWEST REGION

The award recognises the international achievements of Geraldton-born writer, Randolph Stow (1935 - 2010).

GERALDTON REGIONAL LIBRARY

37 Marine Terrace, Geraldton

Mullewa Public Library

Mullewa District Office Corner of Padbury and Thomas Streets, Mullewa

PO Box 101, Geraldton WA 6531 **P** 9956 6659 | **E** library@cgg.wa.gov.au

library.cgg.wa.gov.au



PRESENTATION

- Use A4 paper, print one side only.
 - Adhere to the maximum length,
- Use the official entry form.
- Make sure each section is filled in correctly.
- Check there is an entry form for each entry.

ERMS & CONDITIONS

- Entry is FREE
- Name and school must not be included on student's work, only on the entry form supplied.
 - Entry forms are to be stapled, NOT glued to student's work.
- Entry must be the work of an individual.
 - Entry must be a single piece of work,
- Late entries will NOT be accepted.
- Quotes from published works or other material can be included, but must be acknowledged and cannot form the main content of the entry.
 - Students may enter both categories, but are limited to ONE entry per category.
- Judging will be independent and judge's decision is final. No correspondence will be entered into the decision making process.
- While every effort is made to ensure entries are received, no responsibility is accepted for late, lost, delayed or misdirected entries.

Library or Mullewa Public Library by COB Monday 3

Entries must be received at the Geraldton Regional

All entries must be accompanied by a signed entry

- post entries to PO Box 101, Geraldton WA 6531 or
- hand deliver entries to the Library at 37 Marine email entries to library@cgg.wa.gov.au or
- hand deliver entries to the Mullewa District Office, corner of Padbury and Thomas Streets, Mullewa,

Entries shortlisted for an award will receive an invitation to the awards ceremony.

ELIGIBILITY

The competition is open to students years 3 - 12, studying/residing in the Midwest Region (as per Department of Education)

The Award is for original works of prose or poetry.

CATEGORIES

Poetry - No minimum stipulation Prose - Maximum 1200 words Upper Primary - Years 5 & 6 Lower Primary - Years 3 & 4

Poetry - No minimum stipulation Lower Secondary - Years 7 & 8 Prose - Maximum 1500 words

Poetry - No minimum stipulation

Prose - Maximum 1200 words

Middle Secondary - Years 9 & 10 Poetry - No minimum stipulation Prose - Maximum 1500 words

Upper Secondary - Years 11 & 12 Poetry - No minimum stipulation Prose - Maximum 2000 words

Entries will not be returned



ENTRY FORM

School Year, Word Count Poetry / Prose (please circle) Residential (Home) Address Mobile Phone Title of Entry School Name Email

Students Years 6 - 11 only

(Please tick) If selected, agree to attend the Young Writers Collective program in 2024, (Two passes will be awarded).

Entrant signature

declare the work is original and prepared by me. I have read and agree with the terms and conditions. (If not signed, entry will be ineligible for judging)

Parent/Legal Guardian/or Teacher signature (circle one)

(If not signed, entry will be ineligible for judging)

I have read, understood and agree to the Terms and Conditions of the Competition and believe to the best of rry knowledge the work attached is original and no assistance has been provided

Checklist

- Wy name Isn't on my work
- I have one form for each entry My form is stapled, not glued
- My work is my own

PLEASE STAPLE THIS PAGE SECURELY TO YOUR ENTRY.

27



Being waterwise in the Murchison region

Your water supply has recently been upgraded, so you can expect to notice a difference every time you turn on the tap.

Our water is a valuable resource and we can all do our bit to use it wisely. Now is a great time to pick up some new water saving habits or brush up on your old ones.



Use the half flush

Only flush toilet paper, pee and poo down the loo.

Aim for a 4-minute shower Use a shower timer or 4-minute

Use a shower timer or 4-minute song to time your showers.

