



BUSH TELEGRAPH

December 2024

FREE



Western Bearded Dragon on a drillers sample bag near Mt Breen
- Mike Kammermann

The Shire of Sandstone
Hack St, Sandstone WA 6639
Ph: (08) 9963 5802 | Email: dceo@sandstone.wa.gov.au

Happy holidays everyone ! See you next year !

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Disclaimer

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The opinions expressed have been published in good faith on the request of the person requesting publication, and are not those of the Shire of Sandstone.

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Contributions

Please contact the Shire of Sandstone Administration Office if you wish to contribute to the Bush Telegraph and take part in a chance to win a \$50.00 cash prize.

You can email your contributions to visitus@sandstone.wa.gov.au or drop it into the Shire Administration Building.

If you wish to stay anonymous, you can put your contribution in an envelope, write Bush Telegraph on the front and drop it in the red mailbox at the Shire Administration building.

Cut-off time for all contributions is the 25th of every month which will allow our staff time to include your contribution. Contributions made after the 25th will be included in the next edition.

Feedback

Tell us what you liked, what you didn't like, what could be improved and what you like to see.

Cut out and drop your feedback form in the Shire office at Reception or email to cso@sandstone.wa.gov.au

SHIRE NEWS

SHIRE OF SANDSTONE
HACK STREET SANDSTONE WA 6639

From the Desk of the CEO

Greetings to the residents of and visitors to Sandstone.

At this time of year, I'd like to thank all staff who put the effort in this past year.

I especially thank Paddy O'Brien for his achievements in following projects:

- completing the **Hack Street footpath**;
- Installation of the **Caravan Park Units** and the new **septics** in the Caravan Park (thanks also to Garry Farmer for his substantial work on these projects);
- repairing the **water playground**;
- supervising the placement and ancillaries of the **new Shire house** in Griffith Street;
- the greening of the **school oval** and **Anzac Park**;
- organising and overseeing the **new gardens** in the median strips in Oroya and Hack Street and the very colourful little gardens in the giant pot plants;
- bring some order to the **reticulation system** around the various garden;
- and of course, with Leading Hand Danny Humphries, management of the road projects.

I also thank Tracey Weiss for her excellent management of the **Caravan Park, Café, Visitors Centre** and the **administration**, especially in overcoming many logistical and resourcing obstacles.

Tracey is unfortunately leaving us in January 2025 but she has done a huge job for the Shire and she will be missed. I wish Tracey all the very best in her future employment.

Congratulations to Tegan and the **Tidy Towns** team for achieving finalist status in three categories in the awards. This is a fantastic achievement and competing against larger local governments is never easy.

Along with the Shire President and Planning Consultant I attended a meeting in Perth with the **Department of Lands, Planning and Heritage** as we attempt to acquire vacant land for future development opportunities. Currently the Shire has very little land to offer to any persons or businesses that would like to locate in Sandstone. This is a lengthy and difficult process but at least we are underway.

According to a **Telstra** message, the most recent Telstra outage is due to Telstra "working to fix the mobile network in Sandstone." This probably sounds familiar as they seem to be continually "fixing" the network in Sandstone. One comment is that the astronauts get better phone service in the space station than we do in Sandstone.

On behalf of the staff, I wish everyone including the many contractors who've worked for us over the year, a very Happy Christmas and a prosperous New Year.

Peter Money

Chief Executive Officer



SHIRE NEWS

SHIRE OF SANDSTONE
HACK STREET SANDSTONE WA 6639
PHONE: 08 9963 5802

Christmas message from the Shire President

With the Festive Seasons drawing near, I wonder where 2024 has gone! This year the Shire has worked hard on many projects and it has been great to see many progressed and completed. The feedback from visitors is always very positive, about what a neat, clean and safe little town Sandstone is. The Post Office Café is very popular, and we have received many fantastic comments on the coffee, food, and lovely staff. A big thank you, to all those, who have worked in the Café this year.

I would like to take this opportunity to thank my fellow councillors for their support over the past year, and the staff for their efforts in helping make Sandstone an enjoyable place to live, work and visit.

We were all deeply saddened by the news of the tragic passing of one of our community members, Mark Taylor. Our thoughts, love, and deepest sympathy are with Ali on the loss of her beloved husband.

Wishing all residents a joyful, and safe Christmas, and a happy, healthy, and prosperous New Year. If you are travelling to be with loved ones over the Christmas period, take care, and I look forward to seeing you all in 2025.

Beth Walton
Sandstone Shire President





SHIRE NEWS

SHIRE OF SANDSTONE
HACK STREET SANDSTONE WA 6639
PHONE: 08 9963 5802
EMAIL: dceo@sandstone.wa.gov.au

Council meeting dates 2024

December 18th

Meetings commence at 1:00pm in Council Chambers located
at the rear of the Shire Administration Centre

Meetings are open to the public

2025

January	no meeting
February	27th
March	27th
April	24th
May	22nd
June	26th
July	24th
August	28th
September	25th
October	23rd
November	27th
December	18th

**The Environmental Health Officer
for the Shire of Sandstone
is David Hadden.**

David's contact details are:
Principal EHO/Building Surveyor

**Mobile: 0483 350 133
Email: eho@mtmagnet.wa.gov.au**

Western Australia's Christmas tree! (Nuytsia floribunda)

The WA Christmas tree is very unusual. It has no relatives and is classed in a genus by itself in the mistletoe family. Unlike other mistletoes that grow on the branches of their host trees, the WA Christmas tree grows in the ground. It is partially parasitic which means that its roots make rings round the roots of nearby plants and then extracts water and nutrients from those plants.

The WA Christmas Tree is the only plant in the mistletoe family that has seeds that are wind dispersed. The seeds have wings on them but because the seeds are quite large they often land just a few metres from the parent tree. The majority of seeds are eaten by ants and other creatures, or they are not able to germinate due to the circumstances not being ideal for germination.

During the flowering period which is now, the flowers are a rich source of nectar for the nectar eating birds and insects for the insect eating birds.

The trees develop thick trunks which are made from a starchy tissue which horses love to eat and they continue to chew until they kill the tree. It is important that large numbers of animals are not allowed to stand under these trees, or any trees for that matter, for shade. The compaction of the ground by the hooves of livestock, particularly cattle and horses, can slowly kill a tree.

The weight of the flowers and leaves of the WA Christmas Tree often causes branches to break off the trees which gives them an irregular, often battered, look.

We do not fully understand the WA Christmas Tree and how to give it the best chance of survival when planted into a garden or a bushland setting. In their natural setting they appear to be tough and adaptable. They can be seen growing over a large area from Kalbarrie to Israelite Bay which includes many different soil types and situations.

In reality nobody knows how to help them to grow successfully in gardens or bushland.

