

Bush Telegraph

August 2024 **FREE**



Cover image by Paddy O'Brien

The Shire of Sandstone
Hack St, Sandstone WA 6639
Ph: (08) 9963 5802 | Email: dceo@sandstone.wa.gov.au

CONTENTS

Disclaimer.....	3
From the Desk of the CEO.....	4
Shire News.....	5
Aurumin gold and iron.....	7
Special dates in August.....	8
Star Gazing with Astro Tourism	9
Poem by Dave Loat.....	10
Well done Karan.....	11
Art Show	12
Community Photo Feature Page	13
Visitor comments.....	14
Poem by the Vernons of Mt Jackson station.....	15
Sandstone ICPA camp report.....	16
Recipe Potato chickpea curry.....	19
Oroya Café in 1910	20
Crossword	21
Sudoku & Funnies	22
Craft Group	24
Lawn Bowls.....	25
Regional Tech Hub.....	26
Community Bus	27
St John & the bush fire brigade	28
Sandstone Nursing Post / Physiotherapy	29
RFDS Doctor Clinics / Dental Clinics	30
Health Services	31
Emergency Phone Numbers	33
Interesting Facts for Curious Minds.....	34
Public Notices.....	35
Directory of Services.....	36
Community Bulletin Board	38
Community Feedback	41
Crossword / Sudoku Solution	42
Exercises	43
August Calendar.....	44

Disclaimer

The Bush Telegraph is published by the Shire of Sandstone as a public service for the community.

The opinions expressed have been published in good faith on the request of the person requesting publication, and are not those of the Shire of Sandstone.

All articles, comments, advice and other material contained in this publication are by way of general comment or advice only and are not intended, nor do they purport to be correct advice on any particular matter or subject referred to.

No person should act on the basis of any matter, comment or advice contained in this publication without first considering, and if necessary taking appropriate professional advice upon the applicability to their particular circumstances. Accordingly, no responsibility is accepted or taken by the Shire of Sandstone, or the authors and editors of the Bush Telegraph, for any damage or loss suffered by any party acting in reliance on any matter, comment or advice contained herein.

Contributions

Please contact the Shire of Sandstone Administration Office if you wish to contribute to the Bush Telegraph and take part in a chance to win a \$50.00 cash prize.

You can email your contributions to visitus@sandstone.wa.gov.au or drop it into the Shire Administration Building.

If you wish to stay anonymous, you can put your contribution in an envelope, write Bush Telegraph on the front and drop it in the red mailbox at the Shire Administration building.

Cut-off time for all contributions is the 25th of every month which will allow our staff time to include your contribution. Contributions made after the 25th will be included in the next edition.

Feedback

Tell us what you liked, what you didn't like, what could be improved and what you like to see.

Cut out and drop your feedback form in the Shire office at Reception or email to visitus@sandstone.wa.gov.au



SHIRE NEWS

SHIRE OF SANDSTONE
HACK STREET SANDSTONE WA 6639
PHONE: 08 9963 5802
EMAIL: reception@sandstone.wa.gov.au

From the Desk of the CEO

Hello to the residents of and visitors to Sandstone.

Its been a very busy month within the administration with budget preparation taking up much time and considerations. The Council is very conscious of the needs of the community and balancing that with the increased living costs and the income required to achieve all that Council (the community) desires.

That is why the Council has adopted a very modest rate increase of 2.5% compared to the State CPI being around 4%.

One of the ever-increasing cost to local governments is the burgeoning growth in bureaucratic compliances which occupy more staff time and requires more employees to carry out the compliance functions. This is one of the reasons an increasing number of smaller local governments employ the causal services of external people.

On the positive side the median strips are starting to take shape and many people have commented that the town looks much tidier that it did before the big eucalypt trees were removed. It is also much safer at the intersection with better visibility, and we intend to keep that visibility there by planting low growing shrubs. (Thanks Julian & Jamie). Residents may have noticed a new shed erected in the depot yard. This shed was purchased by the Shire several years ago but never erected. (Thanks Paddy & John).

Last and not least I thank the Council for having the confidence (and courage?) to grant me a three year contract. I look forward to a long stay in Sandstone.

PETER MONEY

Chief Executive Officer





SHIRE NEWS

SHIRE OF SANDSTONE
HACK STREET SANDSTONE WA 6639
PHONE: 08 9963 5802
EMAIL: dceo@sandstone.wa.gov.au

Council meeting dates 2024

August	22nd
September	26th
October	24th
November	28th
December	18th

Meetings commence at 1:00pm in Council Chambers located at the rear of the Shire Administration Centre

Meetings are open to the public

**The Environmental Health Officer
for the Shire of Sandstone
is David Hadden.**

David's contact details are: **Principal EHO/Building Surveyor**

Mobile: 0483 350 133

Email: eho@mtmagnet.wa.gov.au

NOTICE

The speed limit in the town streets of Sandstone is



You will not save much time by speeding in the town.
Please slow down!



Aurumin - Gold & Iron

An article on recent Aurumin activity by Andrew Todd (businessnews.com.au) talks about a high grade iron ore deposit within the historic Sandstone town with rock chip assays of up to 67% purity.

The article states “ The potential value of iron ore in conjunction with the gold could significantly alter the project economics for Aurumin, which is already progressing its total 946000ounce gold resource towards development.”

In recent years, with tough Chinese government regulations, a high grade iron ore product is very desirable in the China market and attracts a premium price as the processing will create fewer emissions. The mid west region has many high grade sites and haulage to Geraldton has been happening for some time.

Aurumins Sandstone project contains an estimate resource of 881,000 ounces of gold and now adding its iron ore discovery the company could be in for an diverse and exciting future in Sandstone.

To read the full article go to:

businessnews.com.au and search for the article ‘**Aurumin sticks “real” iron into Sandstone gold fire**’



Aurumins Sandstone project ground with hematite outcrop in foreground and Shillington open pit in background– Credit: file article by Andrew Todd on



The headframe of the old Pelerin mine now Aurumins ground—within a historically high gold production area

Aurumins exploration drilling have shown very exciting gold results with a whopper 1m intersection of 344grams p/tonne at one target and another target coming up as 25.8grams p/tonne in an 18m intercept; interesting to note this target had a 2m void that is most likely old timer underground workings.

Today's gold price is \$3615.57 a troy ounce (22 July 2024)

dates of interest

August 2nd—international beer day.....Cheers!



August 8th—international cat day



Nala enjoying the fire

August 24—daffodil day



August 26th—national dog day

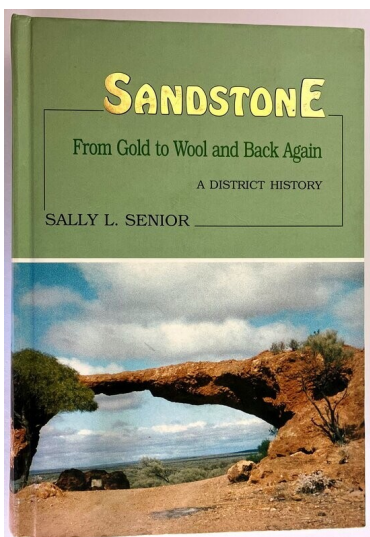


Paddy's Puppies

Keep Australia beautiful week 19-25th



Pick up your free outback pack at the visitor centre



National book week 17-23rd

Sandstones history book
\$15 at the visitor centre



National family history month

Where to start looking for WA history

www.outbackfamilyhistory.com.au

Trove (nla.gov.au)