Only wash with a full load

Reducing your washing by just one load a week will save up to 50 litres of water.

Running taps waste water

Fill a water bottle to keep in the fridge.

→ To help you save water in your home, we currently have Showerhead Swap and Plumbing Service offers available for a limited time – offers end 1 May 2023.

T&Cs apply.

Search waterwise offers at watercorporation.com.au

For more water saving tips visit watercorporation.com.au



Social Lawn Bowls Sandstone Community Rec Centre

All welcome



Come and join in

Dates for April 2023

Saturday 8th &
Saturday 22nd

Starting time — 6pm

Bowls are available if you don't have your own

Sandstone Community Bus

travels to Mount Magnet for Shire business

The bus leaves from the Shire Office at **10:00 am** and from Mount Magnet at **1.30 pm** for the return trip home.

The Community Bus is a free service provided by the Shire
Limited seats are available and bookings are essential

Please book your seat by visiting the Shire Office in person or by phoning (08) 9963 5802

The next trips will be Wednesday

5th April

and

19th April





The Sandstone Bush Fire Brigade is looking for volunteers

Meetings are held regularly at the Bush Fire Brigade Station Lot 73, Rowe Street

New volunteers are needed or anyone willing to lend a hand and participate if required.

For more information, please call

Joanne Brown—Secretary 0403 819 245









IRVINE ST SANDSTONE

Nurse - Lana Lefroy 9963 5808 or 9963 5831



Before attending the nursing post on Doctor days, please contact Lana to make an appointment.

Lana can be contacted at home on 08 9963 5831 or at the nursing post on Thursdays on 08 9963 5808

Thank You

Sandstone Physiotherapy Visiting Dates 2023

February	13 th
April	11 th
June	12 th
August	14 th
October	9 th
December	11 th

The Physio is currently provided via Telehealth

To make an appointment, please phone Geraldton Physiotherapy Reception

08 9956 2204



IRVINE ST SANDSTONE
Nurse - Lana Lefroy 9963 5808 or 9963 5831



Meekatharra RFDS Flying clinics 2023

February

Wednesday 8 th	Paynes Find/Yalgoo	Dr Di Comely
Thursday 9 th	Sandstone	Dr Di Comely
Wednesday 22 nd	Yalgoo	Dr Phil King
Thursday 23 rd	Sandstone	Dr Phil King

March

Wednesday 8 th	Paynes Find/Yalgoo	Dr Di Comely
Thursday 9 th	Sandstone	Dr Di Comely
Wednesday 22 nd	Yalgoo	Dr Phil King
Thursday 23 rd	Sandstone	Dr Phil King

April

Wednesday 5 th	Paynes Find/Yalgoo	Dr Di Comely
Thursday 6 th	Sandstone	Dr Di Comely
Wednesday 19 th	Yalgoo	Dr Phil King
Thursday 20 th	Sandstone	Dr Phil King

May

Wednesday 3 rd	Paynes Find/Yalgoo	Dr Di Comely
Thursday 4 th	Sandstone	Dr Di Comely
Wednesday 17 th	Yalgoo	Dr Phil King
Thursday 18th th	Sandstone	Dr Phil King
Wednesday 31 st	Paynes Find/Yalgoo	Dr Di Comely

June

Thursday 1 st	Sandstone	Dr Di Comely
Wednesday 14 th	Yalgoo	Dr Phil King
Thursday 15 th	Sandstone	Dr Phil King
Wednesday 28 th	Paynes Find/Yalgoo	Dr Di Comely
Thursday 29 th	Sandstone	Dr Di Comely



IRVINE St SANDSTONE
Nurse - Lana Lefroy 9963 5808 or 9963 5831



Health Services

Wiluna Medical Services Available

The following medical services are available from visiting specialists through the Wiluna Medical Centre.

These services are provided free of charge to Sandstone residents and the travelling public.