For every one person who succeeds to grow a WA Christmas Tree there are at least another five who fail.



To read the full article visit-
www.australiannativenursery.com.au

Dates of interest in December

Birthdays

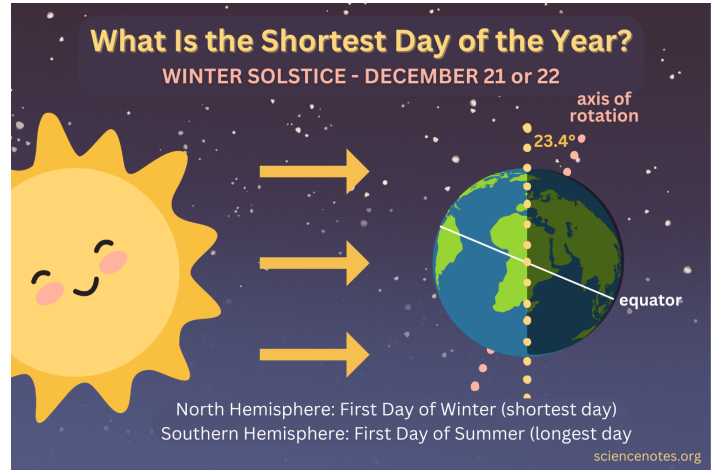
2nd—Karan

30th—Brigette

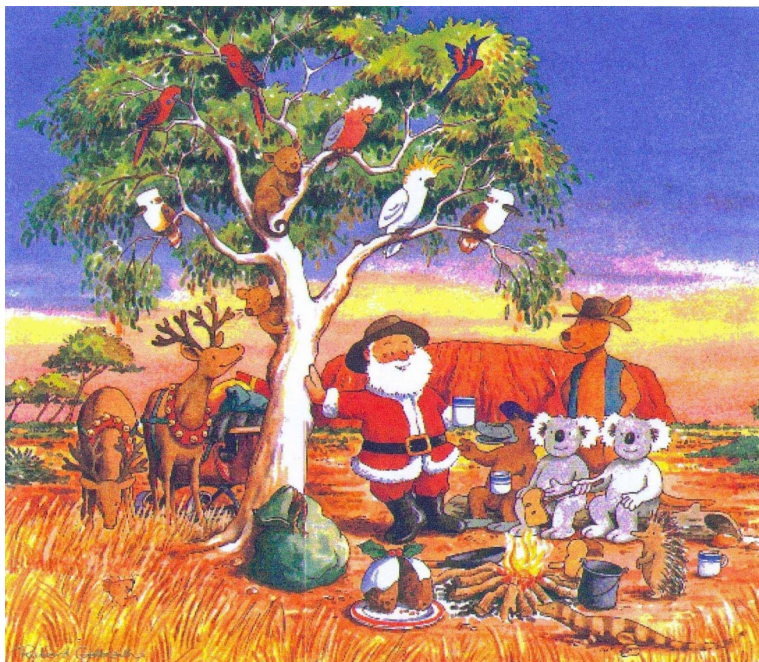
1st Beginning of Summer



21st Winter solstice



21st Gravy day - inspired by paul kellys song 'how to make gravy'



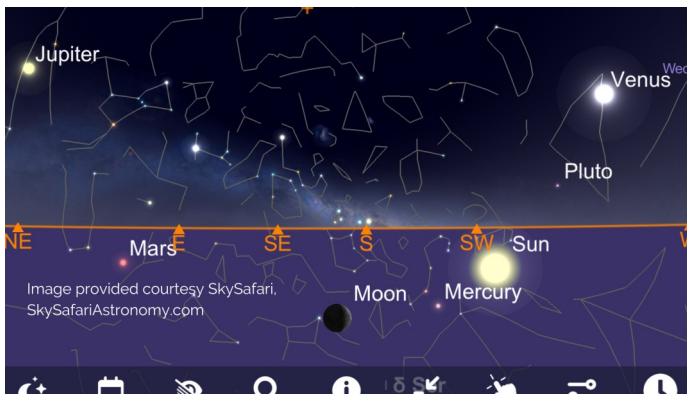
25th CHRISTMAS DAY

31st NEW YEARS EVE

2025

Happy New Year!

December Stargazing



On Christmas Eve, the two brightest planets we see in the night sky will be on opposite sides of the evening sky, at about the same height above the horizon. Jupiter will be on the north east horizon and Venus on the western horizon. Take some time out under the stars to relax before a busy Christmas Day.

When and where to look:

8pm, 24th December. North east and west.

Something Interesting

Do you wonder if there is an astronomical explanation for the Star of Bethlehem? There are a few theories – perhaps it was a comet, a supernova or perhaps a planetary conjunction (or close grouping of planets).

One hypothesis is that the Star of Bethlehem was a conjunction of Venus and Jupiter on 17th June in the year 2 BC. The planets were very close to each other above the north western horizon on this date. Now they are on opposite sides of the sky!



What happens during solstice?

The December Solstice, also known as the summer solstice, marks the marks the day with the most number of daylight hours in the southern hemisphere. The Sun appears at its highest point in the sky, with the Earth most tilted towards the Sun. But it isn't the latest sunset or the earliest sunrise: this is because of the Earth's orbit around the Sun is an ellipse, and because the Earth is off-centre on its axis. Together, these factors mean a difference of several minutes difference between solar and mean time. The word "solstice" comes from the Latin *sol* (sun) and *sistere* (to stand still), because the Sun was believed to stop moving, before changing direction.

When is the solstice this year?

The summer solstice for the southern hemisphere will occur on 21st December at 5:20 pm.



Orion the Hunter is a famous summer constellation, and it is up in the early evening for you to see now. First thing in the evening, look directly to the east. The brightest star you'll see is Sirius.

Directly to the left of Sirius is what is often referred to as 'the Saucepan', and it's part of the Orion constellation. There are three bright stars in a reasonably straight line that make up the base of the saucepan, and a handle sticks out at the top right.

Orion has been known since ancient times. In Greek mythology, Orion is a mighty hunter, but his image is upside down in the southern hemisphere. The three bright stars of the base are Orion's belt, and the saucepan handle forms Orion's sword.

With lovely summer evenings ahead, take an opportunity to marvel at the incredible constellation of Orion.

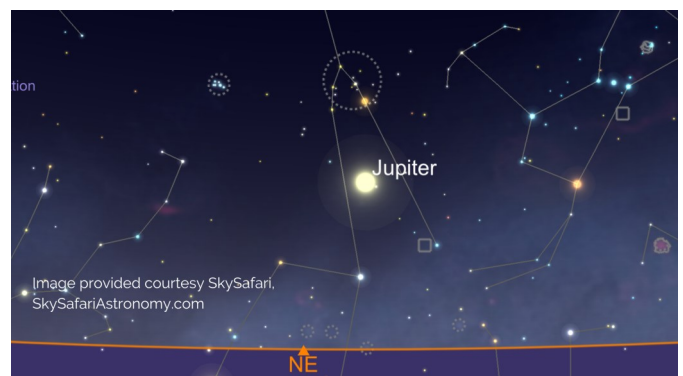
Astronomer and author Ray Norris [says](#) "There are many stories about the Orion constellation right across Australia, and they are nearly always about a group of men hunting or fishing.