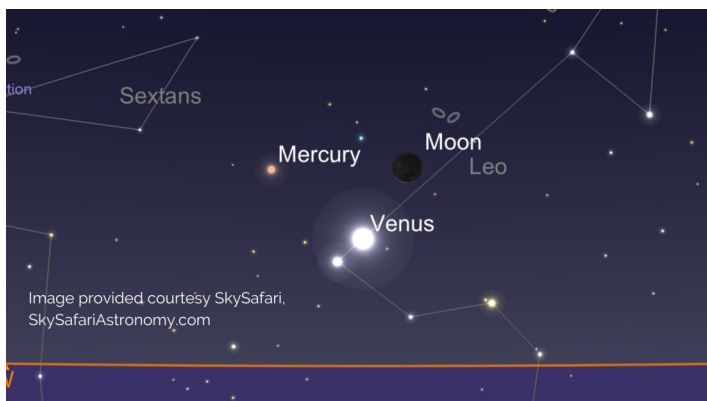
State Library of Western Australia (slwa.wa.gov.au)

<https://www.wa.gov.au/service/justice/civil-law/searching-family-history>

August Stargazing



Noongar people are the traditional owners of the south-west of Western Australia and have been for over 45,000 years. In the Noongar calendar, the months of August and September bring the season of Djilba.

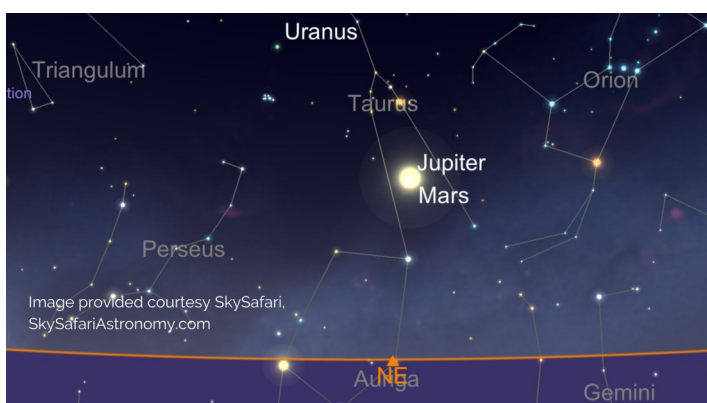


After sunset, around 6pm on 6th August, the Moon makes a close approach to the planets Venus and Mercury and the star Regulus.

Regulus is the brightest object in the constellation Leo and one of the brightest stars in the night sky.

When and where to look:

After the sun sets at 5:28pm, once it's dark you'll be able to see the four objects low on the western horizon around dusk.



When and where to look:

Jupiter & Mars will be visible low on the eastern horizon in the dawn sky on 15th August. They rise at 2:40am and the best time to view will be after 3am, until they are lost to dawn around 6:30am. The converging planets will be together above the northern horizon in the constellation of Taurus.

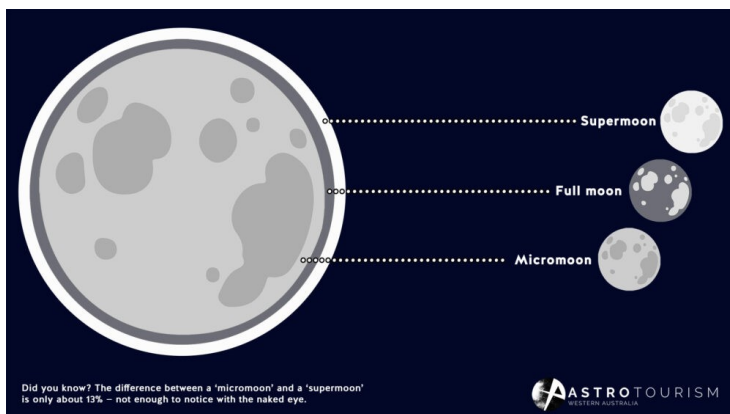
Something Interesting

Jupiter is easily the largest planet in the solar system - the king of the planets is more than twice as massive as all the other planets *combined*, and even Jupiter's great red spot is bigger than Earth.

2024's Supermoons

Here are the dates and rising times for the supermoons in the year ahead:

- 20th August, rises 6:31pm (AWST)
- 18th September, 6:28pm (AWST)
- 17th October, 6:25pm (AWST)
- 16th November, 7:39pm (AWST)



Sandstone (through my eyes)

Way up high on the green church roof
A congregation of birds looking smug and aloof
Some taking flight with the sun on their wings
Right over the house where Evan sings



Patrick barks as they glide on down
To the caravan park on the edge of town
The folks in here are a restless crew
Staying one night then shooting through

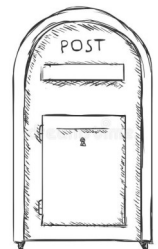


From Melbourne we see a prospecting pair
All ready to leave for who knows where
But why rush away from this peaceful place
With its healthy aura and unhurried pace



My suggestion for you is stay and unwind
You never know who or what you will find
There's Harry and Dott with their fine B&B
But if you want things done Beth's the one to see

Leanne mans the park, Bridgette the PO
That's just a handful of people I know
While at the post office just take a seat
Drinks will be serve and a bite to eat
But to post a letter you'll be told where to go
Two doors down now why didn't you know?
In the next street there's something to fear
This classical building is a pub with no beer

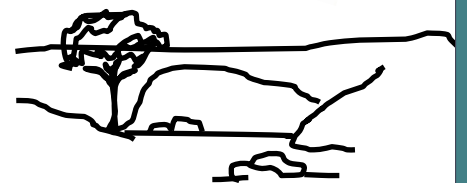


But before you can read this poem out loud
The rooms will be filled with the regular crowd
They'll raise their glasses and salute the bar
And you'll be welcome whoever you are



Now you wont believe what I'm about to say
That London Bridge isn't far away
For too many years its stood there alone
Constructed of mothers fine brown stone

The span is unsafe for you to climb
But look through the arch and look back in time
Surrounded mulga and with gold in the ground
What's not to like about this beautiful town



You may come to Sandstone for the starry nights
The clear blue skies or outback sights
But so much more important to me
Is the friends that I've made are like family



Dave Loat (no. 3 Green Street)



Well Done Karan
for a very successful
Morning Tea !



ART SHOW



We welcome you to spend the evening admiring the artworks of talented locals and WA creatives all while enjoying complimentary wine and cheese. The artworks will be for sale during the opening night event and for the following 2 weeks the hall will be open during the day for visitors to wander through.

When: 17th August - 6pm

Where: Community Hall on Hack street

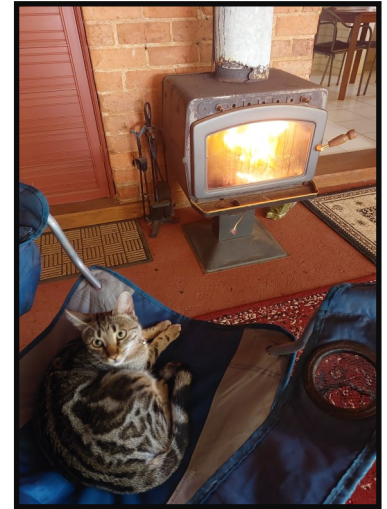
Cost: FREE



PHOTO FEATURE PAGE

Please send your photos to visitus@sandstone.wa.gov.au by **25 August** for publication in the next Bush Telegraph and don't forget to provide your name with your Photos.

Lana discovered this spiders home near a Mulga tree, on Yuinmery. The Mulga leaves are held together with web. There were 2 within a metre of each other, but they didn't see the spiders. David named it the King Julian's Crown spider, if you have seen the lemur King Julian from the Penguins of Madagascar you will know what they mean!