To make an appointment with visiting specialists, contact Wiluna Medical Centre on (08) 9981 8600

Dentist (Monthly)
Gynaecologist
Audiologist
Ear, Nose and Throat (ENT)

Mount Magnet Medical Services

Ph for appointment with the GP (08) 9940 3222

Specialist & Allied Health

Services include:

- Cardiologist
- Sonographer
- Respiratory Physician
- Clinical Nurse Specialist
- General Physician
- Dietician
- Diabetes Education
- Podiatrist
- Audiologist
- Physiotherapy
- Renal Education
- Palliative Support Team

How do I see a visiting specialist?

To see the visiting specialists at Murchison Outreach Service (Mt Magnet) you must see the GP who will refer you to the appropriate specialist.

Need to know more? Contact our Specialist Clerk or specialist Nurse for further information on



Irvine St Sandstone Nurse - Lana Lefroy 9963 5808 or 9963 5831



Health Services

TELEPHONE HELP LINES

Mental Health Emergency Response Line

(formerly Psychiatric Emergency Team)

Perth WA 6000 Tel: 08 9224 8888

RuralLink

Tel: 1800 552 002

4:30pm - 8:30am weeknights

24 hours on weekends and public holidays

Emergency Number Royal Flying Doctor Service

1800 625 800

Police, Fire and Ambulance Dial 000

Sandstone is a remote township which currently has NO EMERGENCY MEDICAL HEALTH SERVICE

If you require **EMERGENCY MEDICAL ASSISTANCE** dial **1800 625 800**

This will put you in contact with the **Royal Flying Doctor Service**, who will provide immediate advice to you.

SANDSTONE NURSING POST

Irvine Street, Sandstone RFDS Doctor in attendance every second week 9:00am - 11:30am.

Nurse in attendance until 4:00pm

Nurse in attendance every Thursday 9:00am - 4:00pm

Phone Number (08) 9963 5808 After Hours (08) 9963 5831 Contact person Lana Lefroy

Should you be traveling and require medical assistance, 24 hour / 7 day services are provided at :

MOUNT MAGNET NURSING POST

Corner of Criddle and Welcome Street, Mt Magnet Monday - Friday 8:30am - 4:00pm. Closed for lunch

Staff on call for emergencies (08) 9963 3100

MEEKATHARRA HOSPITAL

Savage Street, Meekatharra

24hour casualty service (08) 9961 0600



When we are stressed, tired, and focused on daily challenges, it's easy to lose touch with friends and family. Try to maintain regular contact with lowed ones, join like-minded communities, or reconnect with friends. Staying social can help you feel less alone and maintain important relationships in your life.

Learn ways to look after you at thinkmentalhealthwa.com.au



Access to doctors after hours and all public holidays by phone or video in rural WA*

1800 CALL A DOC (1800 225 523)

* This after hours service is available to specific postcodes in rural WA and is available 24/7 in some areas, to check your eligibility visit 1800calladoc.com.au or call 1800CallADoc to see if your area is eligible for the 24/7 service.

Consult with a doctor when yours is unavailable

Consult with an experienced Australian based doctor after hours via phone or video from the comfort of your own home



Call 1800 CALL A DOC (1800 225 523)



Book your appointment We will confirm if a doctor can help



A doctor will call you back Within 1 hour

Doctor advice, diagnosis and treatment*

Prescriptions sent to your local pharmacy*

Medical certificates*

Care summary shared with your local GP with your consent

visit 1800calladoc.com.au or call 1800CallADoc. After hours refers to Monday to Friday 18:00 – 08:00, Saturday 12:00 – 24:00 and This after hours service is available to specific postcodes in rural WA and is available 24/7 in some areas, to check your eligibility Sundays and all day public holidays.

The 1800 Call A Doc service has been made possible by WA Primary Health Alliance through funding provided by the Australian Government under the PHN Program.