According to Norris, the Yolngu people in Arnhem Land tell a story of the three brothers in a canoe in the Orion constellation, better known as *Djulpan*.

The three stars in Orion's belt are the brothers sitting side by side, with the stars Betelgeuse and Rigel marking the front and back of the canoe. The stars in Orion's nebula represent a fish, and the stars of Orion's sword mark out a fishing line trailing behind the canoe. "I love it because it actually looks like a canoe when you see it," says Norris.

When to look: Early to late evening

Which direction to look: East



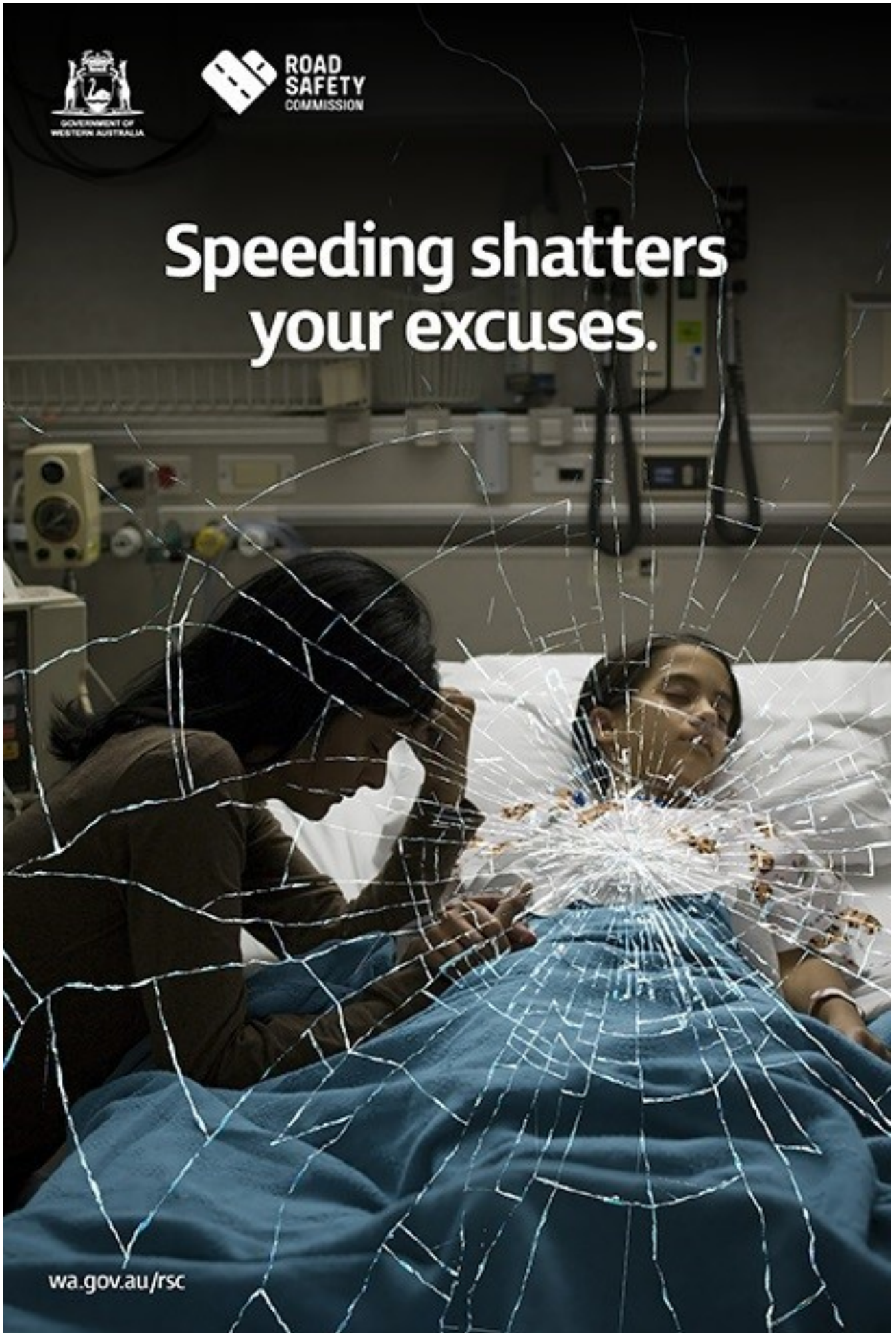
If you've think Jupiter looks really bright lately, that's because it has reached what's known as "opposition". "Opposition" is a word that astronomers use to describe the time when a planet is on the opposite side of Earth to the Sun. It means that the planet is as close as it gets to Earth for the year which makes for great viewing.

When and where to look:

From 9pm right through the month of December in the north east and north.



Speeding shatters your excuses.



wa.gov.au/rsc

Things to note!

Nurses post and RFDS

The Last RFDS doctor visit will be on the 12th Dec and the last nurses post for the year will be on the 19th Dec.

The first clinic for the 2025 new year will be on the 9th January.

Post Office Café Christmas closure

The café will be closed on and between the 24th December — 29th December.

It will also be closed one day on the 1st January.

Shire office/Post office

The shire office closes on the 20th December and re-opens on the 2nd January.

Mail collection during this time will ONLY be 1hr on the 24th (9am-10am) and the 31st (9am-10am)

Shire Website

The Shire of Sandstone will be transitioning to a new website in early December; we appreciate your patience as we work out the bugs.

If you see anything that doesn't look right please let us know.

Mosquito Treatment (Sandstone residents)

If you haven't already picked up some Sumilarv sachets from the shire office there are still plenty to go around. Simply pop into the office to pick some up.

Sumilarv is a slow release granular for the control of mosquitos in non-natural water sources braking the breeding cycle.

The Shire has treated the nearby evaporation pond and will continue to do other treatments such as fogging when able.

Waste oil (Sandstone residents)

There is a waste oil disposal facility in the shire works depot for residential quantities—this is free of charge. Contact the shire for more information.



Rememberance Day



They shall grow not old,
as we that are left grow old;
Age shall not weary them,
nor the years condemn.
At the going down of the sun
and in the morning
We will remember them.

We will remember them
Lest we forget

A beautiful day for remembrance this year with Sandstone holding a gathering at the ANZAC memorial on the 11th.

Eddie Carnegie (pictured) recited the ode and treated all to some emotional bagpipe music.