Nala enjoying the fire



Rainbow by Tracey Weiss



Paddys Puppies—Jedda, Nelly (tan) & Asha (mum at the back)



The elusive Mallee Fowl (above) & A Fresh Mallee Fowl nest being constructed in our local area - Paddy O'Brien



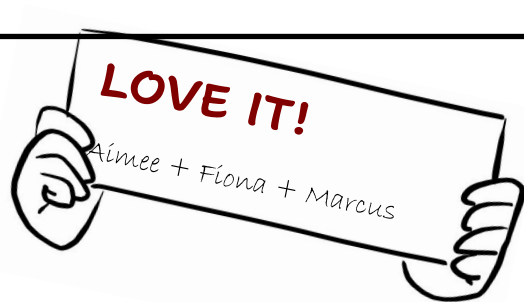
Comments from visitors

Thank you !

Fascinating collection of items (museum) in a great part of the countryside! Sue & Kieth — Maylands historical society

We will never forget your wonderful café & the amazing 'post office parcel' & 'old world' atmosphere.

Café customer



Dear shire team & especially Tegan from Visitor Centre,

About a week ago my partner and I travelled through Sandstone - again - on our return journey to Newcastle.

'Again', as in the end of May we travelled through town on our adventure along the west coast.

Sandstone was a lovely spot to spend a night and of course to visit the post office café - on both occasions.

On our recent 2nd visit at the café, I was very pleased to still see the gorgeous pelican painting was still there.

Staff told me who the artist was and I was very keen to let her know how beautiful her art is.

My fiancée Chris saw the glow in my eyes when I spotted the pelican sketch was still there. He well and truly surprised me by purchasing the artwork and handing it to me whilst I was chatting to Tegan in the Visitor Centre.

On the attached photos I'm sure you can see how happy both of us are.

I also picked up the July Bush Telegraph, which I thoroughly enjoyed reading.

Seeing "Contributions" can be made, I was very happy to be able to send you mine, our experiences.

Thank you so much

Eva



ICPA Sandstone Camp 2024

By the Vernon's
Mt Jackson Station

Packed and ready to roll off to Sandstone we go.
We get there first and thought we would burst!
There was Digby and Maree, oh what a sight to see.
Our friends arrived and play had begun, we had so much fun
The next day we drove to a place that had many stories to be told,
the Mining and pastoralists museum was there, a sight that was to behold.
With a crunch and munch we had a delicious lunch.
With a lurch and at a stutter we put Magnet to our rudder,
we headed back east for a disco and a feast.

Dancing and prancing with our mates, the music was loud, and the ice-cream
was sweet, it got so late we then had to burst out on the street.
Home to bed we went, we were really spent.
With morning on our mind arts and crafts was our time to shine!
With hoards to feed the park set the scene,
snagga's and onions a nomad's dream.

With Cambodia on our minds, we raised money to send Ronan to find the
mines, the kids to school so they can learn to read and write, so they can have
a better chance at life.

The afternoon was fully of colour running laps until we clasped.
The end had come it was time to pack and run.
Sandstone we had a blast, but home was calling fast.

Thank you to everyone involved and making camp so much fun!



SANDSTONE ICPA CAMP 2024 (Friday 5th July – Monday 8th July)

By Lara Jensen

For the second consecutive year, remote station families were welcomed by the community of Sandstone in WA for our annual Sandstone ICPA Camp in the middle weekend of the July school holidays. Sandstone is located between Mount Magnet and Leinster right in the heart of the east Murchison district of WA and geographically serves as a fantastic central meeting point for station families from both the Meekatharra Air and Goldfields Eyre ICPA branches. This year there was a solid turnout of 6 families in total with a fantastic group of 17 bush children from Pre-Primary right through to Year 7 in the group who travelled from as far north as Marble Bar and as far east as Kalgoorlie for the weekend of planned activities. Once again, Sandstone Shire President Beth Walton kindly made the old Sandstone school available as a venue and our entire group was made incredibly welcome by Beth and the community of Sandstone who extended their signature brand of outback hospitality everywhere we went.

We were extremely fortunate as a group to be joined by Maree Le Moignan from Warralakin and her wonderful dog Digby who brought their fantastic, specialized Story Dog Programme to our camp once again this year. The Story Dog Programme is designed to make reading more enjoyable, particularly for those children who struggle with reading and is a special highlight every year for the children.



After a long day of travel on Friday, the children and parents sincerely enjoyed catching up over a casserole dinner. We were then treated to some stargazing at the astrodome located near the old Sandstone School by local volunteers and astronomy enthusiasts, Ian and Pat who helped the children navigate their way around an outback sky full of stars.

This year we decided on a historical theme for the camp to encourage the children to think about the histories of their families and pastoral communities and the importance of the preservation of history through the work of local museums and historical literature by local authors.

So, on Saturday morning we set off for the neighboring goldmining town of Mount Magnet located 154 km west of Sandstone for a guided tour of the Mount Magnet Mining and Pastoral Museum. At the museum we were met by local historian and author Karen Morrissey who co-wrote the Mount Magnet history book, *Drawn to Mount Magnet: Wannars, Dolly Pots and Shears* with her friend Lorna Day.



Karen Morrissey gave a short talk to the children on the importance of documenting family history as well as her experience co-writing the incredible local history book over a period of ten years amid her busy life raising a young family at Meeline Station. Following Karen's fantastic talk, we were given a fascinating and informative guided tour of the museum by curator Kevin Brand.

The Mount Magnet Mining and Pastoral Museum is home to some of the most historically significant machinery in the Mid-West that was salvaged by Kevin Brand and his Mount Magnet Historical Society team in the 1990s and are now proudly on

display at the museum. Special museum exhibits on the tour included the Hill 50 Winder, the Boogardie State Battery, the Ruston World War II engine (a back-up generator in the event the Japanese bombed the city and electricity was lost), the Three Acts of Murder film set, the Miners Wall of Remembrance in addition to the gold displays in the Gold Room and hundreds of historical artefacts on display in the museum that fascinated the children as much as the adults during the tour. At the conclusion of the tour Kevin gave the children a gold panning demonstration which was enthusiastically received and capped off a wonderful tour of a fantastic local attraction.

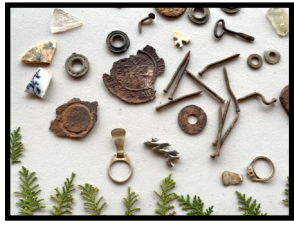
A delicious lunch of meat and salad sandwiches was arranged by the Sandstone Post Office Café and enjoyed by all in the Mount Magnet Federation Park before we returned to Sandstone in time for some budding AFL enthusiasts in the group to kick the footy and then get showered, fed and ready for the highly anticipated disco at the Sandstone Town Hall.



The children and parents danced to a great soundtrack of mainly country music that rounded off a fantastic first day of camp.

On Sunday morning, Maree rounded up the younger children for a Story Dog session with Digby that was followed by a wonderful Gruffalo cupcake decorating session. The cupcakes looked sensational and were devoured promptly after being decorated!

Sandstone local Katie Folezzani from Windsor station kindly donated art supplies and terracotta pots for the children to paint pots and decorate with an assortment of glitter and paint and Maree helped the younger children make and decorate their own tea lights out of old jars.