1800 CALL A DOC

\$ 1800 CALL A DOC (1800 225 523)
\$ 1800 calladoc.com.au

Find out more

WA Primary
Health Alliance



In case of emergency, call 000. "Where appropriate as determined by HealthNow.



Grief & Loss

It's incredibly hard to lose someone you love.

Please know you are not alone.

There are things you can do and people you can turn to if you're finding it hard to cope.

- Know that it's okay to feel the things you're feeling.
- Look after yourself. Make sure you're eating well, exercising and getting enough sleep.
- Check on your mates and family. This can help you and them feel less alone.
- Remember the good stuff. Honour and celebrate the person in a way that's right for you.

For more support, visit a service or give someone a call:

Your local Mental Health Service: 1800 051 999

Headspace Geraldton (12 - 25 years): 9943 8111

Lifeline: 13 11 14

Beyond Blue: 1300 22 4636



PUBLIC NOTICES

Pastoralists and D.E.C. in Sandstone and surrounding Shires have an ongoing wild dog bait programme.

Baits are on the ground ALL year round



Dogs are **NOT PERMITTED** on a pastoral lease unless permission has been given

To avoid being penalised all dogs and cats must be kept in your yard **OR** on a leash at all times.

Please clean up after your dog!!!!!

All dogs **must** be registered.

If your dog is not registered or you are unsure, please contact the Shire office.

Dog registrations are due at the end of October each year.



Directory of Services to Sandstone



- Construction & Maintenance of all Power Systems
- Licensed Shotfirer
- HV and LV Cable Jointing
- Crane/Borer and Pole Jinker Hire
- Elevated Work Platform
- Switching Operator
- Tree Lopping
- All Electrical Applications (Domestic / Commercial / Industrial)

JPB Contracting

Paul (Scruffy)
Bennett

Ph: 0427 841 888



YOU MUST CONTACT THE SHIRE OF SANDSTONE PRIOR TO DISPOSAL OF ANY ASBESTOS MATERIALS

Phone (08) 9963 5802 Mondays - Fridays 8:30 - 4:00pm

LEGAL ACTION WILL BE TAKEN FOR NON-COMPLIANCE IF YOU REQUIRE THE
SERVICES OF A
JUSTICE OF THE PEACE
PLEASE CALL
MARGARET DUHIG ON
0412 652 835 FOR AN
APPOINTMENT.
THIS IS A FREE AND
CONFIDENTIAL
SERVICE.



Please note this is NOT a service provided at the Shire of Sandstone so please call for an appointment.

Westcoast Seafood

Email: stan@westcoastseafood.com.au

Directory of Services to Sandstone



PL9934 | GF6916 | BF7329

PLUMBING & GAS

SERVICING MID WEST & GOLDFIELDS REGIONS

MINING | COMMERCIAL | RESIDENTIAL | INDUSTRIAL

24/7 EMERGENCY

PH: 0416 307 843 | ADMIN@LEISKHYDRAULICS.COM.AU

Community Bulletin Board



Ordinary Meeting of Council

The next Ordinary Meeting of Council is Thursday 27th April 2023 from 1:00pm in Council Chambers

When prepared, the Agenda can be viewed online at www.sandstone.wa.gov.au or at the Sandstone Library



Heritage Museum & Visitor Centre

Is now closed until Easter 2023



Community Bulletin Board

Useful Sandstone Telephone Numbers

Shire of Sandstone Office & Post Office	08 9963 5802
Sandstone Museum & Visitor Information Centre	08 9963 5061
Alice Atkinson Caravan Park	08 9963 5859
Sandstone Nursing Post	08 9963 5808
Justice of the Peace	0412 652 835
Main Roads - Road Conditions (24 Hr Customer Contact Centre)	13 81 38
National Hotel	08 9963 5801
Mt Magnet Police	08 9963 3222

ROTARY CLUB

We are the very first Rotary Club that is based purely online in WA. This enables people living in remote/regional areas the option to still provide a service to their local community by joining Rotary E club of E.WA.