WARNING

1080 POISON

BAITS LAID HERE

**DOMESTIC DOGS, PETS & ANIMALS MAY BE
AFFECTED IF THEY EAT BAITS OR DEAD ANIMALS
PROTECT BY RESTRAINING OR MUZZLING**

**BAITS LAID FOR:
FOXES / WILD DOGS / FERAL PIGS**

Please note that the majority of the land surrounding the Sandstone Town site and the areas between towns, is Station land owned by private individuals and is, therefore, private property.

Station owners are permitted, by law, to lay baits on their land to control predatory animals in order to protect their cattle / calves.

Please be aware that birds do pick up these baits and drop them close to the roads and within the town site.

It is in your best interests to keep your dogs on leashes at all times and to place muzzles (without tongue gaps) on your dogs while out and about to prevent accidental exposure to poisons.

Community Photos

Please send your photos to cso@sandstone.wa.gov.au **by the 25th** for publication in the next Bush Telegraph and don't forget to provide your name with your Photos.

Rains in Sandstone



Wild Turkey (Aust. Version) parent and child
—Paddy O' Brien



Bungarra Visitor—Tracey Weiss



Peter and Tracey in the office with a rescue joey



Western bearded Dragon
near Mount Breen
—Mike Kammermann



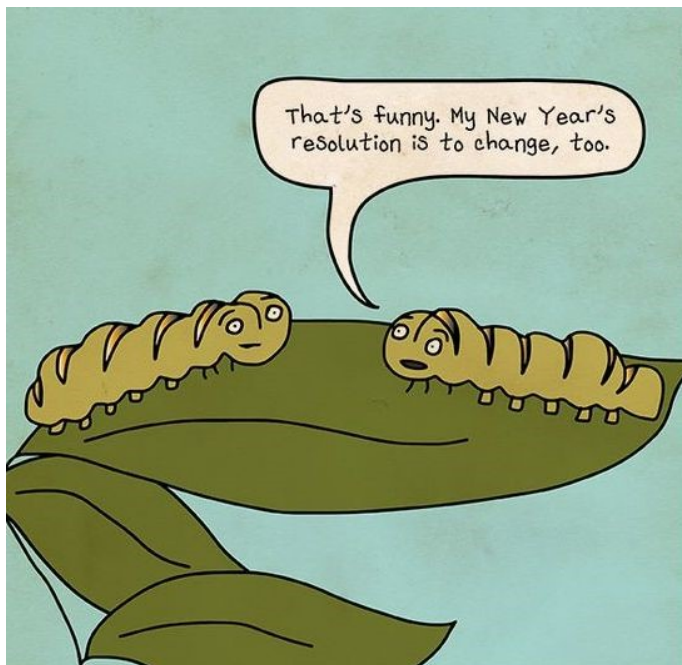
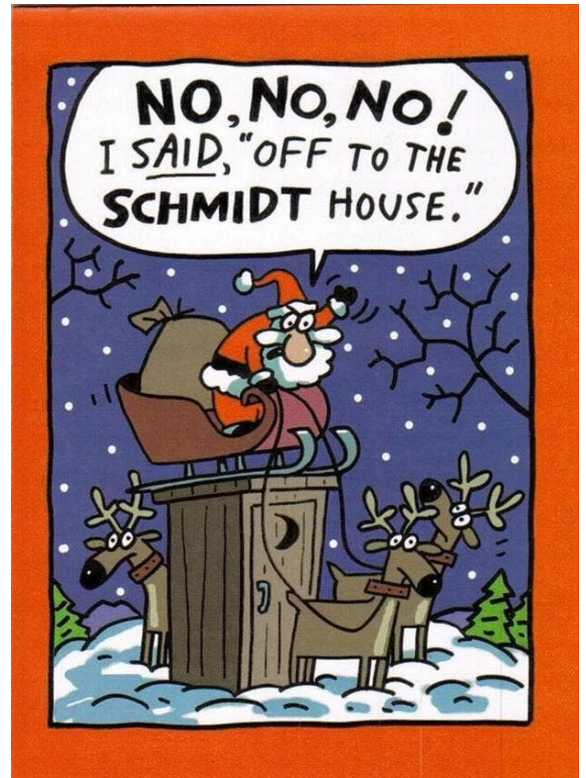
FUNNIES

I have a fear of speed bumps.

But, I am slowly getting over it.

Q: Not to brag, but I already have a date for New Year's Eve.

A: December 31st.





If you are considering upgrading or adding to your water infrastructure Coerco currently have special on 22500L and 32000L water tanks. This offer is valid until close of business 20th of December. Delivery is free within 800km of Perth.

Don't Get Caught Short This Summer

Upgrade your water storage with Coerco's reliable poly water storage tanks. Save \$400 on 22,500L and \$600 on 32,000L tanks.

coerco agriculture

30 YEARS

22,500 LTR

SAVE \$400

~~\$4,239.40~~
\$3,839.40
 incl. GST

32,000 LTR

SAVE \$600

~~\$5,977.40~~
\$5,377.40
 incl. GST

*Rural Based
Rural Focused*

Special offer ends 20th December 2024.

**Order now for delivery
 WITHIN 4 WEEKS!**



For orders or enquiries please call Travis Hollins 0427086738 or email t.hollins@deltawa.com.au

White Christmas

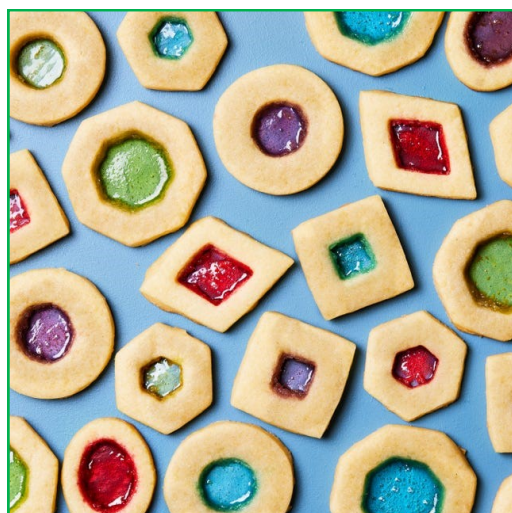
Ingredients

- 250g Copha
- 3 cups Kellogg's Rice Bubbles
- 1 cup desiccated coconut
- 3/4 cup icing sugar, sifted
- 1 cup powdered milk
- 1 cup packaged, dried mixed fruit
- Glace cherries for topping



1. Combine dry ingredients in a mixing bowl
2. Melt Copha slowly over low heat. Cool slightly, pour onto dry ingredients. Mix well
3. Working quickly, spoon into paper patty cases or press into a lamington tin
4. Freeze until set (about 15 minutes), then store in the refrigerator
5. Cut into fingers, top with glace cherries and serve.