With the historical theme of the camp in mind, the wonderful Meekatharra Air Branch stalwart Louise Ford had asked the children to bring small historical artefacts and treasures along to the camp so the kids could make their own historical resin coaster. In addition to old China crockery, nails, glass and tin openers the children used leaves, feathers and flowers to create their own unique historical keepsakes to take back home.



The wonderful Tina Vernon from Mount Jackson Station near Southern Cross organized a leathermaking activity and the children produced some beautiful leatherwork pieces including key rings, belts and little wallets to take home.





Following the morning's activities hardworking Cambodia Club president Jane Forrester and her brother treasurer Alex Forrester along with all their wonderful classmates set to work to put on a fantastic sausage sizzle at the Sandstone Caravan Park on Sunday to help raise funds for very deserving sponsor children that attend the River of Life school in Cambodia and our intrepid sponsor land mine rat Ronin. The CWA of Kirkalocka Branch, Mount Magnet kindly donated the sausages for the sausage sizzle and a whopping \$726 was raised in total. On behalf of all the children and parents who are part of the Cambodia Club we would like to extend a massive thank you to the community of Sandstone for their generosity and support making it such a successful charity fundraiser.

After the sausage sizzle, local prospector Kerry Key from Windsor station gave the children a gold panning demonstration and some tips for successfully finding gold that kept all the children captivated for the duration of his talk and gave them a real understanding of the patience and perseverance required to be a successful prospector.

A wonderful afternoon was spent playing games including 'Capture the Flag' before donning old clothes and gearing up for the Cambodia Club Colour Run which was also a charity fundraiser in aid of the Cambodian sponsor children. There was no shortage of laughs as children ran laps of the old school while being dusted with colour by parents waiting in the wings as they completed each circuit.



Following showers and a shared casserole dinner, all the children enjoyed an early night after what was an action-packed and fun filled weekend. As an ICPA community we would also like to extend our sincere thanks to Elders Geraldton for their kind donation towards camp costs.

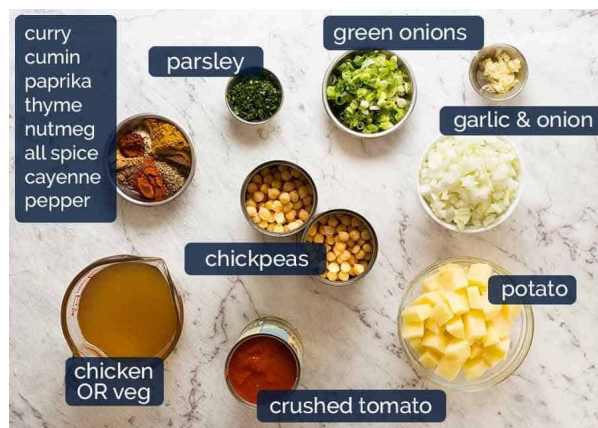


On Monday morning swags were rolled, bags packed, and goodbyes exchanged as everyone made the many miles back to their respective outback homes. So many wonderful memories were made on this camp that united some very special bush families spread across vast distances. Old friendships were rekindled, and new ones made during the camp and with planning already under-way for next year, this camp is set to remain an annual fixture long into the future.

Chickpea Potato Curry

SPICES:

- 2 tbsp curry powder
- 1 tsp All Spice powder
- 1 tsp nutmeg powder (or 1/2 tsp freshly grated)
- 1 1/2 tsp smoked paprika (or normal or sweet)
- 2 tsp dried thyme leaves (or 3 tsp fresh)
- 1 tsp cumin powder
- 3/4 tsp cayenne pepper



CURRY

- 3 tbsp (65ml) cooking oil
- 2 large garlic cloves, *minced*
- 1 large onion, *diced (brown, white, yellow)*
- 1 1/2 cups (225g) potatoes, *cut into 1.2cm / 1/2" cubes*
- 28 oz / 800g canned chickpeas (2 x 14oz/400g cans), *drained*
- 14 oz / 400g canned crushed tomatoes
- 2 cups (500ml) vegetable or chicken broth/stock
- 2 scallion/shallot stems, *sliced (green & white part)*
- 2 tbsp fresh parsley, *finely chopped (or coriander/cilantro)*
- Salt to taste



Method

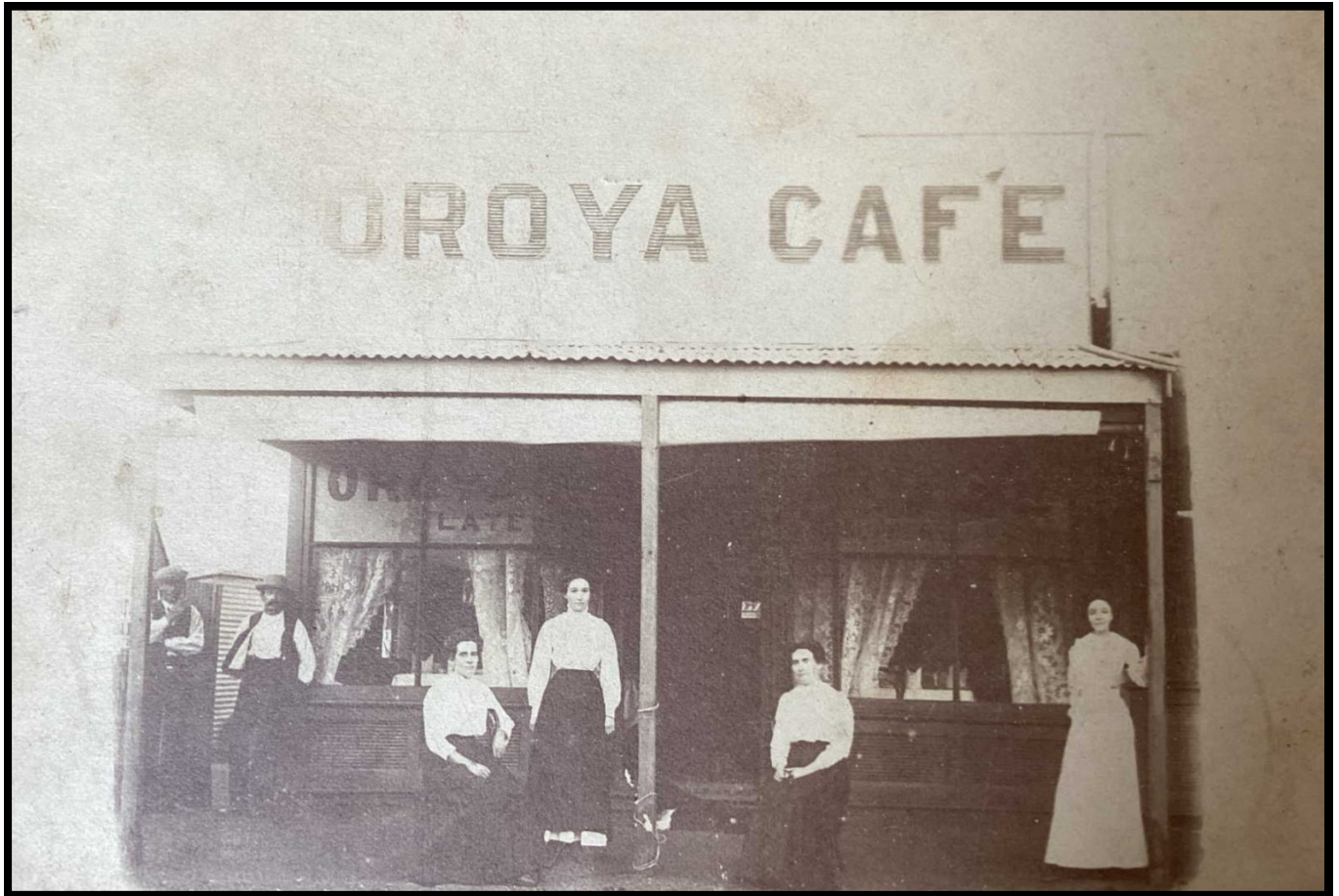
Measuring out those spices is definitely the step that takes the most time in this recipe!! So once that's done, it's a pretty effortless recipe:

- Sauté garlic and onion
- Sauté spices (brings out the flavour)
- Coat potato in the spices
- Add everything else (chickpeas, tomato, broth/stock)
- Simmer to reduce and thicken until potatoes and chickpeas are soft
- stir in green onion and parsley at the end
- Serve over rice (plain or coconut) with a dollop of plain Greek yogurt and naan

Photo of the Oroya cafe Sandstone c1910.