It's a new and vital Rotary Experience.

We meet via online webinars and the use of Facebook, both open to the public and private sessions.

Name: E-WA Rotary Address: www.ewarotary.org.au

www.facebook.com/ewarotary Ph 0408 802 490

Community Group Name:

E-WA Rotary—Kerry O'Shea rotaryewa@gmail.com

We'd love to hear from you:)

Community Bulletin Board

Mount Magnet Post & Lotteries

Gifts, cards, stationery, art supplies.
Passport photos and much more
Drop in and browse

Check out the website www.mtmagnetpost.com

Sandstone Library is located within the Shire Administration Building Monday - Friday 8.30am - 4.30pm

- Interlibrary Loans
- Audio Books
- Internet access
- DVDs
- Fiction and non Fiction books



Looking for Gold? Want to Prospect near Sandstone?

Please contact the
Department of Mines and Petroleum,
Cnr Hepburn and Richardson Streets,
Mount Magnet

Telephone (08 Fax (08

(08) 9963 4509

(08) 9963 4488

If you have a story, photo, birthday, or something else you would like to see in the Bush Telegraph, please email the Shire Office at

reception@sandstone.wa.gov.au



Specialist for all your water storage, pumping, monitoring and your livestock requirements. Conveniently located in Dalwallinu just off the Great Northern Hwy. Talk to us today to find out how we offer the entire solution to your water and fencing needs.



For all your trough and water tank remote monitoring needs



Solar water pumps from BW Solar



Water Tanks, Troughs, Septic Tanks and Fire Fighting Units



For all your fencing requirements

For any information regarding any of these products and your needs please call
Travis Hollins 0427086738 or Matthew Tasker 0435192531

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WHEN RELIABILITY IS PARAMOUNT

ARE YOU PREPARED FOR HARVEST!!

Now located at

WE VALUE GOOD OLD FASHION SERVICE.

Sun City Batteries is a 100% Locally owned & operated business committed to customer service.

Call us on 08 9934 6903 or 0427 658 468

Let US help you get ready for harvest.

We carry leading brands such as Cobra, Neuton Power and Amaron PRO



Long Life Batteries as well as Bosch and Vision products, we stock solutions for all agricultural equipment as well as all 4x4, cars, trucks, bikes and quad's.

Even your NBN UPS back up batteries.

We carry a full range of CTEK chargers, Lithium jump starter packs and portable alternatives to dual battery set-ups.

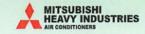
Need new battery leads? We can custom build to a high quality to your specifications. We are always happy to help.

AIR CONDITIONING SERVICES

REFRIGERATION

SPLIT SYSTEM SALES

Installation
Repairs / re gassing
Sanitizing and cleaning





HITACHI Inspire the Next



Ph 0420 103 414

decanfrost@westnet.com.au

ARC Lic # L015254 Lic # AU7850

Mount Magnet

Cue

Yalgoo

Meekatharra

Sandstone

Community Feedback

If you have any ideas that could benefit our community, please feel free to let us know, whether it's

activities, workshops or something you would like to see in the near future.

You can return your completed form to the Shire of Sandstone's Administration Building.

APRIL 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Bus To Mt Magnet	6 Doctor's Clinic	7	8 Bowls
9	10	11	12	13 Nurse Clinic	14 Shire RDO	15
16	17	18	19 Bus to Mt Magnet	20 Doctor's Clinic	21	22 Bowls
23	24	25	26	27 Council Nurse's Clinic	28 Shire RDO	29
30						



Internet access is available at Sandstone Library in the Shire Administration Building using our computers

Monday - Friday 8.30am - 4.30pm

Please note: We do not have public WIFI

If you would like your event to appear on the Community Planner please contact the Shire of Sandstone - Phone: 08 9963 5802 Email: reception@sandstone.wa.gov.au