www.copha.com.au



Stained glass cookies

Ingredients:

- 3 cups all-purpose flour
- 1 tsp baking powder
- 1/2 tsp kosher salt
- 1 cup (2 sticks) butter softened
- 1 cup granulated sugar
- 1 large egg
- 1 tbsp milk
- 1/2 tsp almond extract
- Hard candies such as jolly ranchers



1. In a large bowl, whisk together flour, baking powder, and salt.
2. In another large bowl using a hand mixer, beat butter and sugar until creamy. Add egg, milk, and almond extract and beat to combine. Add dry ingredients and beat until fully incorporated.
3. Divide dough in half and shape each into a disk and wrap in plastic wrap. Refrigerate until firm, at least 2 hours and up to 3 days.
4. Sort jolly ranchers by color and use a rolling pin or meat tenderizer to crush into small pieces, keeping the colors separated.
5. Line two large baking sheets with parchment. Working one disk at a time, roll dough out on a lightly floured surface to 1/4" thick. Cut shapes out with large cookie cutters, then cut the centers out with a small cookie cutter of the same shape. Place on prepared baking sheets.
6. Fill the centers about 3/4 full with crushed jolly ranchers. Refrigerate until chilled, at least 30 minutes.
7. Preheat oven to 350°F. Bake cookies until edges are lightly golden, 8 to 10 minutes. Let cool completely before removing from baking sheets.

www.delish.com

Tidy Towns Sustainable Communities 2024 Awards



Sandstone was a finalist in three categories including the overall 'State Award' which in itself is a terrific achievement for a small remote town—the whole community should be very proud of their home and their efforts in keeping it beautiful! The competition was fierce (but friendly !) and it was great to see all the amazing work WA regional and remote towns have been doing. Many of our neighbors were recognized with Cue even taking out the Heritage and Culture title—Well done Cue!

Port and South Hedland was the overall State Winner for 2024 and if you'd like to read up on their projects and learn more about the other category finalists and winners I will be putting a copy of the 'Awards snapshots' booklet in the café.

The awards day was very enjoyable and we got lots of ideas from around the state.

Thank you to everyone involved this year.

Helen Ansell did a live painting which was raffled off to one of the audience members—it went to 8 yr old Lucas stone who was a finalist in the young legends category. Helen has also designed the new look for the outback packs this year.



Paddy o'Brien, Beth Walton, Tegan Brown



Booklet will be on display in café



For more information, contact: tidytowns@kabc.wa.gov.au
www.kabc.wa.gov.au



Christmas Day



CANDY, CANE, CAROLING, CHRISTMAS, DECEMBER, HOLLY, LIGHTS, MERRY, MISTLETOE,
 NORTH, POLE, PEACE, PRESENTS, REINDEER, SANTA CLAUS, SLEIGH, SNOWMAN, STAR,
 STOCKING, SUGARPLUM, TREE, WREATH.

© 2022 puzzles-to-print.com

Christmas Joy



4 Letter Words

- BELL
- SNOW

5 Letter Words

- ANGEL
- COCOA
- ELVES
- HOLLY

6 Letter Words

- LIGHTS
- SLEIGH
- TINSEL
- WINTER
- WREATH

7 Letter Words

- CHIMNEY
- GARLAND
- PAGEANT
- RUDOLPH
- SNOWMAN

8 Letter Words

- CAROLING
- DECEMBER
- EXCHANGE
- ORNAMENT
- PRESENTS
- REINDEER
- WRAPPING

9 Letter Words

- CHESTNUTS
- CHRISTMAS
- EVERGREEN
- FRUITCAKE
- MISTLETOE
- NORTH POLE

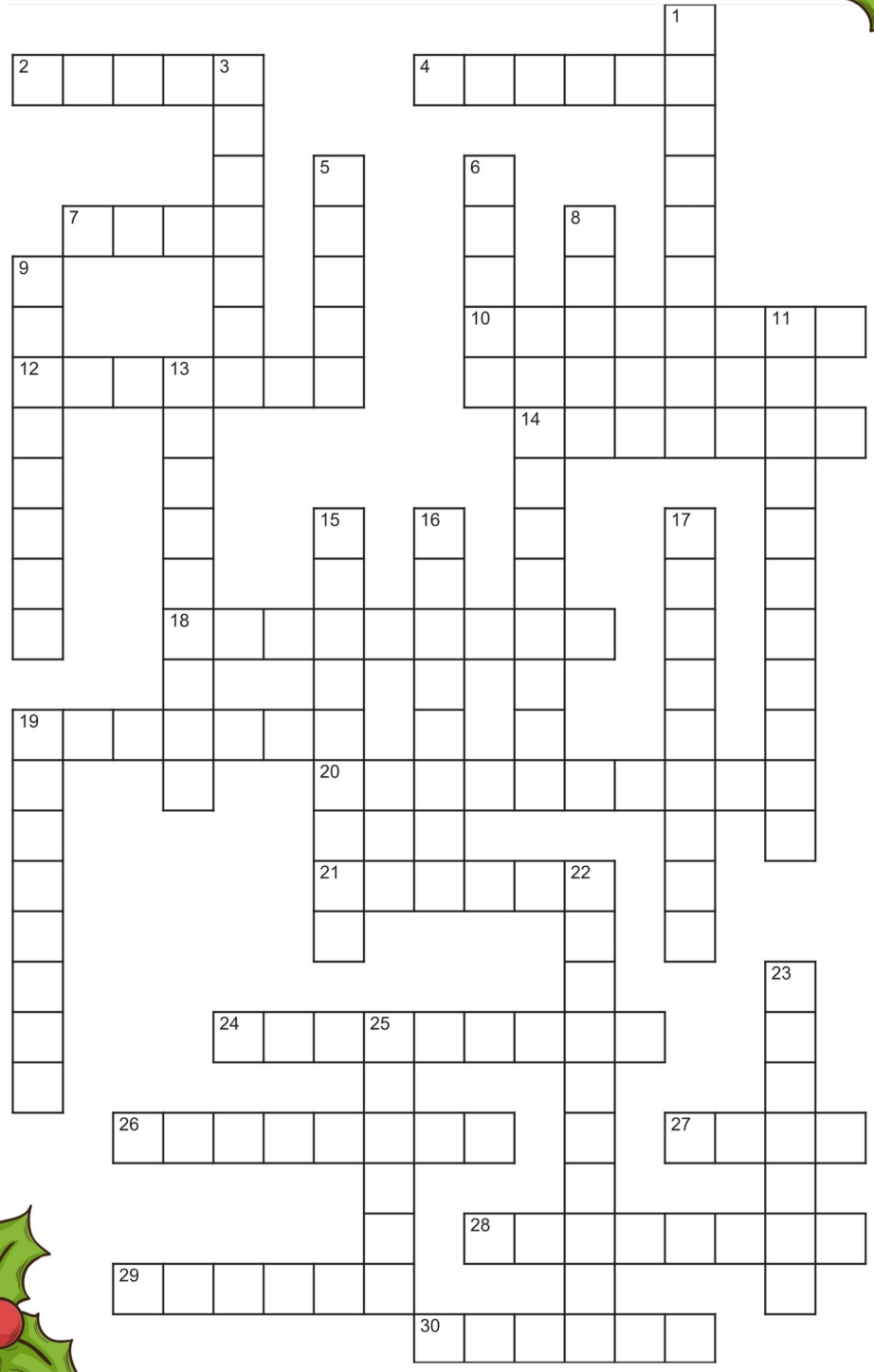
10 Letter Words

- POINSETTIA
- SANTA CLAUS

11 Letter Word

- GINGERBREAD

DIRECTIONS: Fill in the crossword grid with the provided words.