This is the earliest record I have of Albertina and Frances Brindley being in Sandstone from the 1910 census. Albertina seated left and Frances seated right were the proprietors from about 1910 to about 1915 as far as I can ascertain. They were from Victoria originally and were both single when they set out on the journey. An amazing thing to do in that era. Frances died in 1919 and I think Albertina moved to Augusta around that time. Both incredible women.

- From Jenny Clisby



Below taken from the Black Range Courier—Friday January 28th, 1910

ly
don
to
the
ner.
om-
ing
ade
ght

The Misses Brindley announce in our advertising columns that they have taken over the **Oroya Cafe**, in Hack-street, lately conducted by Mr McAlpin. Miners are specially catered for, and good board may be had for 30s per week. The **Oroya Cafe** is situated right opposite Clark Meehan and Co's. butchery, and you can obtain an excellent meal for 2s.

(V
me
se
Gr
na
so
ha
an

Crossword

Puzzle 91

Arkadium
CROSSWORD

Arkadium

ACROSS

- 1. Take an oath
- 6. Droops
- 10. Right now!
- 14. Manufacture cloth
- 15. Beige
- 16. Brave one
- 17. Directional symbol
- 18. Prayer ending
- 19. Afresh
- 20. Elvis's home state
- 22. Unaccompanied
- 23. Pair
- 24. New York's _____ Park
- 26. Competent
- 30. Eat
- 32. Mountaintop
- 33. Road material
- 34. Expire
- 39. Artist's tripod
- 41. Hawaiian necklace
- 43. From then on
- 44. Moscow's country
- 46. Printers' measures
- 48. Old wound
- 49. Picturesque
- 51. Model _____ Moss
- 52. Judge
- 56. Typewriter key
- 58. Requirements
- 59. Movie genre
- 65. Inform
- 66. India's locale
- 67. Beatle beatkeeper
- 68. Capri or Wight
- 69. Budget item
- 70. Artistic category
- 71. Mediocre grades
- 72. Without charge
- 73. Double curves

DOWN

- 1. Smack

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20					21					22				
				23				24	25					
26	27	28	29		30		31							
32					33				34		35	36	37	38
39				40		41		42		43				
44					45		46		47		48			
				49		50					51			
52	53	54	55						56		57			
58						59	60				61	62	63	64
65					66					67				
68					69					70				
71					72					73				

- 2. "The Way We _____"
- 35. Dare
- 3. Merit
- 36. Machu Picchu native
- 4. Shakespeare's river
- 37. Begone!
- 5. Married again
- 38. Not there
- 6. Not year-round
- 40. Shopping reminders
- 7. Peak
- 42. Start
- 8. Athens' country
- 45. Top card
- 9. Our star
- 47. Sting
- 10. Bible verb
- 50. Blackboard cleaner
- 11. Choir voice
- 52. Caper
- 12. Ring
- 53. Actress _____ Witherspoon
- 13. Drying cloth
- 54. Southern beauty
- 21. Court proceeding
- 55. Does nothing
- 22. Poker stakes
- 57. Flat-bottomed boat
- 25. Psychic letters
- 60. Three squared
- 26. One who mimics
- 61. Makes a knot
- 27. Sweetheart
- 62. Roadhouses
- 28. Highland miss
- 63. Folklore monster
- 29. Squeaks by
- 64. Nays
- 31. Putting _____
- 66. Pound sound

8					3			
		4	8			9	2	
		8		6				1
	6	2			8			
7			2		6			8
			4			2	3	
8				2		5		
	7	6			5	1		
			6					

NUMBER 57

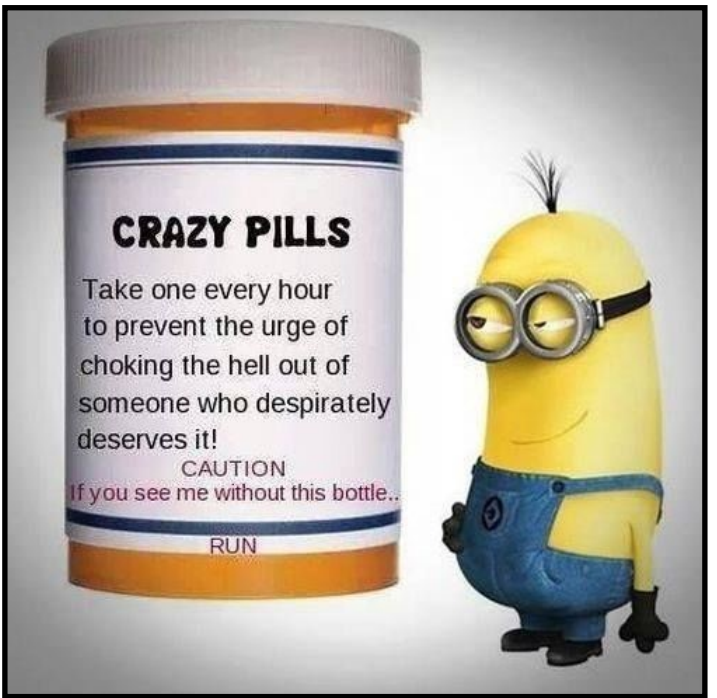
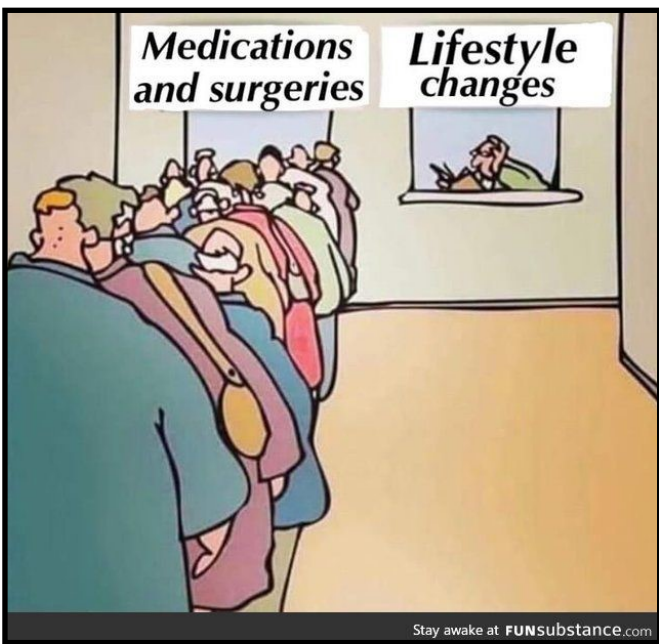
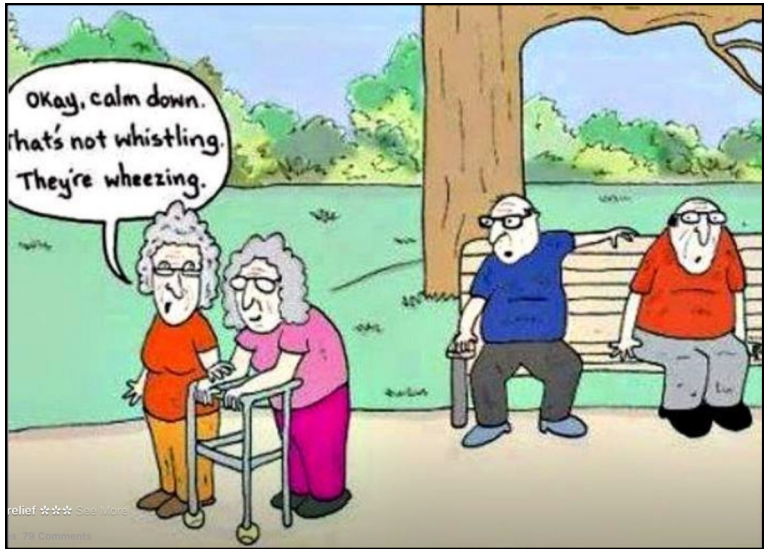
★★★ SUPER