XMAS PARTY

Monday 9th December

FROM 6:30 PM
FREE EVENT

At the recreation centre

Please join us for the 2024 community Christmas party!

When: Monday 9th December, 6.30pm onwards

Where: The Sandstone Recreation Centre on Rowe Street

This free event is for all locals and visitors with
food and drinks provided !

Who knows... Maybe Father Christmas will make
an appearance !



We would like to send out a big **thank you** to Coral from Westcoast seafood for her generous donation to the Sandstone Community Christmas Party!

After all, you cant have an Aussie Christmas without prawns!



Westcoast seafood stock a wide range of seafood from Red Emperor fished in WA to Crayfish and Kinna! They also have deserts, lenards chicken products and easy quick meals like frozen pizzas and meatballs.

Ordering is easy, just contact coral by email or phone.

Coral will be travelling to Sandstone for the next delivery on the 9th December. To order simply contact her by phone or email.

Thank you again Coral, not only for your yummy donation for Christmas but for the continued service to Sandstone, to get seafood in the bush is certainly a treat !



Coral
Ph: 0407 424 435
Email: coral@westcoastseafood.com.au

www.westcoastseafood.com.au

TELSTRA PRIORITY ASSIST SERVICE

I don't know how effective this service is in Sandstone but considering the number of lengthy outages we have and that there are vulnerable people in the community, it might be beneficial to contact Telstra and ask about this service. The web address is:

<https://www.telstra.com.au/consumer-advice/customer-service/priority-assist>

What's Priority Assistance?

Priority Assistance is a priority fault repair and connection service we offer customers who depend on a working home phone due to a life-threatening medical condition. If you or someone living with you may be at risk without access to a working home phone, you could be eligible for Priority Assistance. Read our [Priority Assistance Policy \(PDF, 135KB\)](#) for more information.

Who's eligible?

If you or someone who's living at the same address has a diagnosed life-threatening medical condition and relies on a fixed home phone service you may be eligible for Priority Assistance.

If you're not a current Telstra account holder, you'll need to order a new home phone service to receive Priority Assistance. Call us on [13 22 00](tel:132200) and say 'Priority Assistance' to place your order.

Examples of eligible medical conditions or circumstances include:

- At high risk of respiratory emergencies
- At high risk of cardiovascular emergencies
- At risk of life-threatening hypoglycaemia or epilepsy
- At high risk of obstetric and neonatal emergencies
- At high-risk with mental health disorders
- Technology-dependent who are at high risk.

You're also eligible for Priority Assistance if you have other dependent medical conditions and live alone without support or in a remote location.



PLEASE BE AWARE HOLIDAY OPENING DAYS/HOURS MAY DIFFER TO REGULAR

THE POST OFFICE CAFE



Open
7am—2pm

Closed 24th-29th
December and on
the 1st January,

THE SANDSTONE CONVENIENCE STORE



OUTBACK ACCOMMODATION



Outback Accommodation offer a selection of heat-and-eat meals plus basic pantry needs, canned goods, toiletries, fresh milk, eggs and ice. They are located on the corner of Oroya street and Thaduna street.

phone: (08) 99635869

Lawn Bowls

Sandstone Community Rec Centre

2 sets of Lawn Bowls are available at the Visitor Centre, however, anyone wanting to play can arrange to collect the key from the Shire Office Monday to Friday



The Community Bus

Day trip to Mt Magnet and back — Running fortnightly



Dates for December are:

Wednesday - 11th

Please contact the shire office to confirm dates and to book as spots are limited.

(08) 9963 5802





The Sandstone Bush Fire Brigade is looking for volunteers

Meetings are held regularly
at the Bush Fire Brigade Station
Lot 73, Rowe Street

New volunteers are needed or anyone willing to
lend a hand and participate if required.

For more information, please call The Shire Office on (08) 9963 5802



Make a difference for your community.
Become an ambulance *volunteer*.

Supporting your Sandstone community is one of the best ways to get to know it. Join a social, inclusive and committed team, and you'll be surprised by the friendships you'll make, which can be as rewarding as the good you're doing for your town.

- Full training provided in a friendly, supportive environment.
- No medical experience required – all you need to get started is a police check, a clean driver's licence, and a can-do attitude.
- Not all callouts are emergencies – help with routine patient transport.
- Commit to shifts to suit your schedule – a minimum of 60 hours per annum.
- Uniforms and ambulance cover provided free of charge.

Your next move.

If this sounds like something you'd like to explore, visit stjohnchangelives.com.au or call St John Sandstone on 0458 452 364, or email cp.midwesteast@stjohnrwa.com.au



Before attending the nursing post on Doctor days,
please contact Lana to make an appointment.

Lana can be contacted at home on 08 9963 5831
or
at the nursing post on Thursdays on 08 9963 5808

Thank You

Sandstone Physiotherapy Visiting Dates 2024

To be Advised

The Physio is currently provided via Telehealth
To make an appointment, please phone Geraldton
Physiotherapy Reception on 08 9956 2204

TELEPHONE HELP LINES

[Mental Health Emergency Response Line](#) : Tel: 08 9224 8888

(formerly Psychiatric Emergency Team) Perth WA 6000

[Rural Link](#) : Tel: 1800 552 002

4:30pm - 8:30am weeknights

24 hours on weekends and public holidays

Emergency Number
Royal Flying Doctor Service

1800 625 800



Meekatharra RFDS Flying clinics 2024

December

Thursday 12th	Sandstone	Dr Phil King
Thursday 26th		CANCELLED

2025

January	Thursday 9th	Sandstone	Dr Elena Ghergori
	Thursday 23rd	Sandstone	Dr Phil King
February	Thursday 6th	Sandstone	Dr John Terry
	Thursday 20th	Sandstone	Dr Phil King

MEEKATHARRA DENTAL CLINIC AND MOBILE

TRAVEL DATES 2024

Mount Magnet	4 December - 12 December
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Government of Western Australia
North Metropolitan Health Service
Dental Health Services



SANDSTONE NURSING POST

IRVINE ST SANDSTONE

Nurse - Lana Lefroy 9963 5808 or 9963 5831



Health Services

Wiluna Medical Services Available

The following medical services are available from visiting specialists through the Wiluna Medical Centre.

These services are provided free of charge to Sandstone residents and the travelling public.

To make an appointment with visiting specialists, contact Wiluna Medical Centre on **(08) 9981 8600**

Dentist (Monthly)

Gynaecologist

Audiologist

Ear, Nose and Throat (ENT)

Mount Magnet Medical Services

Ph for appointment with the GP (08) 9940 3222

Specialist & Allied Health

Services include:

- Cardiologist
- Sonographer
- Respiratory Physician
- Clinical Nurse Specialist
- General Physician
- Dietician
- Diabetes Education
- Podiatrist
- Audiologist
- Physiotherapy
- Renal Education
- Palliative Support Team

How do I see a visiting specialist?

To see the visiting specialists at Murchison Outreach Service (Mt Magnet) you must see the GP who will refer you to the appropriate specialist.

Need to know more? Contact our Specialist Clerk or specialist Nurse for further information on

Police, Fire and Ambulance Dial

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Sandstone is a remote township which currently has
NO EMERGENCY MEDICAL HEALTH SERVICE

If you require **EMERGENCY MEDICAL ASSISTANCE** dial

1800 625 800

This will put you in contact with the **Royal Flying Doctor Service**,
who will provide immediate advice to you.

SANDSTONE NURSING POST

Irvine Street, Sandstone
RFDS Doctor in attendance every second week
9:00am - 11:30am.

Nurse in attendance until 4:00pm

Nurse in attendance every Thursday 9:00am - 4:00pm

Phone Number	(08) 9963 5808
After Hours	(08) 9963 5831
Contact person	Lana Lefroy

Should you be traveling and require medical assistance,
24 hour / 7 day services are provided at :

MOUNT MAGNET NURSING POST

Corner of Criddle and Welcome Street, Mt Magnet
Monday - Friday 8:30am - 4:00pm. Closed for lunch

Staff on call for emergencies (08) 9963 3100

MEEKATHARRA HOSPITAL

Savage Street, Meekatharra

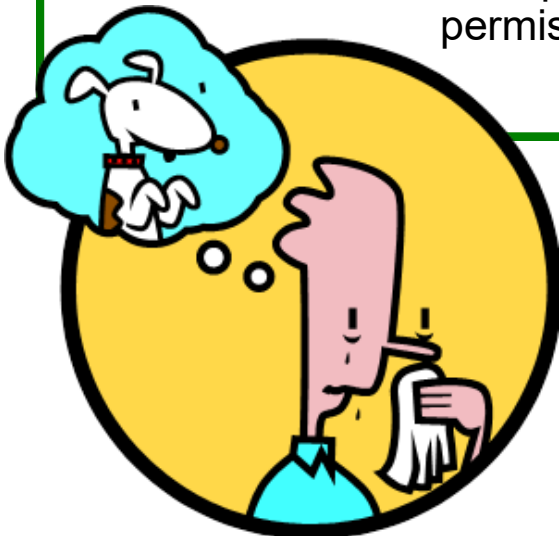
24hour casualty service (08) 9961 0600

PUBLIC NOTICES

Pastoralists and D.E.C. in Sandstone and surrounding Shires have an ongoing wild dog bait programme.

Baits are on the ground ALL year round

Dogs are **NOT PERMITTED** on a pastoral lease unless permission has been given



To avoid being penalised all dogs and cats must be kept in your yard **OR** on a leash at all times.

Please clean up after your dog!!!!

All dogs must be registered.

If your dog is not registered or you are unsure, please contact the Shire office.



Dog registrations are due at the end of October each year.

Directory of Services to Sandstone



EC 006509

KARL IBBOTSON

Phone: (08) 9963 4004
Fax: (08) 9963 4074
Mob: 0427 991 893
Email: murchisonpower@bigpond.com.au
karlibbotson@bigpond.com.au
Web: www.murchisonpower.com.au
Lot 483 Criddle Street
PO Box 204 Mt Magnet WA 6638

- Construction & Maintenance of all Power Systems
- Licensed Shotfirer
- HV and LV Cable Jointing
- Crane/Borer and Pole Jinker Hire
- Elevated Work Platform
- Switching Operator
- Tree Lopping
- All Electrical Applications (Domestic / Commercial / Industrial)

JPB Contracting

Paul (Scruffy) Bennett

Ph: 0427 841 888

IF YOU REQUIRE THE SERVICES OF A JUSTICE OF THE PEACE PLEASE CALL MARGARET DUHIG ON 0412 652 835 FOR AN APPOINTMENT. THIS IS A FREE AND CONFIDENTIAL SERVICE.



Please note this is NOT a service provided at the Shire of Sandstone so please call for an appointment .

! CAUTION

YOU MUST CONTACT THE SHIRE OF SANDSTONE PRIOR TO DISPOSAL OF ANY ASBESTOS MATERIALS

Phone (08) 9963 5802
Mondays - Fridays
8:30 - 4:00pm

LEGAL ACTION WILL BE TAKEN FOR NON-COMPLIANCE

Westcoast Seafood

Email: coral@westcoastseafood.com.au

Directory of Services to Sandstone

OUTBACK ACCOMMODATION SANDSTONE

(08) 9963 5869
outbacksandstone@gmail.com



GOLDEN EARTHWORKS

Contract front end loader work available.

Contact Lachlan Brown for more information:

PH: 0487 366 360



PL9934 | GF6916 | BF7329



PLUMBING & GAS

SERVICING MID WEST & GOLDFIELDS REGIONS

MINING | COMMERCIAL | RESIDENTIAL | INDUSTRIAL

24/7 EMERGENCY

PH : 0416 307 843 | ADMIN@LEISKHYDRAULICS.COM.AU

Community Bulletin Board



Ordinary Meeting of Council

The next Ordinary Meeting of Council
is Thursday **18 DEC 2024**
from 1:00pm in Council Chambers

When prepared, the Agenda can be viewed online
at www.sandstone.wa.gov.au or at the Sandstone Library



Telehealth is Here!

Sandstone has received a computer for telehealth consults using the Avaya website (video conferencing system).

Community members will now be able to have face-to-face consults with their medical practitioners in a private room in the Sandstone Community Hall.