		4	5					
				1			4	5
1			3			7		
			4			2		8
5			8		7			3
6		7			3			
		3			9			2
9	7			8				
					5	9		

NUMBER 58

Sudoku is played on a grid of 9 x 9 spaces. Within the rows and columns are 9 “squares” (made up of 3 x 3 spaces). Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square.

FUNNIES



Sandstone Community Craft Group

Our group meets Tuesday & Friday from 9am to 1pm in the Sandstone Community Hall, Hack Street, from April to October, primarily to Knit/Crochet (and all other types of craft) for Charity.

Come along and learn new skills or pick up old ones. Free and easy patterns are available and we have some donated wool.

Needles and hooks are also available to get you started.

Bring your own project or if Knitting and Crocheting isn't your forte but Needlework, Tapestry, etc. is, still come along and join us for the day.

Tea and coffee will be provided.
Bring a small plate for morning tea / light lunch to share.



All are welcome

For further information,
please feel free to contact Karan on
0418 905 090.



Lawn Bowls

Sandstone Community Rec Centre



**2 sets of Lawn Bowls are available
at the Visitor Centre, however,
anyone wanting to play
can arrange to collect the key
from the Shire Office
Monday to Friday
between 08:00 and 17:00**

We can help YOU get connected and stay connected.

We provide independent, free connectivity advice for anyone living or working rural, regional, and remote Australia. We are an Australian Government initiative run by the National Farmers' Federation since December 2020.

What we do

Our regionally-based team can provide you with tailored connectivity advice on internet and phone options and troubleshooting issues. As an Australian Government initiative, we offer a completely free and independent service to help with your choice of digital technologies, applications, and solutions for equipment, set-up, and installation. We also help you build skills that give you confidence when using technology. Please reach out to us

How we help

We have helped over 130,000 Australians improve their internet or phone connection, extend or boost their reception, swap plans, resolve connectivity outages, and in some cases reduce costs. We are here to help.

Services

Connectivity reports, escalation service and phone support. We provide 1:1 support to understand your best internet and phone options or help you troubleshoot issues. 2. Social channels and free book-in service so you can connect with us online at a time that suits you. 3. Connectivity Resource Hub provides a wealth of information, resources, tools and troubleshooting advice via our website. 4. Attending events and engaging with you in your community. This helps spread the word about our services and connect with more people on-the ground to help answer your questions. 5. Two-way information exchange with our partners, stakeholders, government, to identify common issues, challenges and outages.

www.regionaltechhub.org.au



**Regional
Tech Hub**

Contact

Regional Tech Hub P: 1300 081 029

E: helpdesk@regionaltechhub.org.au



Looking for guaranteed ways to save on your energy bills?

With Sunshine Saver™ you're guaranteed to start saving immediately.*

Sunshine Saver is made especially for renters or people who can't access the bill saving benefits of rooftop solar.

This simple subscription gives you five units of energy credited to your account daily, regardless of how and when energy is used. And you can enjoy more savings with a 10% discount on all energy used between 6am and 6pm. All for only \$1 a day.

Be quick to start saving immediately.

Visit horizonpower.com.au/SunshineSaver

* Estimated savings of \$219 is based on the average consumption of a residential A2 tariff customer in eligible towns. Total individual customer savings will vary depending on energy used during 6am and 6pm.



The Community Bus Has been repaired and is back in Sandstone!



Please contact the shire for more information on availability

9963 5802

(seats are limited and must be booked)





The Sandstone Bush Fire Brigade is looking for volunteers

Meetings are held regularly
at the Bush Fire Brigade Station
Lot 73, Rowe Street

New volunteers are needed or anyone willing to
lend a hand and participate if required.

For more information, please call The Shire Office on (08) 9963 5802



St John

Make a difference for your community.
Become an ambulance *volunteer*.

Supporting your Sandstone community is one of the best ways to get to know it. Join a social, inclusive and committed team, and you'll be surprised by the friendships you'll make, which can be as rewarding as the good you're doing for your town.

- Full training provided in a friendly, supportive environment.
- No medical experience required – all you need to get started is a police check, a clean driver's licence, and a can-do attitude.
- Not all callouts are emergencies – help with routine patient transport.
- Commit to shifts to suit your schedule – a minimum of 60 hours per annum.
- Uniforms and ambulance cover provided free of charge.

Your next move.

If this sounds like something you'd like to explore, visit stjohnchangelives.com.au or call St John Sandstone on 0458 452 364, or email cp.midwesteast@stjohnrwa.com.au



Before attending the nursing post on Doctor days,
please contact Lana to make an appointment.

Lana can be contacted at home on 08 9963 5831
or
at the nursing post on Thursdays on 08 9963 5808

Thank You

Sandstone Physiotherapy Visiting Dates 2024

To be Advised

The Physio is currently provided via Telehealth

To make an appointment, please phone
Geraldton Physiotherapy Reception

08 9956 2204



Meekatharra RFDS Flying clinics 2024

August

Thursday 8th	Sandstone	Dr Phil King
Thursday 22nd	Sandstone	Dr Di Comley

September

Thursday 5th	Sandstone	Dr Tim Lipscombe
Thursday 19th	Sandstone	Dr Phil King



Government of **Western Australia**
North Metropolitan Health Service
Dental Health Services

MEEKATHARRA DENTAL CLINIC AND MOBILE
TRAVEL DATES 2024

Sandstone Dental Visit will be organised for later in the year

Sandstone	27 May - 31 May
Meekatharra	18 June - 28 June
Yalgoo	17 July - 26 July
Mount Magnet	14 August - 23 August
Meekatharra	11 September - 20 September
Mount Magnet	9 October - 18 October
Meekatharra	6 November - 15 November
Mount Magnet	4 December - 12 December



SANDSTONE NURSING POST

IRVINE ST SANDSTONE
Nurse - Lana Lefroy 9963 5808 or 9963 5831



Health Services

Wiluna Medical Services Available

The following medical services are available from visiting specialists through the Wiluna Medical Centre.

These services are provided free of charge to Sandstone residents and the travelling public.