Appointment dates and times for the use of these facilities must be booked in at the Shire on 9963 5802



Community Bulletin Board

Useful Sandstone Telephone Numbers

Shire of Sandstone Office & Post Office	08 9963 5802
Sandstone Museum & Visitor Information Centre	08 9963 5061
Alice Atkinson Caravan Park	08 9963 5859
Sandstone Nursing Post	08 9963 5808
Outback Accommodation	08 9963 5869
Justice of the Peace	0412 652 835
Main Roads - Road Conditions (24 Hr Customer Contact Centre)	13 81 38
Mt Magnet Police	08 9963 3222

ROTARY CLUB

We are the very first Rotary Club that is based purely online in WA. This enables people living in remote/regional areas the option to still provide a service to their local community by joining Rotary E club of E.WA. It's a new and vital Rotary Experience.

We meet via online webinars and the use of Facebook, both open to the public and private sessions.

Name: E-WA Rotary

Address: www.ewarotary.org.au

www.facebook.com/ewarotary
Ph 0408 802 490

Community Group Name:

E-WA Rotary—Kerry O'Shea
rotaryewa@gmail.com

We'd love to hear from you :)

Community Bulletin Board

Mount Magnet Post & Lotteries

Gifts, cards, stationery, art supplies.
Passport photos and much more
Drop in and browse

Check out the website www.mtmagnetpost.com
Phone: 0419 968 514
(Please text with parcel enquiries)

**Sandstone Library is located within the
Shire Administration Building
Monday - Friday 8.00am - 4.30pm**

- Interlibrary Loans
- Audio Books
- Internet access
- DVDs
- Fiction and non Fiction books



Heritage Museum & Visitor Centre

Open everyday
9am—4pm
(April—Oct)
Closes at the end of this month



Looking for Gold?

Want to Prospect near Sandstone?



Please contact the
Department of Mines and Petroleum,
Cr Hepburn and Richardson Streets,
Mount Magnet

Telephone (08) 9963 4509
Fax (08) 9963 4488



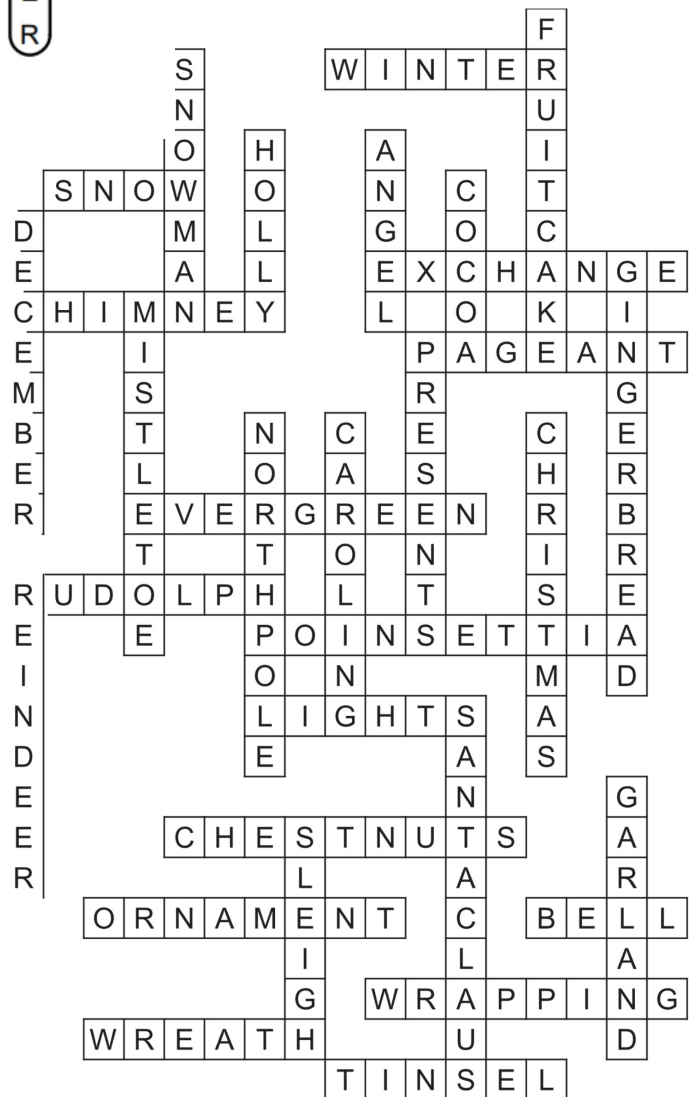
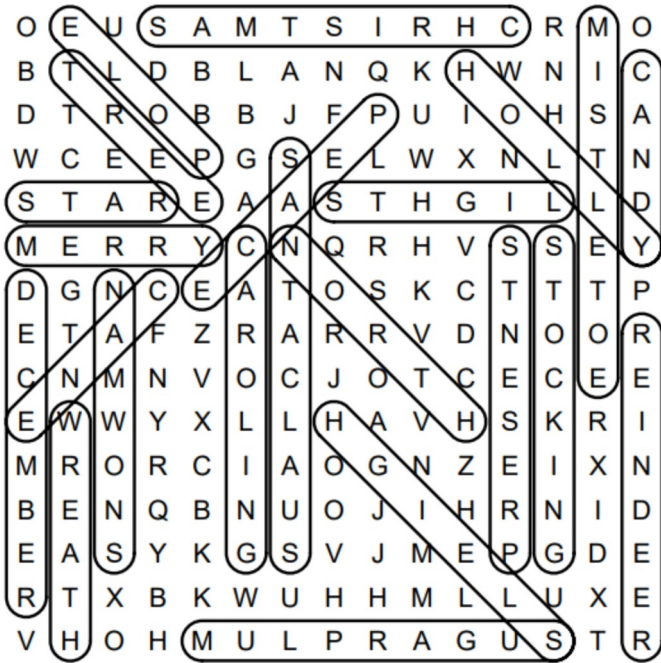
If you have a story, photo, birthday, or something else you would like to see in the
Bush Telegraph, please email

cso@sandstone.wa.gov.au

Christmas Day

Word Search

SOLUTION



15 MINUTE BEGINNER WORKOUT

no equipment required



30 second march in place



20 forward lunges



20 squats



30 second cat cow stretch



20 hip bridges



20 second air punches



20 bicycle crunches

Do two sets - rest one minute in between each set

donnatryba.com

December 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 Nurses post	6	7
8	9 Christmas party See below*	10	11	12 Doctors clinic	13	14
15	16	17	18 Council meeting	19 Nurses post	20 Shire offices close	21
22	23	24	25 	26 No clinic	27	28
29	30	31		No clinic Shire office opens		

* Westcoast seafood comes to Sandstone

 Café closed



Internet access is available at Sandstone Library in the Shire Administration Building using our computers

**Monday - Friday
8.00am - 4.30pm**

Please note :
We don't have public WIFI

If you would like your event to appear on the Community Planner please contact the Shire of Sandstone - Phone: 08 9963 5802 Email: dceo@sandstone.wa.gov.au