To make an appointment with visiting specialists, contact Wiluna Medical Centre on **(08) 9981 8600**

Dentist (Monthly)
Gynaecologist
Audiologist
Ear, Nose and Throat (ENT)

Mount Magnet Medical Services

Ph for appointment with the GP (08) 9940 3222

Specialist & Allied Health

Services include:

- Cardiologist
- Sonographer
- Respiratory Physician
- Clinical Nurse Specialist
- General Physician
- Dietician
- Diabetes Education
- Podiatrist
- Audiologist
- Physiotherapy
- Renal Education
- Palliative Support Team

How do I see a visiting specialist?

To see the visiting specialists at Murchison Outreach Service (Mt Magnet) you must see the GP who will refer you to the appropriate specialist.

Need to know more? Contact our Specialist Clerk or specialist Nurse for further information on



Health Services

TELEPHONE HELP LINES

[Mental Health Emergency Response Line](#)

(formerly Psychiatric Emergency Team)

Perth WA 6000 Tel: 08 9224 8888

[RuralLink](#)

Tel: 1800 552 002

4:30pm - 8:30am weeknights

24 hours on weekends and public holidays

Emergency Number
Royal Flying Doctor Service

1800 625 800

Police, Fire and Ambulance Dial

000

Sandstone is a remote township which currently has
NO EMERGENCY MEDICAL HEALTH SERVICE

If you require **EMERGENCY MEDICAL ASSISTANCE** dial

1800 625 800

This will put you in contact with the **Royal Flying Doctor Service**,
who will provide immediate advice to you.

SANDSTONE NURSING POST

Irvine Street, Sandstone
RFDS Doctor in attendance every second week
9:00am - 11:30am.

Nurse in attendance until 4:00pm

Nurse in attendance every Thursday 9:00am - 4:00pm

Phone Number	(08) 9963 5808
After Hours	(08) 9963 5831
Contact person	Lana Lefroy

Should you be traveling and require medical assistance,
24 hour / 7 day services are provided at :

MOUNT MAGNET NURSING POST

Corner of Criddle and Welcome Street, Mt Magnet
Monday - Friday 8:30am - 4:00pm. Closed for lunch

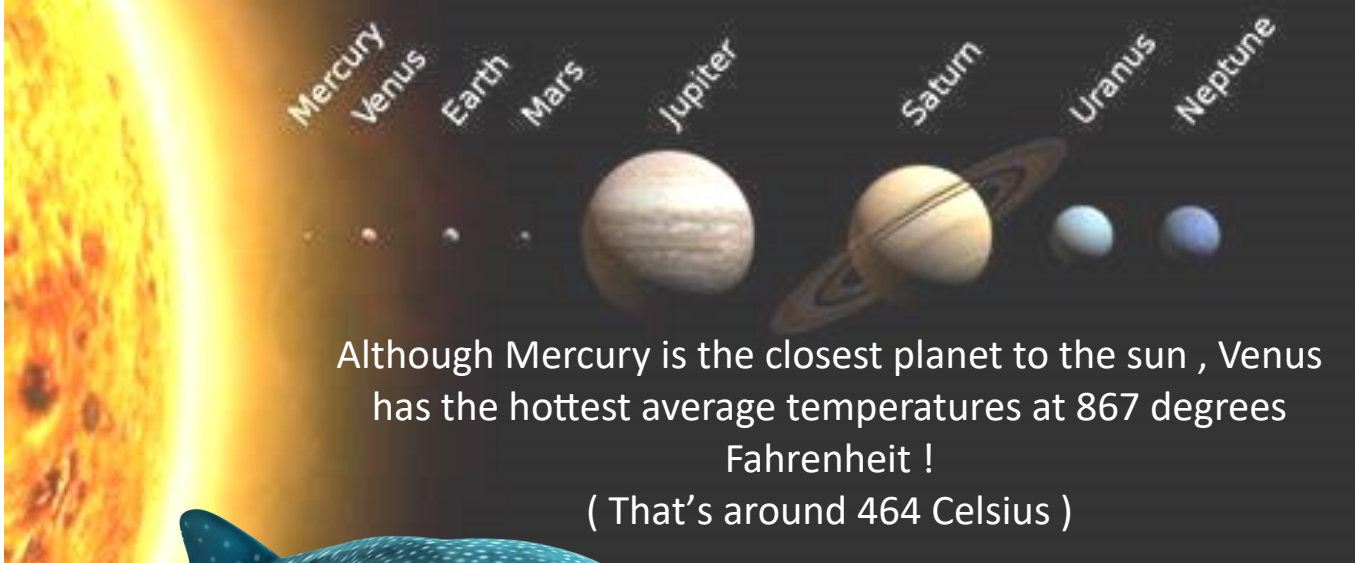
Staff on call for emergencies (08) 9963 3100

MEEKATHARRA HOSPITAL

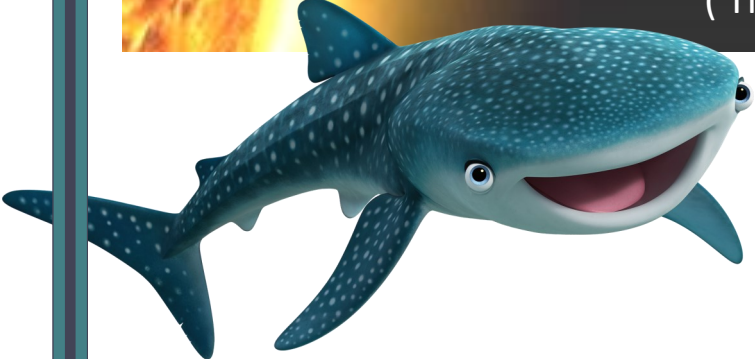
Savage Street, Meekatharra

24hour casualty service (08) 9961 0600

INTERESTING FACTS FOR CURIOUS MINDS



Although Mercury is the closest planet to the sun , Venus has the hottest average temperatures at 867 degrees Fahrenheit !
(That's around 464 Celsius)



The whale shark is the largest fish in the world. They can grow to 50 feet long & despite the 'whale' in its name, it's 100% fish


Next time you think about putting glitter on before a date, make sure he or she isn't allergic to mica. Most glitter is made from mica, which is an allergen to some people



A troy ounce—used to weigh gold, silver and other precious metals measures 31.1 grams. A standard ounce weighs 28.3



Tesla Motors, Inc. began in 2003. Elon Musk joined the company in 2004 and it received a \$465million loan from the US government in 2009 - the rest is history !

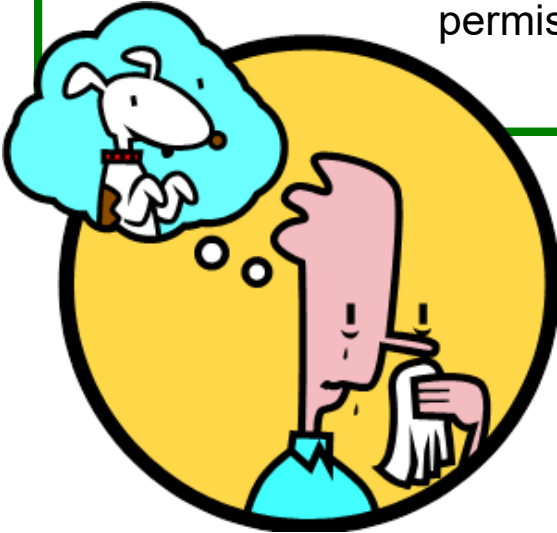



PUBLIC NOTICES

Pastoralists and D.E.C. in Sandstone and surrounding Shires have an ongoing wild dog bait programme.

Baits are on the ground ALL year round

Dogs are **NOT PERMITTED** on a pastoral lease unless permission has been given



To avoid being penalised all dogs and cats must be kept in your yard **OR** on a leash at all times.

Please clean up after your dog!!!!

All dogs must be registered.

If your dog is not registered or you are unsure, please contact the Shire office.



Dog registrations are due at the end of October each year.

Directory of Services to Sandstone




KARL IBBOTSON

Phone: (08) 9963 4004
 Fax: (08) 9963 4074
 Mob: 0427 991 893
 Email: murchisonpower@bigpond.com.au
karlibbotson@bigpond.com.au
 Web: www.murchisonpower.com.au
 Lot 483 Criddle Street
 PO Box 204 Mt Magnet WA 6638

EC 006509


- Construction & Maintenance of all Power Systems
- Licensed Shotfirer
- HV and LV Cable Jointing
- Crane/Borer and Pole Jinker Hire
- Elevated Work Platform
- Switching Operator
- Tree Lopping
- All Electrical Applications (Domestic / Commercial / Industrial)

JPB Contracting

Paul (Scruffy) Bennett

Ph: 0427 841 888

IF YOU REQUIRE THE SERVICES OF A JUSTICE OF THE PEACE PLEASE CALL MARGARET DUHIG ON 0412 652 835 FOR AN APPOINTMENT. THIS IS A FREE AND CONFIDENTIAL SERVICE.



Please note this is NOT a service provided at the Shire of Sandstone so please call for an appointment .



YOU MUST CONTACT THE SHIRE OF SANDSTONE PRIOR TO DISPOSAL OF ANY ASBESTOS MATERIALS

Phone (08) 9963 5802
 Mondays - Fridays
 8:30 - 4:00pm

LEGAL ACTION WILL BE TAKEN FOR NON-COMPLIANCE

Westcoast Seafood
 Email: coral@westcoastseafood.com.au

Directory of Services to Sandstone

OUTBACK ACCOMMODATION SANDSTONE

(08) 9963 5869
outbacksandstone@gmail.com



PL9934 | GF6916 | BF7329



PLUMBING & GAS

SERVICING MID WEST & GOLDFIELDS REGIONS

MINING | COMMERCIAL | RESIDENTIAL | INDUSTRIAL

24/7 EMERGENCY

PH: 0416 307 843 | ADMIN@LEISKHYDRAULICS.COM.AU

Community Bulletin Board



Ordinary Meeting of Council

The next Ordinary Meeting of Council
is Thursday **22 August 2024**
from 1:00pm in Council Chambers

When prepared, the Agenda can be viewed online
at www.sandstone.wa.gov.au or at the Sandstone Library



Hello community,

I would like to buy a home in Sandstone vacant possession.
Please contact me on:

0427346934
macca3248@gmail.com

I will be living in Sandstone permanently.

Regards ,
Alan McKenzie , ex APB , Vietnam Veteran.

Community Bulletin Board

Useful Sandstone Telephone Numbers

Shire of Sandstone Office & Post Office	08 9963 5802
Sandstone Museum & Visitor Information Centre	08 9963 5061
Alice Atkinson Caravan Park	08 9963 5859
Sandstone Nursing Post	08 9963 5808
Outback Accommodation	08 9963 5869
Justice of the Peace	0412 652 835
Main Roads - Road Conditions (24 Hr Customer Contact Centre)	13 81 38
Mt Magnet Police	08 9963 3222

ROTARY CLUB

We are the very first Rotary Club that is based purely online in WA. This enables people living in remote/regional areas the option to still provide a service to their local community by joining Rotary E club of E.WA. It's a new and vital Rotary Experience.

We meet via online webinars and the use of Facebook, both open to the public and private sessions.

Name: E-WA Rotary
Address: www.ewarotary.org.au

www.facebook.com/ewarotary
Ph 0408 802 490

Community Group Name:

E-WA Rotary—Kerry O'Shea
rotaryewa@gmail.com

We'd love to hear from you :)

Big Blue Table

OCT 2024

Cook up a conversation for mental health.

Receive a free host kit!
bigbluetable.com.au

Beyond Blue

Community Bulletin Board

Mount Magnet Post & Lotteries

Gifts, cards, stationery, art supplies.
Passport photos and much more
Drop in and browse

Check out the website www.mtmagnetpost.com

**Sandstone Library is located within
the
Shire Administration Building
Monday - Friday 8.00am - 4.30pm**

- Interlibrary Loans
- Audio Books
- Internet access



Heritage Museum & Visitor Centre

Open everyday 9am—4pm (April –Oct)

Looking for Gold? Want to Prospect near Sandstone?

Please contact the
Department of Mines and Petroleum,
Cr Hepburn and Richardson Streets,
Mount Magnet

Telephone (08) 9963 4509
Fax (08) 9963 4488

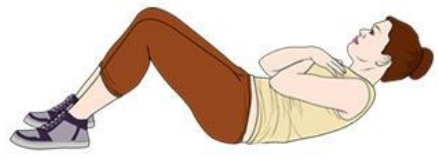
If you have a story, photo,
birthday, or something else you
would like to see in the Bush
Telegraph, please email

visitus@sandstone.wa.gov.au

Crossword solution

1	S	2	W	3	E	4	A	5	R	6	S	7	A	8	G	9	S	10	S	11	T	12	A	13	T	
14	W	15	E	16	A	17	V	18	E	19	C	20	R	21	U	22	H	23	E	24	R	25	O			
17	A	18	R	19	R	20	O	21	W	22	A	23	M	24	E	25	N	26	A	27	28	N	29	E	W	
20	T	21	E	22	N	23	N	24	E	25	S	26	S	27	E	28	E	29	A	30	31	L	32	O	N	E

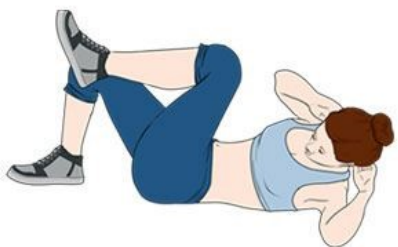
SIMPLE EXERCISES to FLATTEN YOUR BELLY



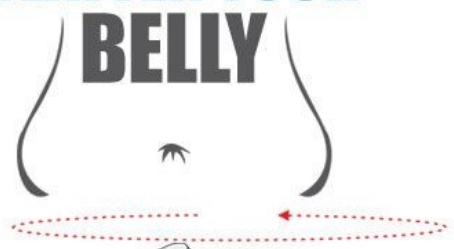
CRUNCHES



DUMBBELL SQUATS



BICYCLE EXERCISE



LEG CIRCLES



CHAIR POSE



HIP LIFTS



THE PLANK



FLUTTER KICKS



LEG DROPS



To explore more, visit www.Top10HomeRemedies.com



AUGUST 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Nurses post	2 Craft group	3
4	5	6 Craft Group	7	8 Doctors clinic	9 Craft Group	10
11	12	13 Craft Group	14	15 Nurses post	16 Craft Group	17 ART SHOW Opening night *
18	19	20 Craft Group	21	22 Doctors clinic Council meeting	23 Craft Group	24
25	26	27 Craft Group	28	29 Nurses Post	30 Craft Group	31

* The Art Show will be open during the day for the following 2 weeks after the opening night



Internet access is available at Sandstone Library in the Shire Administration Building using our computers

**Monday - Friday
8.00am - 4.30pm**

Please note :
We don't have public WIFI

If you would like your event to appear on the Community Planner please contact the Shire of Sandstone - Phone: 08 9963 5802 Email: dceo@sandstone.wa.gov.au